



**Rappahannock
Westminster-Canterbury**
 132 Lancaster Drive
 Irvington, VA 22480

★ ★
AUGUST SIGN UP OPENS JULY 29!
★ ★



RWC

RAPPAHANNOCK
WESTMINSTER
CANTERBURY

GAZEBO Gazette

THE MONTHLY NEWSLETTER FOR OUR RWC COMMUNITY

VOLUME 41, ISSUE 8 • AUGUST 2026



CONNECT

Building relationships
that matter.



ENGAGE

Embracing opportunities
that enrich.



ENRICH

Celebrating life
every day.

—
Connected by community. Inspired by life.
—

A NEW MAP

HONORING 300 YEARS OF
HISTORY IN THE NORTHERN NECK



Rediscover the people, places,
and stories that gave birth to
the Northern Neck, and
our country.

Artist Bob Casazza is your
map guide on this journey.

1:00PM TUESDAY,
AUGUST 4TH
RWC



Bob Casazza is an awarding winning
Art Director, Animator, Television & Advertising
Writer-Producer, Broadcast Executive,
Marketing Specialist, and Artist.

In 2019, Bob and his wife Lee moved from the
Northwest to Lancaster Virginia. NW Directions
Studio (FB) became the new brand with graphic
design services and his original artwork.

He joined RAL Art Center in February 2021 and
was juried as a Co-op Artist soon after. Bob's
mediums are acrylic paint, ink drawings with digital
color, and more TBA.

His subjects are about life in the Northern Neck
and beyond – hopefully from a different perspective.



FIRST FRIDAY FORUM:

**Kay Vincent and John Arsenault –
To the Arctic Ocean and Back.***

Friday, August 7th • 8:30AM • Lancaster Room

SIGN UP REQUIRED. LIMIT = 50

A couple's two-month adventure to dip their feet in the Arctic Ocean.

First time campers driving across country, what could go wrong? There will
be stories of break downs, forest fires, border patrol stops and realizing
when to and not to believe GPS directions.

Driving 12,000 miles across the U.S. and Canada to make their way to
Alaska. Kay and Ken Vincent with John Arsenault will share pictures and
stories of their adventures crossing the country to the wonders of the high
arctic.



Questions about events or services? Please contact the Hostess Desk at **Ext. 4816.**

The deadline to
submit articles
 ★ is the ★
20th of every month
by noon.

⇒ 804-438-4000 ⇐



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our Blog.

AUGUST 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
KEY/LEGEND APT —Apartment Lobby AR1 —Art Room 1 AR2 —Art Room 2 ATR —Atrium AUD —Auditorium	BLR —Boiler Room CGR —Chesapeake Game Room COR —Corrotoman Room CPL —Chapel DRB —Dining Room Breezeway FCR —Fitness Class Rooms	FPL —Front Parking Lot FRL —Front Lobby HOB —Hobby Room LAN —Lancaster Room LEC —Life Enrichment Center LIB —Library	LVG —Lakeview Grille MSP —Main Street Pub RAP —Rappahannock Room TGP —Thomas Garden Patio WCN —Westbury Center WCR —Westbury Clubroom			10:00-FCR-Seated Volleyball 1 4:00-MSP-BYOB Pub Night
10:00-MSP-Quaker Meeting 2 3:00-CGR-RWC Community Worship Service 4:00-CGR-Grace Church Eucharist	10:00-FRL-Shopping at Walmart & Dollar Tree* 3 11:00-AUD-Parkinson's Care Partners Support 1:00-CGR-Catch Phrase 1:15-AUD-Parkinson's Support 4:30-AUD-Caregiver's Memory Support Group	Kids on Campus 4 10:00-AR1-Chat & Craft 11:00-AR1-Grocery Pick Up 11:00-AR2-Bible Study 1:00-AR2-Watercolor Class 1:00-AUD-NNK History & Art with Bob Casazza* 2:30-FCR-Seated Volleyball	8:00-LEC-Walking Group 5 10:00-FPL-LCL Book Mobile 11:00-ATR-Stylish Eyes Repairs 1:15-AUD-Happenings with Stuart 2:15-AUD-Movie: Remarkably Bright Creatures	10:30-MSP-Watch, Learn, & Play Rummikub 6 11:00-FRL-Lunch Bunch: Hana Sushi & Hibachi in Gloucester* 2:30-FCR-Line Dancing 3:00-CGR-Praying the Rosary	8:30-LAN-Friday Forum: Kay Vincent and John Arsenault adventures.* 7 <i>11:00-FPL-Food Truck: Nino's Pizza</i> 1:30-COR-Amatuer Radio 2:15-FCR--Cornhole 3:00-MSP-Open Rummikub	10:00-FCR-Seated Volleyball 8 4:00-MSP-BYOB Pub Night with Hunter Owens
12:30-CPL-Holy Communion 9 3:00-CGR-RWC Community Worship Service 4:00-CGR-Grace Church Eucharist	10:00-FRL-Shopping* 10 1:00-CGR-Catch Phrase 2:00-COR-Food Committee Meeting	9:00-FRL-Trader Joe's * 11 10:00-AR1-Chat & Craft 11:00-AR1-Grocery Pick Up 11:00-AR2-Bible Study 1:00-AR2-Watercolor Class 2:15-AUD-Movie:Waking Ned Devine 2:30-FCR-Seated Volleyball	8:00-LEC-Walking Group 12 10:00-AR2-Activities Committee Meeting 11:00-CGR-Grief Support 3:00-AR2-DIY Wax Sachets* 7:00-CGR-Poker Group	9:00-FRL-Trip to Richard Bland College to meet Omni* 13 10:30-MSP-Watch, Learn, & Play Rummikub 2:30-FCR-Line Dancing 3:00-CGR-Praying the Rosary	10:00-COR-Community Wellbeing Committee 14 11:00-CGR-Documentary: Hollywood Cemetery 11:30-COR-Amatuer Radio 2:15-FCR--Cornhole 3:00-MSP-Open Rummikub 6:30-AUD-An Evening with Ken Sparks*	10:00-FCR-Seated Volleyball 15 4:00-MSP-BYOB Pub Night 5:00-FRL-Music by the River: Ramona and the Holy Smokes*
3:00-CGR-RWC 16 Community Worship Service	10:00-AR1-NNK Crafters 17 10:00-FRL-Shopping at Walmart & Dollar Tree* 1:00-CGR-Catch Phrase 2:15-AUD-Movie: The Six Triple Eight	10:00-AR1-Chat & Craft 18 11:00-AR1-Grocery Pick Up 11:00-AR2-Bible Study 1:00-AR2-Watercolor Class 2:30-FCR-Seated Volleyball	8:00-LEC-Walking Group 19 8:30-FRL-Trip to Ogara Training Facility & Lunch* 9:00-LEC-Healthy Food Bar and Blood Pressure Checks 1:00-AR1-Stitching Stars Quilting Group	10:30-MSP-Watch, Learn, & Play Rummikub 20 12:00-Gazebo Gazette articles due 1:00-AUD-Brain Health Across the Lifespan Presentation* 2:30-FCR-Line Dancing 3:00-CGR-Praying the Rosary 4:00-AUD-Meet the Chef* 4:30-FRL-Deltaville Taphouse Dinne*	11:00-Diamond Mandala Magnets* 21 11:00-FPL-Cousin's Maine Lobster Food Truck 11:30-COR-Amateur Radio 2:15-FCR--Cornhole 3:00-MSP-Open Rummikub	10:00-FCR-Seated Volleyball 22 4:00-MSP-BYOB Pub Night
3:00-CGR-RWC 23 Community Worship Service	10:00-FRL-Shopping* 24 10:30-COR-RWC Book Group 1:00-CGR-Catch Phrase 1:00-AR2-Catholic Communion 3:00-AR2-Tie Dye Bandanas*	10:00-AR1-Chat & Craft 25 10:30-FRL-Wine Tasting at Jacey Vineyards* 11:00-AR1-Grocery Pick Up 11:00-AR2-Bible Study 1:00-AR2-Watercolor Class 2:30-FCR-Seated Volleyball	8:00-LEC-Walking Group 26 2:15-AUD-Movie: The Straight Story 7:00-CGR-Poker Group	9:00-FRL-Thrifty Thursday & Lunch* 27 2:30-FCR-Line Dancing 3:00-CGR-Praying the Rosary	11:30-COR-Amateur Radio 28 2:15-FCR--Cornhole 3:00-MSP-Open Rummikub	10:00-FCR-Seated Volleyball 29 4:00-MSP-BYOB Pub Night
2:00-AUD-Community Hymn Sing 30 ALL WORSHIP SERVICES ARE CANCELLED	10:00-FRL-Shopping at Walmart & Dollar Tree* 31 1:00-CGR-Catch Phrase 4:30-AUD-Caregiver's Memory Support group	10:00-AR1-Chat & Craft 1 11:00-AR1-Grocery Pick Up 11:00-AR2-Bible Study 1:00-AR2-Watercolor Class 2:15-AUD-Movie: Wuthering Heights 2:30-FCR-Seated Volleyball	8:00-LEC-Walking Group 2 10:00-AUD-Residents' Association Board Meeting followed by Happenings with Stuart 7:00-CGR-Poker Group	2:15-AUD-Movie: The Ultimate Gift 3 2:30-FCR-Line Dancing 3:00-CGR-Praying the Rosary	8:30-LAN-Friday Forum: Carroll Ashburn & Cindy Rogers: Carriages and the Kilmarnock Museum* 4 11:30-COR-Amateur Radio 2:15-FCR--Cornhole	10:00-FCR-Seated Volleyball 5 4:00-MSP-BYOB Pub Night



From the PRESIDENT & CEO

I know this is the August note but allow me to reflect on a couple of significant July events in the life of RWC.

We celebrated our semi-annual Summer Service Awards in July recognizing 13 staff members for milestone service anniversaries and our Employees of the Month for the first half of 2026.

Notable among the 200 years of service and 13 staff members was our first 40-year service award honoree — Vicky Smith, RMA/CNA in Assisted Living. Vicky has been caring for residents for over 40 of RWC's 42 years of operation. Many of you know Vicky because she also drives the RWC van transporting residents to local appointments.

As her manager, Cynethia Davis, was sharing about her at the ceremony, Vicky and her colleagues were visibly touched, which speaks of the calling she feels for the residents for whom she cares and has cared for over a 40-year career.

We celebrate Vicky and all our service award honorees for their faithful and purposeful service to our residents.

The same week, we held what I believe to be the first Resident/Staff Cornhole Tournament. In case you missed the spirited play on Friday afternoon, the highly competitive Resident Team won. I expect a rematch will be in the near future.

More notable than the victory was the overwhelmingly joyful Spirit that was in the Auditorium among the individual resident and staff teams and among the residents and staff. Staff and residents enthusiastically cheered on the respective teams as they worked their way through a single elimination bracket competition to arrive at a face-off between the winning resident team and the winning staff team. There was good-natured ribbing and cajoling during play along with commentary and even a joke from the Chaplain. Resounding through the afternoon was a genuine and palpable sense of community among the spectators cheering on both sides. I must say that really moved me as I watched the competitors and spectators interact. I am so enormously proud of that sense of community, mutual respect and admiration, and genuine care and concern that exists between the residents and staff.

Enjoy August in our amazing neighborhood.

Stuart A. Bunting

Coming in September:



Residents' Association Board Meeting

Wednesday, September 2nd
10:00 AM
Auditorium



Friday Forum: Carroll Ashburn & Cindy Rogers: Carriages and the Kilmarnock Museum

Friday, September 4th
8:30 AM
Lancaster Room

Thanks to the generosity of one White Stone, Virginia family, The Kilmarnock Museum is the happy recipient of a historic horse-drawn carriage collection.

Formerly housed at the historic Rice's Hotel/Hughett's Tavern in Heathsville, a carriage collection restored by the late Leo Rogers and his wife, Dee, will now be part of The Kilmarnock Museum's permanent collection.

At press time an architect is busy designing a new 30-foot x 60-foot building that will be constructed behind the nonprofit museum's current location at 76 North Main Street in Kilmarnock, Virginia.



AUGUST OUTINGS

ADVENTURE. CONNECTION. COMMUNITY.

Lunch Bunch: Hana Sushi & Hibachi in Gloucester, VA*

Thursday, August 6th – 11:00AM – Front Lobby

Serving sushi, hibachi grill, steak, and seafood favorites in Gloucester for over 20 years.

Fresh, tasty, and family-friendly dining – dine-in & takeout available.

Come taste our chef's favorites today!

Trader Joe's & Lunch*

Tuesday, August 11th – 9:00AM – Front Lobby

Cost = lunch & shopping \$

Shopping in Newport News

Trip to Richard Bland College in Petersburg to meet Ameca*

Thursday, August 13th – 9:00AM – Front Lobby

RBC is one of the few institutions of higher learning nationwide with not only one, but two Ameca robots equipped with interactive artificial intelligence (AI). Ameca, the world's most advanced humanoid robot, is designed to engage with humans in remarkably lifelike and captivating ways. There are only 10 robots plotted worldwide.

RBC received two robots—one stationary, six-foot tall, full-body model and a desktop model. OMNI (Operational Machine Neural Intelligence), the name of the full-body robot, was crowdsourced from the RBC community. The desktop model has the same functionality features as the full-body but doesn't have arms or legs.

Music by the River: Ramona and the Holy Smokes*

Saturday, August 15th – 5:00PM – Front Lobby

Boxed dinner provided by RWC. Bring a chair!

Fronted by Ramona Martinez, the band combines powerful female vocals with a talented backing band. Their music draws inspiration from classic country and western styles of the 1950s, 1960s, and 1970s, while incorporating modern honky tonk and Mexican musical influences, creating a unique sound that resonates with both traditional

Trip to O'gara Training Facility in Montross, VA & Lunch*

Wednesday, August 19th – 8:30AM – Front Lobby

Our training offerings are specifically designed to prepare individuals and organizations to recognize, avoid and mitigate risk and respond to threats in a complex world.

Designed for women and men to develop individual situational awareness and self-defense skills.

Out to Dinner: Deltaville Taphouse*

Thursday, August 20th – 4:30PM – Front Lobby

Cost = Dinner \$

A friendly and smiling staff, and local inspired dishes, you will feel right at home. Fresh seafood finds like our Jonah Crab Claws and Local Oysters will feed your appetite, as well as your curiosity.

A large variety of Craft Beers, Wines, and Specialty cocktails are sure to quench your thirst as you overlook Jackson Creek from the back deck.

So come join us, dine like the "locals", and Experience the Deltaville Way.

Wine Tasting at Jacey Vineyards in Heathsville, VA*

Tuesday, August 25th – 10:30AM – Front Lobby

A Picturesque Boutique Vineyard in Wicomico Church, Virginia. Arrive by land or by boat to 175 acres of wooded forests, waterfront views and lush vines. Tastings, wine by the glass or bottle. RWC will provide boxed lunches.

Thrifty Thursday & Lunch*

Thursday, August 27th – 9:00AM – Front Lobby



SIGN UP IN THE LIFE ENRICHMENT LOBBY



FITNESS CENTER & CULINARY SERVICES



FITNESS CENTER



HEALTHY FOOD BAR & BLOOD PRESSURE CHECKS

Wednesday, August 19
9:00 AM–12:00 PM
LEC Lobby

Stop by the LEC Lobby for a healthy snack, have your blood pressure checked, and visit with the Fitness Center team. It's a great way to stay informed about your health while enjoying a nutritious treat!



BRAIN HEALTH ACROSS THE LIFESPAN: WHAT WE KNOW, WHAT YOU CAN DO*

Thursday, August 20
1:00 PM • Auditorium

Did you know that healthy lifestyle choices may help reduce the risk of dementia? Learn about the latest findings from the U.S. POINTER study, key risk factors for dementia, and practical steps you can take to support lifelong brain health.

Presenter: George Worthington, Dementia Services Director for Virginia's Department for Aging and Rehabilitative Services (DARS), leads statewide dementia initiatives and brings expertise in both clinical psychology and economics.

Move Well



Eat Well



Live Well



Small choices today for a healthier tomorrow!



CULINARY SERVICES

★ YOU'RE INVITED TO OUR ANNUAL LABOR DAY PICNIC! ★

Join us as we celebrate Labor Day together with delicious food and great fellowship. We look forward to sharing this special tradition with our RWC community!



FRIDAY EVENING FORMAL DINING

Reservations for Friday evening waited-service dining should be made by calling the Hostess Desk at Ext. 4816. A hostess will return your call to confirm your reservation.

Residents are encouraged to enjoy our casual elegant dress code. If you've joined us before, we'd love to welcome you back!

RESERVATIONS REQUIRED

Call the Hostess Desk (Ext. 4816) beginning Monday, August 3 at 10:30 AM.
Reservations close Friday, August 14 at 3:00 PM.



MEET THE CHEF!

Meet Chef Jaime, enjoy hors d'oeuvres and select wines, and learn more about our Culinary Services team.



Healthcare Residents

Tuesday, August 18 • 2:30–3:30 PM • Healthcare Dining Room



ALC & Small House Residents

Wednesday, August 19 • 2:30–3:30 PM • ALC Dining Room



Independent Living Residents

Thursday, August 20 • 4:00–5:30 PM • Auditorium

LABOR DAY PICNIC MENU



Monday, September 7
11:00 AM–1:30 PM

SALADS

- Creamy Coleslaw
- Potato Salad
- Fresh Strawberries & Blueberries

ENTRÉES

- Beef or Turkey Hot Dogs with assorted toppings
- Beef or Turkey Burgers with cheeses and toppings
- Bourbon BBQ Baby Back Ribs

SIDES

- Sautéed Zucchini & Onions
- Hearty Baked Beans
- Fresh Sweet Corn on the Cob

DESSERT

- Assorted Desserts



LABOR DAY DINNER BOX MEALS



If you prefer a box meal for dinner, please note that the Grille will be closed for evening service.

TO ORDER:

Call the Hostess Desk (Ext. 4816)

ORDER DEADLINE:

Wednesday, September 2 at 3:30 PM

BOX MEAL INCLUDES:

- Turkey Jr. Club on rye
- Pasta salad
- Assorted chips
- Fresh fruit cup
- Cookie



RW-C LIBRARY News



THANKS TO OUR JULY 2026 BOOK DONORS!

The Library gratefully acknowledges these generous donors who helped grow our collection during July 2026:

- Bill Cole
- Gwen Head
- Life Enrichment Center
- Bob Isenhour
- Edward Munns
- Tom Teeple
- Sally Williams
- Betsy Woods

Thank you for supporting the RW-C Library!



WHAT'S NEW AT THE LIBRARY

Fifteen books were added to the collection during July 2026.

You can see the covers of new hardback books on Uniguest:



Open Uniguest > RWC Library > New to the Library

Donated paperbacks are shelved with the "Read and Return – No Checkout" section. The covers of these books are not posted on Uniguest.



NOTES

A hardcover collection of the Modern Library of Classics, published by Penguin Random House, is currently on the shelves in the Pub.

We have 96 of the 100 volumes in the collection that belonged to RWC resident Bob Isenhour, and was donated to RWC by his sister, Katherine Lantz.

The collection features treasured classics, volumes of essential writings, major translations of great works from around the globe, and other works of literary and historical merit.

The books are not in any particular order right now, but we will sort them soon into fiction and nonfiction. If you borrow any of these, please return them to the Pub. No checkout required.

We also have a number of Bob's more current hardcover novels that are available to borrow and return to the Pub.

Hope you enjoy browsing the classics!!

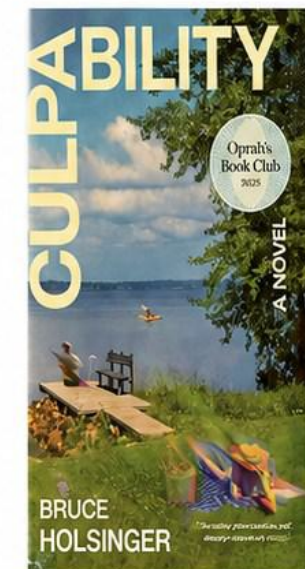


BOOK GROUP

The book selection for August 2026 is

"Culpability" by Bruce Holsinger

This novel is a riveting family drama set in the age of artificial intelligence. It explores our world shaped by chat bots, self-driving cars, drones and other nonhuman forces in ways that are exciting but challenging. The author teaches at the University of Virginia.



BOOK DISCUSSION

Monday, August 24
10:30 AM
Corrotoman Room

All readers are welcome!



A sign-up sheet and two copies of the selected book are available on the counter at the back of the Library.



If you have any questions, call Maxine Luxton, x4200.



SPIRITUAL LIFE

Faith • Hope • Love

July 4th, 2026 The 250th Birthday of the United States of America

And yet, only 33% of respondents to a poll shared that they're "extremely proud" to be American, down from as much 70% in the wake of the 9/11 attacks. And yet, with the FIFA tournament, we have heard from fans around the world of how great America is. I wonder if because we are so wrapped up in our country's politics that we have forgotten just what it is that makes America great. So, what is it that makes America great? A quick trip down memory lane will give us that answer.

THE ABOLITION OF SLAVERY. Abolition was enshrined in the Constitution with the ratification of the 13th Amendment in 1865. We are all equal, regardless of color, and we are brothers and sisters in the human race.

So why is it that racism is still so strong? Could it be because I allow it to be so? Do I perpetuate it or do I condemn it with my words and actions?

CIVIL RIGHTS. The civil rights movement of the 1950s and 1960s — remembered for notable activists including Rev. Dr. Martin Luther King Jr., John Lewis, and Rosa Parks — was easily the most productive social movement in U.S. history. All people are endowed by their creator with certain unalienable rights, that among these are Life, Liberty and the pursuit of Happiness.

As we look around, in what ways do we promote oneness, kindness, healing and forgiveness?

WORLD WAR II. The Allies' dominance helped preserve Western values and winning the Second World War was America's greatest achievement because that's "when patriotism meant something" and "when the nation was unified and most together." If we had lost, freedom would have been lost. You look at what was being offered by Hitler and Mussolini and all of them — it's the opposite of that. ... It's the essence of freedom that was won. And yet in our country today, we see movements that will tear down and destroy those freedoms purchased by our country's blood.

AMERICA IS GREAT BECAUSE GOD HAS MADE HER GREAT.

If we ignore God and seek to live our lives according to our own dictates, and ignore God's laws and immutable truths, our future will be lost. During the 9/11 attacks we saw America acknowledging God and returning to Him and uniting in churches and on the streets. But how quickly we forget that our greatness is in more than just the spirit of the people. It is in the dependence upon and worship of God. Our greatness lies in adherence to God's absolute truth. There is no relative (what is true for you may not be true for me) truth!

So, how about you and I seek to make America a nation we are proud of by speaking against racism, promoting those unalienable rights, and fighting to keep our freedoms, which are being threatened in our own country now by the socialism movement, alive and intact.

God bless America, land that I love.

Stand beside her, and guide, through the night with a light from above.

ONGOING OPPORTUNITIES

*Opportunities for Faith,
Fellowship, and Reflection*

WEEKLY GATHERINGS

• Resident/Staff Bible Study

Tuesdays at 11:00 AM
Art Room 2

• Sunday Church Services

1:00 PM — Birdsong House

2:00 PM — Westbury Clubroom
(Assisted Living &
Health Care)

3:00 PM — Chesapeake Game Room
(Independent Residents)

• Rosary Group Thursdays

3:00 PM
Chesapeake Game Room

MONTHLY GATHERINGS

• Grief Support Group

2nd Wednesday of each month
at 11:00 AM
Chesapeake Game Room

• Catholic Communion

4th Monday of each month
at 1:00 PM
Art Room 2

*Let everything that has breath
praise the Lord.
Psalm 150:6*



Community News & Events

Resident Association Board of Directors News

The Board has named Karen Hall to assume the vacancy on the Finance Committee. She will complete the unexpired term of Bob Isenhour who unfortunately passed away recently. Karen has both local and national experience in financial matters.

We have a new opportunity to elect a resident to represent us on the Corporate Board of Trustees. The Residents Association Board is establishing an Ad Hoc Committee to identify potential candidates and produce a nomination. The position will be filled by the resident vote at the annual residents meeting in December. The elected person will serve as a liaison between the residents and the corporate board, bringing our perspective to the board and reporting on corporate board activity at our regular association board meetings. These meetings are open to all residents.

The corporate board and Stuart, our CEO, welcome this opportunity for a resident perspective.



Monarch Report

Butterfly Update for Gazebo Gazette: We started July with no eggs, no caterpillars, no chrysalides and no butterflies in either of our Monarch enclosures, but hopeful that toward the middle of the month activity would pick up and it would become our busiest month as July of 2025 was. Although that hasn't been the case, things have started to look up and we still hope to catch up to last year's numbers.

We found some eggs and caterpillars, transported them to the enclosures, and now we have 10 chrysalides in the LEC enclosure and two in the enclosure on the Health Care patio. We estimate that by the time this report is published, several will have eclosed.

Most of the time the caterpillars crawl toward the ceiling of the enclosures or to a high branch of a milkweed plant to go into their "J" form, which is our clue that they are almost ready to transform into a chrysalis. This is the case for 4 of the chrysalides. However you will need to look down and to the outside walls of the planter boxes that hold the milkweed to find 5 more. The last chrysalids will be found on a leaf of a milkweed. Another caterpillar appears to be close to forming into its "J", so we will soon have another chrysalis.

As a reminder, watch for each chrysalis to gradually turn darker in color. A few days before a butterfly breaks out of its shell, you will likely be able to see its wings inside. We like to release butterflies within 24 hours of eclosure, so this is the signal to stay tuned and watch for a notice of a release some afternoon at 2 pm, our usual release time.

You may wish to go to www.csnews.com to watch an Anderson Cooper segment that aired on Sunday's broadcast of 60 minutes about his trip to Mexico to witness the Monarch migration. At the website, look for "anderson-cooper-on-witnessing-mcnarch-butterfly-migration-60-minutes".

Pleasant viewing and, as always, plant more milkweed!!



Rain Fall Report:



June = 4.56



July to date = 8.08

Food Trucks & Services:



Stylish Eyes Repairs

Wednesday, August 5th – 11:00 AM – Atrium

Nino's Pizza

Friday, August 7th – 11:00 – 1:30 –
Front Parking Lot

Cousin's Maine Lobster

Friday, August 21st – 11:00 – 1:30 –
Front Parking Lot



in August

• **Thursdays at 10:30 AM in the PUB – August 6, 13, & 20.**
LEARN to play, PRACTICE playing, or HELP others learn.

• **Fridays at 3:00 PM in the PUB.**
OPEN Rummikub – for those who already know how to play.

NOTE: On Fridays there will be plenty of Rummikub sets available but no instructors or coaches. Questions – ask Nancy Dupre.





MOVIE MATINEES

Movie Matinees are shown in the auditorium at 2:15PM.
Popcorn and assorted drinks are provided.



Wednesday, August 5th-

Remarkably Bright Creatures (2026) 1h 53m

While working nights at a small-town aquarium, a widow bonds with a clever octopus and an adrift young man in this moving drama based on the bestseller.



Tuesday, August 11th-

Waking Ned Devine (1998) 1h 31m

When news reaches Jackie O'Shea and Michael O'Sullivan, two elderly best friends, that someone in their village has won the Irish National Lottery, they set out to find the winner. They invite potential candidates to a chicken dinner, but one person — Ned Devine — doesn't attend. Jackie visits him late at night and finds Ned dead from shock, still holding the winning ticket. Jackie dreams that Ned wants to share the prize with his friends. To claim it, they must convince the National Lottery inspector, Jim Kelly, that Ned is alive. Michael volunteers to impersonate Ned, and the plan requires the help of the entire village. The film blends this central scheme with side stories about love, friendship, and eccentric village life.



Monday, August 17th-

The Six Triple Eight (2024) 2h 9m

At the height of World War II, the courageous women of the 6888th Battalion deliver hope and shatter barriers when they take on an odds-defying mission.



Wednesday, August 26th-

The Straight Story (1999)

The film follows Alvin Straight, a 73-year-old World War II veteran, who learns that his estranged brother, Lyle, has suffered a stroke. Unable to drive due to poor vision and impaired mobility, Alvin hitches a trailer to his old lawn tractor and embarks on a 240-mile journey from Laurens, Iowa, to Mount Zion, Wisconsin, hoping to reconcile with his brother before it's too late. Along the way, Alvin encounters the kindness of strangers and reflects on his life, creating a meditative and emotional journey.



Tuesday, September 1st-

Wuthering Heights (2026) 2h 16m

Set on the windswept Yorkshire moors, it follows the obsessive, socially fraught bond between Heathcliff and Catherine Earnshaw, exploring themes of love, class, and revenge. With Margot Robbie and Jacob Elordi leading a strong cast, critics anticipate a provocative, emotionally charged adaptation worth seeing for its performances, atmosphere, and daring style.



Thursday, September 3rd-

The Ultimate Gift (2007) 1h 50m

Jason thought his inheritance was going to be the gift of money and lots of it. Was he ever in for a big surprise. Based on the best-selling book, "The Ultimate Gift," by Jim Stovall, the story sends trust fund baby Jason Stevens on an important journey of discovery, having to answer the ultimate question: What is the relationship between wealth and happiness?



Documentary: Richmond's Hollywood Cemetery
Friday, August 14-11AM-Chesapeake Game Room

Hollywood Cemetery is a jewel of Romanticism in the middle of the downtown Richmond, Virginia. Today it's loved by the city's residents, but at its inception, it faced opposition, scorn, and vicious, sometimes superstitious attacks by Richmonders.

Art & Music Happenings



Art Classes: Let's Get Creative!



DIY Wax Sachets*

Wednesday, August 12th—3:00PM

Learn how to make DIY scented wax sachets with soy wax, essential oils and dried botanicals. The natural air freshener is perfect to fragrance small spaces.

If anyone has rosemary or lavender that they would like to donate for this project let us know! x4011



Diamond Art: Mandala Magnets*

Friday, August 21st—11:00AM—Art Room 2

A creative craft where small resin "diamonds" are placed on a color-coded adhesive canvas to create sparkling, mosaic-like artwork.



Tie Dye Bandanas*

Monday, August 24th—3:00PM—Art Room 2

Experiment with dye techniques for you or a friend!



An Evening with Ken Sparks: *Originals and Musical Favorites**

Friday, August 14 — 6:30 PM — Auditorium

Join us for a delightful evening of music as Ken Sparks shares a collection of his original compositions along with beloved musical favorites.

A longtime local resident, Ken has been writing music for special occasions for more than 50 years. His original works have been performed throughout the Nation's Capital and surrounding communities, making this a unique opportunity to hear the music and stories of a gifted local composer.

Following the performance, guests are invited to enjoy coffee, dessert, and a signature drink while visiting with Ken and fellow residents.

Be sure to reserve your place for this special evening of music, fellowship, and sweet treats.

**We look forward to seeing you on
Friday, August 14 at 6:30 PM!**

** Sign-up required in advance.*



BYOB Pub Night Features *Hunter Owens* **Saturday, August 8 4:00 – 6:00 PM Main Street Pub**



Join us for an evening of great music with talented local musician Hunter Owens.

Bring your favorite beverage and enjoy the company of neighbors and friends!

