Rappahannock Westminster-Canterbury
132 Lancaster Drive
Irvington, VA 22480

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Volume 41,
Issue 11

NOVEMBER
2026

Gazebo Gazette

YOU MAY SIGN UP FOR ANY PROGRAMS OR EVENTS BEGINNING OCTOBER 29 AT THE LIFE ENRICHMENT CENTER LOBBY.



Pictured Col. Ed Townes



2027 Slate of Candidates
President - Bob Woods
Vice President - Celeste Helm
Treasurer - Buddy Green
Secretary - Susanna Collins
Directors at Large - Sara Delo, Bill Cole, Mary Jo Dranttel, and Nancy Monroe
Quality of Life - Brian Bennett, Jane Chapin, and Bob Woods
Finance Committee - Karen Hall, Betty Mill, Rick Nielsen, Bob Powell, Bill Warren
Nominations - Carol Sennott, Claire England, and Barbara Makin
Representative to Corp Board - Janet Hemming
The membership (residents) may nominate additional consenting candidates from the floor by notifying the chairperson of the nominations committee, Carol Sennott, in writing a minimum of one week prior to annual meeting.

The November 4, 2026 Resident Association Board meeting will have two Board votes; approval of the process by which the Board decided to nominate and elect the first Resident Representative to the Corporate Board of Trustees and a job description for that representative. In this Gazebo Gazette you will find the nominee's name selected by an expanded Nominations Committee from the nominations submitted by residents in August. This position will be voted on at the Annual Residents Meeting on December 2, 2026 along with the other nominees for 2027 Resident Board positions.

KEY

APT
Apartment Lobby
AR1
Art Room #1
AR2
Art Room #2
ATR
Atrium
AUD
Auditorium
BLR
Boiler Room
CGR
Chesapeake Game Room
COR
Corrotoman Room
CPL
Chapel
DRB
Dining Room Breezeway
FCR1, 2 or 3
Fitness Classroom #
FPL
Front Parking Lot
FRL
Front Lobby
GAL
Gallery Hall
HOB
Hobby Room
KCT
King's Court
LAN
Lancaster Room
LEC
Life Enrichment Center
LIB
Library
LVG
Lakeview Grille
MSP
Main Street Pub
OTR
Outpatient Therapy Room
RAP
Rappahannock Room
RCL
Resident Clinic
TGP
Thomas Garden Patio
WCN
Westbury Center
WCR
Westbury Club Room

Sun	Mon	Tues	Wed	Thu	Fri	Sat
2:00AM Daylight Savings Time Ends-Fall back 1 hour 10:00-MSP- Quaker Meeting 3:00-CGR-RWC Community Worship Service 4:00-CGR- Grace Church Eucharist November 1	10:00-AR1- NNK Crafters 10:00-FRL- Shopping at Walmart/Dollar Tree* 11:00-AUD- Parkinson's Care Partners Support 1:00-CGR- Catch Phrase 1:15-AUD- Parkinson's Support Group 4:00-AUD- Memory Support 2	10:00-FRL- Bus to the Polls* 10:00-AR1-Chat and Craft 11:00-AR1-Grocery Pickup 11:00-AR2-Bible Study 1:00-AUD- RILL Course: Gettysburg* 1:00-AR2-Watercolor Class 2:30-FCR- Seated Volleyball 3	8:00-LEC -Walking Group 10:00-AUD-Residents' Association Board Meeting followed by happenings with Stuart 11:00-AR2-Christmas Decorating Committee 11:00-ATR- Ross's Fine Jewelery & Stylish Eyes 7:00-CGR- Poker Group 4	10:30-FRL- Mattapony Reserve* 11:00-AUD- Kilmarnock Eye Care for Seniors 2:30-FCR- Line Dancing 3:00-CGR- Praying the Rosary 5	8:30-LAN Friday Forum: Jeff Wright, Birds & Owls* 11:00-Food Truck: Nino's 11:30-COR- Amateur Radio 2:15-FCR- Corn Hole 2:15-AUD- Movie: The Great Outdoors 6	10:00-FCR- Seated Volleyball 4:00-MSP- BYOB DJ Pub Night 7
12:30-CPL-Holy Communion 12:30-FRL- Williamsburg Players: The Play that Goes Wrong (Subscription) 3:00-CGR- RWC Community Worship Service 8	10:00-AR2-Five Rivers Fiber Guild Meeting 10:00-FRL- Shopping* 1:00-CGR- Catch Phrase 2:00-COR-Food Committee Meeting 9	10:00-AR1-Chat and Craft 11:00-AR1-Grocery Pickup 11:00-AR2-Bible Study 1:00AR2-Watercolor Class 2:30-FCR- Seated Volleyball 10	8:00-LEC- Walking Group 10:00-AR2- Activities Committee Meeting 11:00-AUD- Parade of Veterans & Veteran's Day Service 1:00-AUD- Robert Keyes in Concert* 7:00-CGR- Poker Group 11 Veteran's Day	11:00-AUD- Ann DePaolo* 2:15-AUD- Movie: Art of Racing in the Rain 2:30-FCR- Line Dancing 3:00-CGR- Praying the Rosary 12	7:00-2:00-Preacher Dave's Food Truck Serving Breakfast & Lunch 9:00-FRL- Trader Joe's* 10:00-COR-Community Well-being Committee 11:30-COR- Amateur Radio 2:15-FCR- Corn Hole 6:30-AUD- Hunter Owens in Concert* 13	10:00-FCR- Seated Volleyball 4:00-MSP- BYOB Pub Night 14
3:00-AUD- RWC Community Hymn Sing 15	10:00-AR1- NNK Crafters 10:00-FRL- Shopping* 1:00-CGR- Catch Phrase 1:00-AR2-Catholic Communion 1:00-AUD- Samaritan's Purse Shoe Box Filling Event 3:30-FRL- Dinner Out: Reedville Market Restaurant* 16	10:00-AR1-Chat and Craft 11:00-AR1-Grocery Pickup 11:00-AUD- Annual Thanksgiving Service 1:00AR2-Watercolor Class 2:15-AUD- Movie: Nonnas 2:30-FCR- Seated Volleyball 17	8:00-LEC- Walking Group 8:15-FRL- National Museum of the Marine Corps* 9:00-LEC- Healthy Food Bar & Blood Pressure Checks 11:00-CGR- Grief Support 1:00-AR1-Stitching Stars 2:30-AR2-Holiday Sun Catchers* 7:00-CGR- Poker Group 18	2:00-AUD- Pinewood Derby 2:30-FCR- Line Dancing 3:00-CGR- Praying the Rosary 19	11:30-COR- Amateur Radio 11:00-AUD- Pirates in the Bay* 2:15-FCR- Corn Hold 20	10:00-FCR- Seated Volleyball 4:00-MSP- BYOB Pub Night 21
2:30-FRL- Lancaster Players: It's A Wonderful Life* 3:00-CGR- RWC Community Worship Service 22	10:00-FRL- Shopping* 10:30-COR- RWC Book Group 11:00-AUD- Richmond Forum: Turning Back Time 1:00-CGR- Catch Phrase 3:00-AR2-Diamond & Pearl Art* 23	9:00-FRL- Tour of Bolling Haxall House in Richmond* 10:00-AR1-Chat and Craft 11:00-AR1-Grocery Pickup 11:00-AR2-Bible Study 1:00AR2-Watercolor Class 2:30-FCR- Seated Volleyball 24	8:00-LEC- Walking Group 2:15-AUD- Movie: Clue 7:00-CGR- Poker Group 25	11:00AM-1:30PM-LVG-Thanksgiving Meal* please RSVP by 11/18 @ 3:30PM 2PM-5PM-LVG-Preordered boxed dinner pickups. No Fitness Classes Today 26 Thanksgiving	11:30-COR-Amateur Radio 2:15-FCR- Corn Hole No Fitness Classes Today 27	8:00-Irvington Backyard Ultra at RWC 10:00-FCR- Seated Volleyball 4:00-MSP- BYOB Pub Night 28
3:00-CGR- RWC Community Worship Service 29	10:00-FRL- Shopping* 1:00-CGR- Catch Phrase 2:15-AUD- Movie: Coal Miner's Daughter 30	10:00-AR1-Chat and Craft 11:00-AR1-Grocery Pickup 11:00-AR2-Bible Study 1:00-AUD-VDOT Bridge Replacement Presentationt* 1:00AR2-Watercolor Class 2:30-FCR- Seated Volleyball December 1	8:00-LEC- Walking Group 10:00-AUD- Annual Residents' Association Meetin & Elections 5:00-AUD- Residents and Board of Trustees Christmas Reception* 7:00-CGR -Poker Group 2			

From the President & CEO

We live in a world that seems to be of the mind that "we need more," "we deserve more," "we want more," "we have to have more." All of that "more" focus can draw us away from all of our blessings. Aesop said, "Gratitude turns what we have into enough." Perhaps, this Thanksgiving season, our world needs a little bit more time to think of how much we have for which to be thankful.

At RWC, we certainly have much for which to be thankful. And fortunately, we are also a community that says, "with what I have to share, much good can be done, so I generously give." Examples of that impact line the pages of the recent RWC Foundation Annual Report. Residents, clients, families, Boards, staff, vendor partners and many others give so much good can be done. We are grateful for the fellowship support, scholarship investments, and project donations that do much good work at RWC.

For several weeks the Resident Employee Christmas Fund team has been gathering gifts to provide for the annual resident gift to staff members. This is an amazing tradition in our community through which residents say "Thank You and Merry Christmas" to the staff through exceedingly generous gifts to the staff. These gifts make Christmas special for staff and their families, and I am so proud of this community keeping this powerful and impactful tradition going and growing each year. Thank you!

On behalf of the RWC staff, I offer the RWC resident community deep appreciation for the privilege of caring for you each day, sincere gratitude for your generous gift that makes Christmas very special for our staff and families, and warm wishes for a Thanksgiving season filled with all of God's blessings.

Happy and Blessed Thanksgiving! Stuart Bunting

Stuart Bunting
President and CEO

Irvington's Friendly Backyard Ultra



8AM on Saturday, November 28th

Come join us **Saturday, November 28th** at 8AM, 9AM, 10AM, 11AM (and, who knows, maybe beyond) to cheer on the runners in a backyard ultra marathon to be run on RWC's campus. The race will take place the Saturday after Thanksgiving and the start and finish line will be near the front entrance.

A **"backyard ultra marathon"** is a race format in which each participant must run a 4 mile loop every hour. Whether you finish that loop in 30 minutes or 59 minutes, another loop starts at the top of the next hour. As runners drop out, the competition heats up, but the runners also get to know each other better and, typically, encourage each other along.

It's a fun and friendly way to test the human spirit and enthusiastic spectators encourage the participants. If you have family in from out of town, see if they want to run in this lighthearted, but serious, race.

There is **no entry fee** but a **$100 deposit** is required. The deposit is returned upon completion of your first loop. Participation is capped at 25 runners and all runners are responsible for all of their own nutrition and hydration.

For more information or to sign up please email
Albert Pollard Jr at pollard.albert@gmail.com



Upcoming Trips & Outings

Bus to the Polls*
You must be registered to vote in Irvington, VA.
Photo ID Required.

Tuesday, Nov 3
10:00AM – Front Lobby

Williamsburg Players *(subscription holders)*
*The Play That Goes Wrong**
The story follows an amateur theater company staging The Murder at Haversham Manor, a classic 1920s whodunit, but from the first curtain, the production is beset by forgotten lines, misplaced props, missed cues, and unexpected interruptions. The cast's determination to finish the show leads to increasingly absurd and comedic results.

Sunday, Nov 8
12:30PM – Front Lobby
Please eat lunch before leaving RWC.

Trader Joe's & Lunch in Williamsburg*

Friday, Nov 13
9:00AM – Front Lobby
Cost = shopping & lunch$

Dinner Out: Reedville Market Restaurant (wait list first)*
In the heart of Reedville, Va., our 130 plus year old building is awaiting your visit. We offer a fabulous selection of local fare & cocktails. Come by boat, golf cart or car with ample parking. Outdoor waterfront dining is a favorite at Reedville Market.

Monday, November 16
3:30PM – Front Lobby
Cost = Dinner$

National Museum of the Marine Corps*
The National Museum of the Marine Corps, under the command of Marine Corps University, preserves and exhibits the material history of the U. S. Marine Corps; honors the commitment, accomplishments, and sacrifices of Marines; supports recruitment, training, education, and retention of Marines; and provides the public with universally accessible platforms for the exploration of Marine Corps history.

Wednesday, Nov 18
8:15AM – Front Lobby
Cost = TBD based on after lunch activity options and lunch$.

Lancaster Players:
It's A Wonderful Life
Step back into 1948 and help bring one of America's most beloved stories to life. It's a Wonderful Life: A Live Radio Play transforms Frank Capra's classic film into a charming, fast-paced radio broadcast—complete with period microphones, live sound effects, and a small ensemble of actors creating dozens of unforgettable characters.

Sunday, Nov 22
2:30PM – Front Lobby
Cost = $30 – Sign up is already posted.

Tour of Bolling Haxall House in Richmond, VA & Lunch*
Listed on the National Register of Historic Places, it is an ideal setting for weddings, receptions, luncheons and meetings. Generations of brides have descended the grand, circular staircase. Business leaders have made historical decisions in the elegant boardroom. And countless revelers from around the globe have danced the night away in a house that was built to be celebrated.
The Bolling Haxall House Foundation is dedicated to preserving this Virginia Historic Landmark as a community resource. Built in 1858 and meticulously restored and preserved since the 1990s, the Bolling Haxall House serves the community today as a location for gatherings of all kinds.

Tuesday, Nov 24
9:00AM – Front Lobby
Cost = Lunch$ (tour is free)

Upcoming Events

WED NOV 4

10:00 AM – Auditorium – Resident Board Meeting
followed by Happenings with Stuart
11:00 AM – Atrium – Ross's Watch Battery Replacement
11:00 AM – Atrium – Stylish Eyes Repair
11:00 AM – Art Room 2 – Christmas Decorating Meeting

THU NOV 5

Our Aging Eyes: Protecting Your Vision*
11:00 AM | Auditorium
Our eyes change as we age, making regular eye care more important than ever! Join us for an informative presentation with **Dr. Danielle Hester**, the new optometrist at Kilmarnock Eye-care. Dr. Hester will discuss the importance of preventative eye care and how today's advanced technology can help detect eye diseases in their earliest stages. Her assistant, Jordan, will also be on hand to help clean your glasses and make minor adjustments to improve their fit and comfort. Come learn something new, ask questions, and give your eyes a little extra attention. We look forward to seeing you there!

FRI NOV 6

First Friday Forum: Jeff Wright, Winter Birds & Owls *
8:30 AM | Lancaster Room

Food Truck Friday: Nino's Pizza
11:00 AM – 1:30 PM | Front Parking Lot

SAT NOV 7

DJ Night in the Pub: Show Tunes
4:00 – 6:00 PM | Main Street Pub
Join us in the Pub for a fun evening of music featuring beloved Broadway hits, classic show tunes, and familiar favorites. Enjoy great music, good company, and a lively night of entertainment!

WED NOV 11

Veterans Day Service
11:00 AM | Auditorium
Join us as we honor and remember the men and women who have served our country. This special service recognizes the courage, dedication, and sacrifice of our veterans.

Robert Keys in Concert *
1:00 PM | Auditorium
Enjoy an afternoon of live music with the talented Robert Keys. Sit back, relax, and enjoy an entertaining musical performance.

WED NOV 12

Ann DePaulo: Audiology *
11:00 AM | Auditorium
Join Ann DePaulo for an informative presentation on audiology and hearing health. Learn more about hearing loss and ways to support better hearing and communication.

FRI NOV 13

Food Truck: Preacher Dave's
Serving breakfast 7:00 – 10:30 AM & lunch 11:00 AM – 2:00 PM

Hunter Owens in Concert *
6:30 PM | Auditorium
Spend the evening enjoying live music and entertainment with Hunter Owens. Come out and enjoy a wonderful night of music with friends and neighbors.

Library News

NEW BOOK DONATION PLAN

For 21 years RWC resident donors have been the primary source of the books in our Library. There would be no library upstairs without your donations.

Most of you are browsing our shelves looking for newly published fiction or mystery. We augment residents' donations by purchasing other newly published books to offer a variety of relevant reading.

To provide the selection of what you want to read, please limit donations to our RWC library to books published in the last two years.

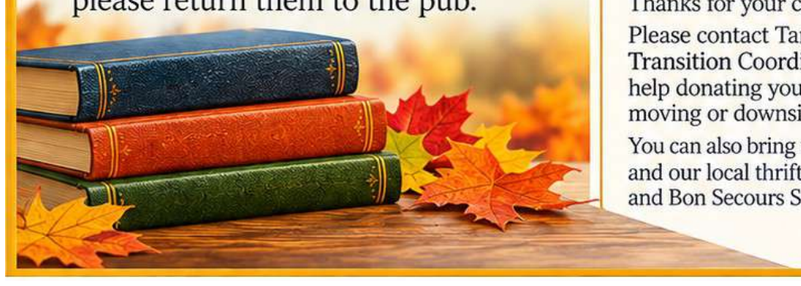
Of course, we still want any books authored by residents, large-print books, and books by popular authors that might fill in a series.

A big thanks to recent donations by Jay White and Jenny Saam.

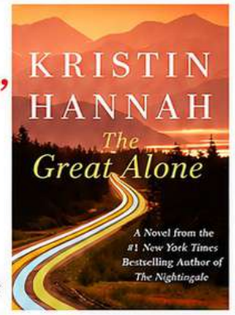
NEWS

We hope you are enjoying the books that are now in our pub. These are **"no checkout required."**

If you borrow from the pub, please return them to the pub.



BOOK GROUP



The book selection for November 2026 is ***"The Great Alone"*** **by Kristin Hannah.**

This is a heartfelt tale of love, loss, and the enduring strength of women. Set in the 1970's, of a family determined to last rugged frontier of Alaska.

All readers are welcome to join the discussion on **Monday, November 23rd at 10:30 AM in the Corrotoman Room.**

The sign-up sheet and two copies of the selected book are available on the counter at the back of the library.

Call Maxine Luxton, x4200 with any questions.

FOR OLDER BOOKS

If you have older books from your personal collection, you can take them to the used bookstore at the Lancaster Community Library or our local thrift shops like Animal Welfare League, and Bon Secours Seconds.

We are slowly clearing out the books that have accumulated beneath the library shelves and are bringing them to Dee's Attic at Lancaster Community Library.

As of November 1, please limit donations to our RWC library to books published in the last two years.

Thanks for your cooperation.

Please contact Tammy Jo Arsenault, our RWC Transition Coordinator (804-438-4350), if you need help donating your personal collections when you are moving or downsizing.

You can also bring unwanted books directly to Dee's Attic and our local thrift shops like Animal Welfare League, and Bon Secours Seconds.

Chaplain's Corner



November is the month we celebrate Thanksgiving. I can remember as a boy as 10 of us gathered around the table to celebrate this holiday. There were the turkey (I loved the giblets) and stuffing, mashed potatoes and gravy, fruit salad, some kind of vegetable, homemade rolls, pumpkin and apple pie, and of course football. This was a special time because we were all together. It is so hard to get together today as we have become so much more of a mobile society.

We would go around the table and name 1 thing that we were thankful for. Did you do that? Let us pretend we are all seated around the dining table, and we must name 1 thing that we are thankful for. What would yours be?

As I look back over life, I would have to say that the things I most appreciate and am thankful for boil down to these 2 things.

First, the experience of a God who loves me and has directed my life throughout the years. I can recall incident after incident in my life that demonstrate God's presence and provision for me. Clear and direct answers to prayer that can only be explained by, "It was God". For me there was no roll of the dice, chance, or coincidence. It was and continues to be a very real God who actively loves and cares for me and directs my life down the path He has laid out for me.

Second, a mother who raised me to love God, His church, and people. My mother's life was very hard. An unfaithful husband and many nights bathed in tears and loneliness. Yet, her trust and faith in God guided and directed her life. And she passed that faith onto her children, encouraging them to experience the love and presence of God in life as she had. It is because of my mother that I chose to invite God into my life and follow the path He had laid out for me. My life is a success because of God and my mother. My mother entered into heaven 10 years ago, but her influence lives on in my life. And God is ever present. For that I am eternally grateful.

ONGOING OPPORTUNITIES

Opportunities for Faith, Fellowship, and Reflection

WEEKLY GATHERINGS

Resident/Staff Bible Study
Tuesdays at 11:00 AM – Art Room 2
NO Bible Study on November 17th due to the Annual Thanksgiving Service in the Auditorium.

Sunday Church Services
1:00 PM – Birdsong House
2:00 PM – Westbury Clubroom (Assisted Living & Health Care)
3:00 PM – Chesapeake Game Room (Independent Residents)
NO services on Sunday, November 15th due to the Community Hymn Sing at 3PM in the Auditorium.

Rosary Group
Thursdays at 3:00 PM
Chesapeake Game Room

MONTHLY GATHERINGS

Grief Support Group
2nd Wednesday of each month – 11AM
Chesapeake Game Room

Catholic Communion
Monday, November 16th – 1PM
Art Room 2

Grace Church Eucharist
1st Sunday of each month – 4PM
Chesapeake Game Room

Holy Communion
2nd Sunday of each month – 12:30PM
Chapel

Samaritan's Purse Shoe Box Packing
Monday, Nov. 16th – 1PM – Auditorium.
We need socks and plain T-shirts for 5-9 yr. olds.

Pinewood Derby
Thursday, Nov. 19th, 2 pm – Auditorium.
Official weigh-in is Wednesday, Nov. 18th, 12 pm in the Auditorium.

Homecoming Christmas Sing-a-long
Sunday, December 6th, 2PM – Auditorium.

Upcoming Events

TUE NOV 17 — **Annual Thanksgiving Service**
11:00 AM | Auditorium

WED NOV 18 — **Holiday Stained Glass Sun Catchers***
2:30 PM | Art Room 2 | LIMIT = 6
Using acrylic markers and templates we will decorate our own unique sun catcher.

THU NOV 19 — **Pinewood Derby**
2:00 PM | Auditorium
Get ready for some friendly competition at our Pinewood Derby! Come cheer on the racers, enjoy the excitement, and see which cars cross the finish line first.

FRI NOV 20 — **Pirates on the Bay***
11:00 AM | Auditorium
A documentary on 17th–18th century piracy in the Chesapeake Bay, featuring Blackbeard and other figures, and highlighting local pirate history.

MON NOV 23 — **Richmond Forum: Cher — "Turning Back Time"**
11:00 AM | Auditorium
Take a fascinating look at the life and career of legendary entertainer Cher, exploring her remarkable journey, music, career, and enduring influence.

MON NOV 23 — **Holiday Themed Pearl & Diamond Art Ornaments***
2:30 PM | Art Room 2 | LIMIT = 6
We will follow instructions to complete a beautiful holiday ornament with pearls and gems.

All Aboard for Holiday Cheer!

The RWC Holiday House & Train Tour
is pulling into the station on
Thursday, December 10!

We're getting ready to welcome prospective residents aboard for a magical Christmas journey through RWC! Guests will enjoy touring beautifully decorated resident homes and marveling at our festive holiday train displays.

Help us make this journey merry and bright! **We ask residents to help keep the tracks clear by leaving parking near the main building available for our guests.** And don't forget to share a few friendly waves, warm smiles, and plenty of holiday cheer along the way!

Have questions or want to hop aboard and get involved in this year's festivities? Contact Lauren in Marketing at **lwhite@rw-c.org** or **804-438-4010.**

Thank you for helping us make RWC a destination filled with holiday magic, warm hospitality, and the wonderful community spirit that makes this such a special place to call home.

Full steam ahead to a joyful holiday season!

TOYS FOR TOTS

Small Toy, Big Joy!

Help brighten a child's holiday with Lancaster/Northumberland Toys for Tots!

The program served more than 8,000 children in 2025. Led by John C. Seltzer, it unites the Lancaster County Sheriff's Office, Northern Neck area churches and businesses, and Northern Neck Marine Corps League Detachment #1062.



Join the holiday giving!
Drop a new, unwrapped toy in the collection box in the Life Enrichment Lobby and help spread the joy.

Movie Matinee

Movies are shown in the Auditorium at 2:15 PM. Popcorn and assorted drinks are provided.

Friday Nov. 6th

The Great Outdoors PG – 1988 – 1H30M – Comedy
A suburbanite takes his family on a quiet vacation at a lakeside resort, but chaos ensues when his snobby brother-in-law shows up with his family.
John Candy, Dan Aykroyd

Thursday Nov. 12th

The Art of Racing in the Rain PG – 2019 – 1H49M – Drama
Academy Award winner Kevin Costner voices Enzo, a thoughtful dog who tells the story of watching his owner live a life of passion and heartache.
Milo Ventimiglia, Amanda Seyfried, Kathy Baker

Tuesday Nov. 17th

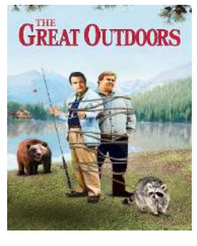
Nonnas PG – 2025 – 1H54M – Drama
A grieving man finds the recipe for healing when he opens a restaurant and hires Italian grandmothers as chefs in the sweet movie based on a true story.
Vince Vaughn, Susan Sarandon, Lorraine Bracco

Wednesday Nov. 25th

Clue PG – 1985 – 1H36M – Comedy
The murderously funny movie based on the world-famous Clue board game: six guests are anonymously invited to a strange mansion for dinner and must solve the murder of their host. *Tim Curry, Eileen Brennan, Madeline Kahn*

Monday Nov. 30th

Coal Miner's Daughter PG – 1980 – 1H59M – Drama
Loretta Lynn rises from rural poverty in Kentucky to music stardom. Her life is marked by determination, raw talent, and the support of her husband as she rises to national fame. *Sissy Spacek (Oscar winning portrayal), Tommy Lee Jones, Beverly D'Angelo*











Resident Association Meeting followed by Happenings with Stuart
Wednesday, November 4 at 10:00AM in the Auditorium -OPEN TO ALL

Christmas Decorating Committee
Wednesday, November 4 at 11AM- Art Room 2

Food Committee
Monday, November 9 at 2PM –Corrotoman Room

Activities Committee
Wednesday, November 11 at 10AM—Art Room 2

Community Well-being Committee
Friday, November 13 at 10AM—Corrotoman Room

News from the Culinary Department



The Holiday season is nearly here, and our exceptional culinary team is delighted to invite you and your guests to our annual Thanksgiving Day Feast on Thursday, November 26th from 11AM to 1:30PM. Gather with neighbors, friends, and family to enjoy a spectacular menu crafted specifically for this special day.

Because this is our most anticipated event of the season, reservations are required.

Reservations Open: Wednesday, November 3 at 10AM
Call Asia at x4016
Reservations Close: Wednesday, November 18 at 3:30PM

THANKSGIVING DAY MENU:

Creamy Clam Chowder
Baked Brie
Autumn Mandarin Spinach Salad
Traditional Roasted Turkey
Beef Tenderloin
Crab-Stuffed Flounder
Creamy Mashed Potatoes
Savory Holiday Stuffing
Candied Yams
Green Beans
Cranberry Sauce
Freshly Baked Pies:
Sweet Potato, Apple, or Pecan
Autumn-Inspired Cocktail

THANKSGIVING DINNER BOXED MEALS

Please note that The Grille will be closed for the evening on Thanksgiving Day.

For residents who would prefer a convenient boxed dinner please contact the Hostess Desk at x4816 to reserve your meal before Wednesday, November 18th at 3:30PM. Please leave a detailed message.

Boxed meals can be picked up between **2-5PM.** (See Grille Cashier)

Boxed Dinner includes:

- Roast Beef and Swiss Cheese Sandwich on marbled rye bread
- Cucumber tomato salad
- Potato chips
- Fruit
- Baked cookie



We look forward to sharing this beautiful season with our incredible community.
Warmest wishes,
The Culinary Team

Coming Up Soon!

Christmas Decorating Week

will be December 1st through 5th

Tuesday, Dec 1st	**1:00 PM** Auditorium	VDOT: discussing the bridge replacement project. *
Wednesday, Dec 2nd	**10:00 AM** Auditorium	Annual Residents' Association Meeting & Elections & the Residents and Board of trustees Christmas Reception. *
Thursday, Dec 4th	**2:00 PM** Auditorium	Spirit Day Program.
Sunday, Dec 6th	**2:00 PM** Auditorium	A Homecoming Christmas Sing-A-Long.
Monday, Dec 7th	**5:00 PM** Atrium	Artist's Reception for the LES Artists of the Month.
Monday, Dec 8th	**9:00 AM** Front Lobby	Trader Joe's. *
Saturday, Dec 12th	**7:00 PM** Front Lobby	RFA: Eddie Barbash (subscription).
Wednesday, Dec 16th	**1:00 PM** Auditorium	Santa Sing-A-Long.
Friday, Dec 18th	**1:30 PM** Auditorium	Liberty Dolls Christmas Concert with Cookies & Cocoa to follow in the Atrium. *
Sunday, Dec 20th	**1:00 PM** Front Lobby	Northern Neck Orchestra (subscription).

Resident Ambassador Program Relaunch

We were excited to bring our Resident Ambassadors together in October for the relaunch of RWC's Resident Ambassador Program!

This program gives prospective residents and their families the opportunity to connect with those who know RWC best, our residents!

Whether it's sharing a meal, welcoming visitors, participating in events, or simply having a friendly conversation, our Resident Ambassadors play an important role in helping others discover what makes RWC such a special place to call home.

Interested in becoming a Resident Ambassador?
Please contact Lauren White, Marketing Manager, at **804-438-4010** or **lwhite@rw-c.org**.



During our meeting, we shared ideas, discussed upcoming opportunities, and talked about new ways to connect with prospective residents and those on our waiting list.

A big thank you to our Resident Ambassadors for volunteering their time and sharing their experiences. We look forward to seeing this program continue to grow!

Pictured: *Our Resident Ambassadors gathered for the program relaunch in October.*

Fitness Center NEWS



Join us for a *healthy snack* and get your *blood pressure checked*

on Wednesday, **November 18th**

in the LEC lobby!

The Fitness Center will be **CLOSED**

Thursday, November 26th *for Thanksgiving Day.*

Classes will be **CANCELLED** for Thursday, November 26th AND Friday, November 27th.

Decorating for Christmas
Trains, Displays & More



Here's a heads-up on what's coming in November as we begin decorating the RWC campus for the Christmas holidays!

This year, Christmas trees and decorations will be joined by model train displays throughout the community. You'll find displays in the Atrium, entrance to the Grill, Health Center, and a permanent train display in the old 3rd-floor lounge of the apartment building.



All Aboard for the Train Room!



To visit the permanent display, take the elevator on the left, just past the 1st-floor lounge, to the 3rd floor. The "Train Room" is directly across from the elevator.

You may have noticed that work on the Train Room began in late September. Track, switches, and five working accessories have already been installed, including:

- A log loading and processing facility
- A milk processing facility that unloads milk jugs from a Borden's Company refrigerator car
- A sawmill that cuts logs into lumber
- A barrel facility that unloads and prepares barrels for shipment
- A coal loader that transfers coal to other coal cars

The best part?
Residents can operate these working accessories!

The permanent train platform was installed in late October, with trains scheduled to be running before Thanksgiving. We hope to have all of the working accessories installed and operating as well.

However, many of these accessories date back to the 1950s through the 1980s, so they may occasionally need a little TLC. We can't guarantee that every feature will be running every time you visit—but we'll do our best!

More Information Coming Soon.



Keep an eye out for the Train Depot Schedule, coming soon. It will include the locations of each model train exhibit throughout the RWC community, along with additional information on Channel 85 and in the December Gazebo Gazette.

In the meantime, come on up and take a look! We'll be working in the Train Room throughout the coming weeks, and if you'd like to lend a hand, we'd love to have you. Our wives already know we spend far too many hours "up there," but seriously, this is a community effort created for everyone to enjoy.

So, stop by, say hello, watch the trains, and maybe even help us get them on the right track!

ALL ABOARD!

GROUNDS & LANDSCAPING

Another month has come and gone and now we face the glorious month of November where you can find a month of sweaters, warm cocoa, fireplace cuddling and indoor TV sports. Damon will soon be removing summer annuals and planting pansies. Autumn leaves are starting to fall and will be removed from the lawns over the next two months although a few stragglers—like the white oaks—still hold on to most of their brown leaves until winter winds knock them down.

With acorns falling daily, be careful on the walkways so that you don't suffer a twisted ankle or take a tumble to the ground. Any hazardous conditions that you observe must be reported promptly for remediation. Your G&L Representative is the first place to start; our meetings are open and you can meet your G&L Rep.



November is a good time to set out your bird feeders. The suet cakes will do well now that the weather has cooled and chance of mold is diminished. Those beautiful sunflowers we see in the summer have provided a bountiful harvest of nutrient-rich oil seeds perfect for the small birds that flock to our yards and patio areas. A local Northumberland County company "Bays Best" processes them into bags for bird lovers use. I am a proponent of buying locally to support our agricultural economy and have found a source for "Bays Best at Lillians Hardware in Burgess and Allisons in Lottsburg. Any sunflower seeds will work, but the processing procedure of our local processor keeps the seeds fresh for the entire feeding season. I don't recommend the mixed seed bags because the millet and other filler seeds attract unwanted freeloaders. Squirrels, you say? Just spray the suet patty or sunflower seeds with a hot pepper/water mix. You won't be troubled by mammals again and the birds are unaffected.

Christmas is at our doorstep and it's important to remember that no living trees are to be brought into our homes for decorating as they may become a fire hazard. The artificial trees of today look so real compared to those fake-looking ones we grew up with. The Grounds & Landscaping Committee members wish everyone a Happy Thanksgiving and hope that you enjoy the blessing of our bountiful facilities.

Remember: Daylight Savings Time ends on November 1 for 2026 so enjoy brighter morns and earlier dusks. -eam

Community Well-being Committee



The Well-being Committee continues to meet monthly and is now focused on spreading Christmas cheer to HC, AL, BH and AT HOME residents. We will be asking for help preparing and distributing Holiday treats so please watch for our sign ups for help. Our campus is busy with multiple programs, projects and inclusive activities for residents, staff and the Northern Neck community. Thanks to those of you who are adding cards to the card project at the entrance to Health Care Services. There are now lots of beautiful Christmas cards available. The pens keep disappearing so if you have any extra pens lying around please donate them. *-mb*

Monarch Butterfly Report



Last month we reported a significant increase in monarch butterfly activity. Largely due to a Weems neighbor contributing eggs and caterpillars from her garden to our enclosure, we reported that we had 17 chrysalides at this time last month. In the following week that number grew to 23 chrysalides. In addition we had around 8 caterpillars growing fat. By October 20, we had tagged and released some 15 butterflies and as of this writing 7 chrysalides now populate our enclosure. Unfortunately, issues which plagued the end of the season last year have re-appeared. Two chrysalides had to be destroyed and 6 butterflies eclosed with deformed wings and died. We have been unable to identify the cause of these butterflies not developing properly but because of these failures, as well as the season naturally nearing an end, we will discontinue operations for this year after the remaining chrysalides become butterflies. Total releases for this year are 91 butterflies, of which 41 were tagged and an additional approximately 10 butterflies died. The tagged butterflies are the ones we believe to be the super-monarchs which will make the long journey to their over-wintering location in Mexico. We thank everyone for your interest and, as always, plant more milkweed! And, to our beautiful monarch butterflies - see you next year! Good-bye and safe travels. *-jm*

Rain Fall Report: | **September = 3.59 inches** | **October to date = 2.63 inches** -as