



At Home with RWC

Your Home. Our Exceptional Care.



At Home with RWC

At Home with RWC is a division of Rappahannock Westminister-Canterbury offering companionship, general assistance, transportation and personal care in the comfort of home.

The At Home with RWC team includes caring and conscientious Certified Personal Care Aids, Certified Nursing Assistants, and Registered Medication Aids as well as nursing supervision and support. All caregivers are professionally trained and receive ongoing education on dementia and the latest developments in elder care.

Services include:

- **Assistance with Daily Living:** Bathing, dressing, toileting and incontinence management, and other personal care.
- **Meals:** Grocery shopping, meal preparation, meal set up and feeding if needed. Meals are customized to meet your dietary needs and preferences.
- **Mobility Support:** Ensuring safe mobility and transfers with appropriate assistive devices or hands-on assistance.
- **Errands and Transportation:** At Home with RWC caregivers and drivers provide reliable assistance with running errands and transporting clients to local and out-of-town appointments using the client's or an RWC vehicle, including access to a wheelchair van.
- **Light Housekeeping:** Assistance with laundry, changing bed linens, cleaning refrigerators, and maintaining an overall tidy and comfortable living environment.
- **Pet Care:** Assistance with pet care including dog walking, feeding and companionship regularly or for short periods of time.



Getting Started: A nurse will meet with the client and/or family to assess care needs, create a customized plan, identify the best caregiver match and implement services in a timely manner. Client care assessments are conducted on a quarterly basis or as needed, with caregivers receiving regular updates and communication. At Home with RWC services are billed monthly.

While At Home with RWC is a private-pay service based on an hourly fee, many clients find that it complements their existing long-term care insurance policies making it an affordable and valuable resource.

Contact At Home with RWC by calling 804-438-4000 or by sending an email to info@rw-c.org.

**At Home with RWC serves clients at Rappahannock Westminister-Canterbury and within the greater community of Lancaster and Northumberland Counties on a case-by-case basis.*



Rappahannock Westminister-Canterbury

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