



Rappahannock Westminister-Canterbury
132 Lancaster Drive
Irvington, VA 22480

Gazebo Gazette

YOU MAY SIGN UP FOR ANY PROGRAMS OR EVENT BEGINNING

MAY 28 AT THE LIFE ENRICHMENT CENTER LOBBY.

UNIGUEST: HOW TO ADD INFORMATION TO YOUR PROFILE

Uniguest is a great engagement tool for residents to use to connect with other residents by filling in your profile. You can find other residents with similar backgrounds, hobbies and more. The more information you include, the more likely you will make a connection with another resident.

Here are the steps:

- If you aren't already, Log-in to UNIGUEST account with your username and password.
- Look for your **PROFILE PICTURE** in the top right-hand corner.

- Tap on your profile picture and a drop down menu will appear. Tap on **"MY PROFILE"**
- This is where you can enter information about yourself. Be sure to use **KEY WORDS** that may help others connect with you. Be specific.
- BE SURE TO **SAVE**

So now you know how to add information to your profile, but how will you connect with others with similar interests?

Go to Page 1 and find out the answer.

*The deadline to submit articles for
is the 20th of every month by noon.*

Contact us: 804-438-4000

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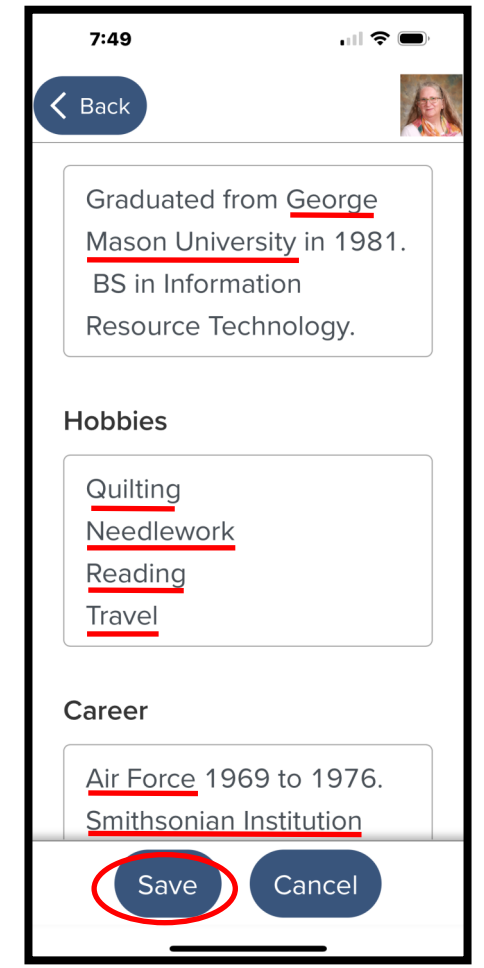
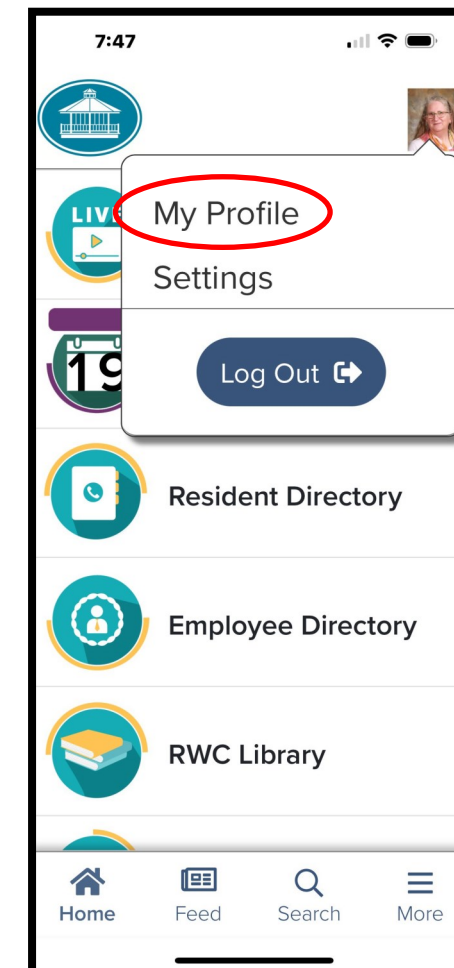
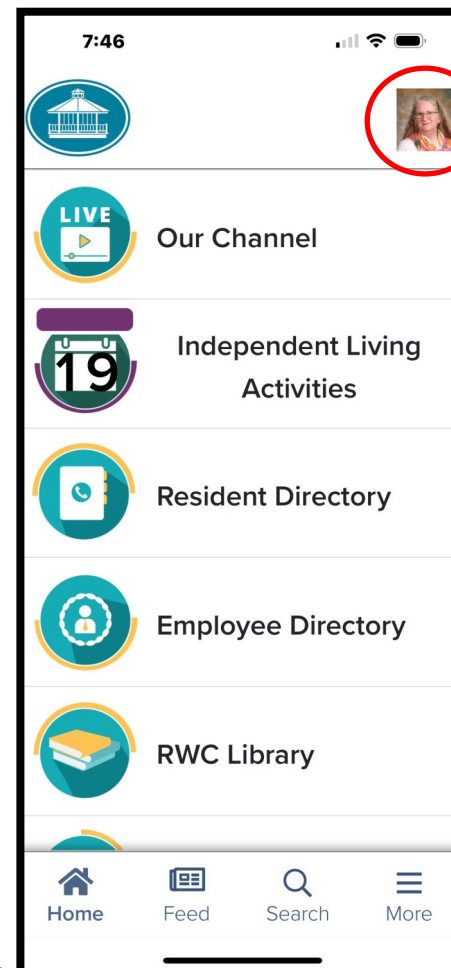


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BLOG



- KEY**
- APT**
Apartment Lobby
- AR1**
Art Room #1
- AR2**
Art Room #2
- ATR**
Atrium
- AUD**
Auditorium
- BLR**
Boiler Room
- CGR**
Chesapeake Game Room
- COR**
Corrotoman Room
- CPL**
Chapel
- DRB**
Dining Room Breezeway
- FCR1, 2 or 3**
- FPL**
Fitness Classroom #
- FRL**
Front Parking Lot
- GAL**
Front Lobby
- HOB**
Hobby Room
- KCT**
King's Court
- LAN**
Lancaster Room
- LEC**
Life Enrichment Center
- LIB**
Library
- LVG**
Lakeview Grille
- MSP**
Main Street Pub
- OTR**
Outpatient Therapy Room
- RAP**
Rappahannock Room
- RCL**
Resident Clinic
- TGP**
Thomas Garden Patio
- WCN**
Westbury Center
- WCR**
Westbury Club Room

Sun	Mon	Tue	Wed	Thu	Fri	Sat
JUNE 2025	10:00-FRL-Shopping * 11:00-AUD-Parkinson's Care Partners Group 1:00-CGR-Catch Phrase 1:15-AUD-Parkinson's Support 3:00-AR2-RWC Rocks! * 4:30-AUD-Caregiver's Memory Support Group	10:00-AR2-Chat & Craft 11:00-AR1-Grocery Pick Up 11:00-CGR-Bible Study 1:00-AR2-Watercolor Class 2:30-FCR-Seated Volleyball	8:00-LEC-Walking Group 11:00-FRL-Jamestown Discovery Boat Tour & Boxed Lunch*	9:00-4:00-AUD-American Red Cross Blood Drive 3:00-RAP-Praying the Rosary	8:30-LAN-First Friday Forum: Jill Sears, Northern Neck Boys & Girls Club* 2:15-FCR-Cornhole	10:00-FCR-Seated Volleyball
1	2	3	4	5	6	7
3:00-MSP-RWC Community Worship Service	10:00-FRL-Shopping at Walmart & Dollar Tree* 1:00-CGR-Catch Phrase 2:00-COR-Food Committee 3:00-AR2-Epoxy Tumblers*	9:00-FRL-Trader Joe's* 10:00-AR2-Chat & Craft 11:00-CGR-Bible Study 11:00-AR1-Grocery Pick Up 1:00-AR2-Watercolor Class 2:15-AUD-Movie: Gladiator 2:30-FCR-Seated Volleyball	8:00-LEC-Walking Group 10:00-AUD-Happenings with Stuart 11:00-CGR-Grief Support 2:00-AR2-Soap Making*	10:00-FRL-Stratford Hall self guided tour & Lunch* 2:15-AUD-Movie: Gladiator2 3:00-RAP-Praying the Rosary	10:00-COR-Community Wellbeing Committee 10:00-FRL-VMFA:Frida: Beyond the Myth* 2:15-FCR--Cornhole	10:00-FCR-Seated Volleyball
8	9	10	11	12	13	14
Father's Day 2:30-FRL-Lancaster Players: What is Murder? 3:00-MSP-RWC Community Worship Service	10:00-FRL-Shopping* 1:00-CGR-Catch Phrase 2:15-AUD-Movie: The Curious Case of Benjamin Button	10:00-AR2-Chat & Craft 11:00-CGR-Bible Study 11:00-AR1-Grocery Pick Up 11:00-FRL-Hana Sushi Hibachi* 1:00-AR2-Watercolor Class 2:30-FCR-Seated Volleyball	8:00-LEC-Walking Group 10:00-AR2-Activities Committee Meeting 10:00-CGR-Home Access Solutions Clinic* 10:00-FRL-Belle Grove Plantation & Lunch* 1:00-AR1-Stitching Stars Quilting Group	Juneteenth 12:00-4:00-AR2-Fairy Hair Appointments* 3:00-AR2-Praying the Rosary	9:00FRL-Picking & Grinning: Antiquing in Montross & Lunch* 2:15-FCR--Cornhole Deadline for Gazebo Gazette Articles by NOON	First Day of Summer 10:00-FCR-Seated Volleyball 5:15-FRL-Music by the River at Belle Isle*
15	16	17	18	19	20	21
1:00-4:00-ATR-Atrist Reception: Carol Muratore 3:00-MSP-RWC Community Worship Service	10:00-FRL-Shopping at Walmart & Dollar Tree* 10:30-RAP-RWC Book Group 1:00-CGR-Catch Phrase 1:00-RAP-Communion to Rosary 2:15-AUD-Movie: Being the Ricardos	9:00-FRL-Trader Joe's* 10:00-AR2-Chat & Craft 11:00-AR1-Grocery Pick Up 11:00-CGR-Bible Study 1:00-AR2-Watercolor Class 2:30-FCR-Seated Volleyball	8:00-LEC Walking Group 10:00-COR-Grounds & Landscaping Committee 12:30-FRL-Pottery Class Pt 2 1:00-AR2-Garfield's Cat Visits	10:00-FRL-Peacock Hill & Dairy Farm* 3:00-RAP-Praying the Rosary	11:00-AR2-Making Paper Flowers* 2:15-FCR--Cornhole	10:00-FCR-Seated Volleyball
22	23	24	25	26	27	28
3:00-MSP-RWC Community Worship Service	10:00-FRL-Shopping* 1:00-CGR-Catch Phrase 2:00-AR2-Patriotic Step by Step Acrylic for Beginners*	JULY 2025 10:00-AR2-Chat & Craft 11:00-AR1-Grocery Pick Up 11:00-CGR-Bible Study 1:00-AR2-Watercolor Class 2:30-FCR-Seated Volleyball	8:00-LEC Walking Group 10:00-AUD-Resident's Association Board Meeting 11:15-AUD-Updates with Stuart	3:00-RAP-Praying the Rosary	Fourth of July 2:00-AUD-Liberty Dolls in Concert* 2:15-FCR--Cornhole	10:00-FCR-Seated Volleyball
29	30	1	2	3	4	5

FROM THE PRESIDENT & CEO 40 Years of Service

What were you doing 40 years ago in June 1985? A group of local community and business leaders and clergy were excitedly preparing to open the doors Rappahannock Westminster-Canterbury to the very first residents after years of grass roots efforts raising money, designing the campus and buildings, and constructing the community. A few weeks ago, the Project Manager for the development of RWC sent me some of the documents from his files as he was cleaning out his desk having retired several years ago. That made me think about how much RWC is the same and is different from the community that started 40 years ago. I wonder what they would think about the community and campus we enjoy today.

I think they would be proud of the community we are today. Like years ago, the resident community is filled with an amazing group of people from all manner of backgrounds, life experiences, careers, and interests. Bridge and Bible Study are very important, almost sacred, on the calendar of event. Religion and politics are important but discussed in private settings to respect everyone's preferences. Residents do not have to dress formally (coat and tie and dresses) for dinner any longer. I do not put my coat on to leave my office like I did when I arrived. Workout clothes are acceptable attire in the main building for residents especially since we introduced the wellness and fitness programs 25 years ago. We bought the property across the Lake; added dining venues; built Assisted Living suites, the Life Enrichment Center, free-standing homes, and Birdsong House; and launched many other programs, amenities, and activities. Our staff, then and now, cares for our residents and clients lovingly and skillfully.

Of course this is not a full list of comparatives, but it does affirm our past and present which provide a sure footing for our future. I am excited about our future. Some we know, and other pathways we will clear and forge together as opportunities present. Our founders very likely felt that way when they opened the doors. We celebrate their vision and efforts to pioneer a community such as RWC on the Northern Neck providing needed care and services, meaningful employment for citizens of the greater community, and a warm and welcoming home.

Happy 40th Anniversary RWC! *Stuart M. Kenner*
UPDATE WITH STUART
Wednesday, June 11—10:00 AM—Auditorium
All are welcome!

**HOME ACCESS SOLUTIONS
SCOOTER MAINTENANCE & REPAIR***
Wednesday, June 18—10:00 AM—12:00 PM—
Chesapeake Game Room Sign up Required
Having issues with your scooter? Keep your scooter running smoothly. Preventative maintenance such as: checking the battery and connections, greasing the battery connections, greasing any bearings and exposed metal sections of the power scooters, diagnosis any bigger issues that require parts to be ordered and replaced (brakes, replacement batteries, new seat cushions, armrests, joysticks, etc.), as well as diagnosis if they may be in need of a new scooter. All for only \$50.

**YOU'RE INVITED: A LOOK INSIDE —
RESIDENT PREVIEW**
Thursday, June 12 - 4:00 PM - RSVP Required
You've seen the outside... now step inside, share your thoughts, and join us afterward for a treat and a drink! Come explore RWC's three newly renovated and beautifully staged residences. Then, relax and enjoy some special refreshments, just for you. Want to share your thoughts? You'll have the opportunity to leave feedback—and even contribute a favorite recipe to leave behind for the next resident to enjoy! Plus, pick up referral cards to share with friends or family who may be interested in life at RWC.

Earn Rewards:
• Receive a \$25 gift card when you bring a guest
• Earn \$1,000 if your guest reserves one of the featured homes within one month of attending
Space is limited and RSVPs are required by **Monday, June 9.**
Please contact Denise Kenner at **804-438-4877** or dkenner@rw-c.org to reserve your spot.
Come take a peek behind the doors—we'd love to have you!

CONNECT WITH OTHER RESIDENTS WITH SIMILAR BACKGROUNDS AND INTERESTS

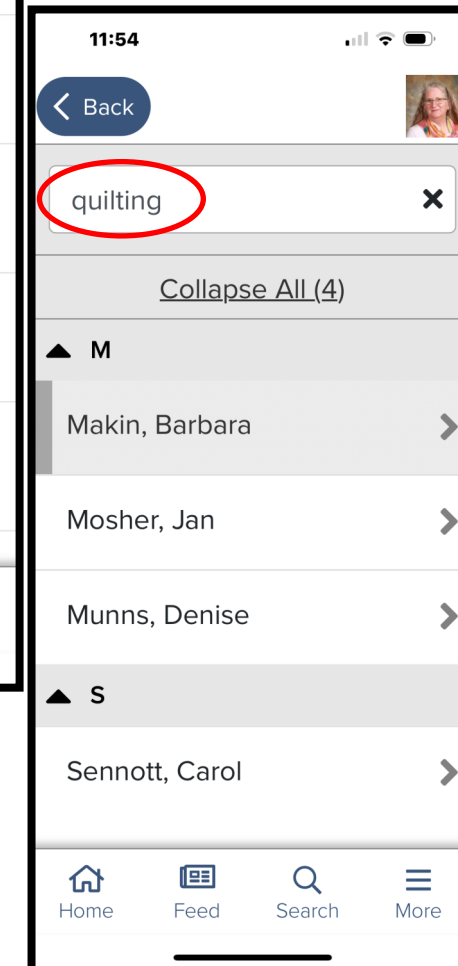
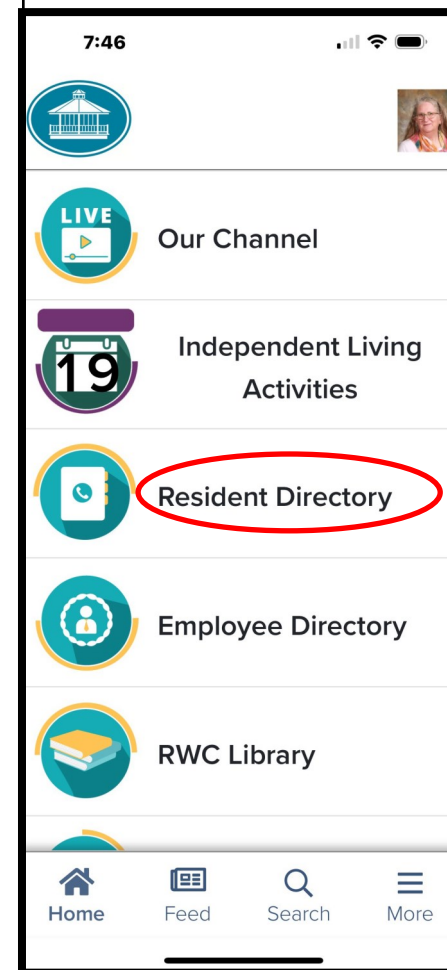
- Tap on **RESIDENT DIRECTORY**
- In the search box at the top, type in any key word such as **"quilting"**. This example shows that there are four residents that used the key word "quilting" somewhere in their bio. You can tap on their name and read more about them.

WE HEARD YOU—AN UPDATE FROM THE ACTIVITIES COMMITTEE

A brief time ago, our committee sent out a survey to solicit your ideas on events. Forty-three of you answered the call and provided very thoughtful and often detailed comments on the kind of events and the specific events you liked. We plan to give a full report and our recommendations at the July Residents' Association meeting. Meanwhile, we have made plans to make a few changes immediately and will still seek feedback as we go. Our thanks to Jim Mulvany for compiling the survey results. One of the first things noticed from the survey that seemed to resonate was to have smaller meet and greet type events such as the St. Patrick's Day evening held recently. So, working with the Life Enrichment Committee, we are planning to add a resident-run pub night each Saturday, and we will monitor the event to make any improvements needed. The

first one will be on June 7th from 4 pm until 6 pm and will include catered snacks and BYOB. For the fall, in addition to the Army vs. Navy game, we also are adding another rivalry game, VA Tech vs. UVA. Stay tuned for more updates---

The recent Kentucky Derby Party reminded us of an old problem that has not gone away—the issue of residents signing up and not showing up. To plan the event, sign-ups are needed to arrange the venue, order food and drink, and allow CSG time to prepare. For the Derby Event, ninety-four people signed up but only seventy-six showed up. That means that food for **eighteen** was sent back to catering and was thrown away according to the Health Department's rules. There are always unexpected last-minute conflicts that cannot be anticipated for either cancelling or attending an event, but please try to offer a five-day change of plan notice to the Life Enrichment Center.



MOVIE MATINEES REMAIN AT 2:15 IN THE AUDITORIUM. SNACKS & SODAS ARE PROVIDED.

GLADIATOR
Tuesday, June 10

When a Roman general (Russell Crowe) is betrayed and his family murdered by a corrupt prince, he comes to Rome as a gladiator to seek revenge. 2H28M

GLADIATOR 2
Thursday, June 12

Years after the death of Maximus, Lucius is forced into the Colosseum after his home is conquered by tyrannical twin Roman Emperors. With the future of the Empire at stake, he must find strength and honor to return the glory of Rome to its people. 2H27M

THE CURIOUS CASE OF BENJAMIN BUTTON

Monday, June 16

Brad Pitt and Cate Blanchett star in the adaptation of F. Scott Fitzgerald's story about an elderly man who ages backward and the problems that arise when he falls in love with a woman. 2H39M

BEING THE RICARDOS

Monday, June 23

During one production week of "I Love Lucy" - from Monday table read through Friday audience taping—Lucille Ball (Nicole Kidman) and Desi Arnaz (Javier Bardem) face a series of personal and professional crises that threaten their show, their careers and their marriage, in writer-director Aaron Sorkin's behind-the-scenes drama. 2H11M

RWC ROCKS*

Monday, June 2nd-3:00PM-Art Room2
All are Welcome!
Help us make unique creations to brighten our campus.

FIRST FRIDAY FORUM: JILL SEARS, NORTHERN NECK BOYS & GIRLS CLUB*

Friday, June 6-8:30 am—Lancaster Room
Sign up Required LIMIT: 50
Special Dietary Needs, please call Ext. 4017 24 hours in advance.

EPOXY TUMBLERS*

Monday, June 9th— 3:00PM-Art Room 2. Limit = 4
Explore your creative side as we use epoxy and alcohol inks to create one of a kind tumblers.

SOAP BAR MAKING*

Wednesday, June 11th-2:00PM-Art Room 2. Limit = 8
Goat's milk soap bars will be individualized using molds, dyes, and essential oils.

FAIRY HAIR APPOINTMENTS*

Thursday, June 19th-1:00-4:00PM-Art Room 2
Sign up for your appointment time.

GARFIELD'S CAT VISITS

Wednesday, June 25th-1:00-Art Room 2
Get your kitty snuggles! They have an abundance of kittens right now!

POTTERY CLASS PART 2

Wednesday, June 25th-12:30PM-Front Lobby

MAKING PAPER FLOWERS*

Friday, June 27th-11:00AM-Art Room 2
Limit = 8 Betty Mill will lead this class.

PATRIOTIC STEP-BY-STEP ACRYLIC FOR BEGINNERS*

Monday, June 30th-2:00PM-Art Room 2. Limit = 8

HOOKED ON BOOKS: EXPLORE, DISCOVER AND LEARN

RWC LIBRARY

Donors

Thanks to our recent donors:

- Tom Teeples
- Helen McCord
- Linda Stemple
- Fred Luxton
- Jay White

Volunteers:

And the residents who manage the collection every day:

- Susan McKenna
- Jean Gilmore
- Katheryn Lantz
- Milena Van Sant
- Nancy DuPree

RWC BOOK GROUP

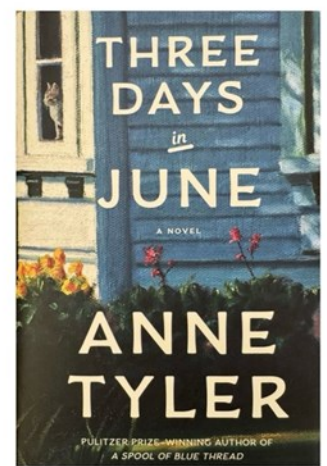
Meets on the 4th Monday of the month at 10:30AM

This selection for the June Book Group is a warm, witty, and wise tale of second chances. Told with deep sensitivity and a tart sense of humor, it is full of the joys and heartbreaks of love and marriage. All readers are welcome to join the discussion. Come on up and check us out!

MONARCH BUTTERFLY

From May until October there is a Monarch Butterfly cage outside the window of the hallway connecting to the LEC. Stop by often to see the Life Cycle of the Monarch Butterfly - the pin head size egg, the 5 stages of the Monarch Caterpillar, the Chrysalis (green to transparent) and the release of the emerged adult Monarch Butterflies.

RW-C Library Book Group



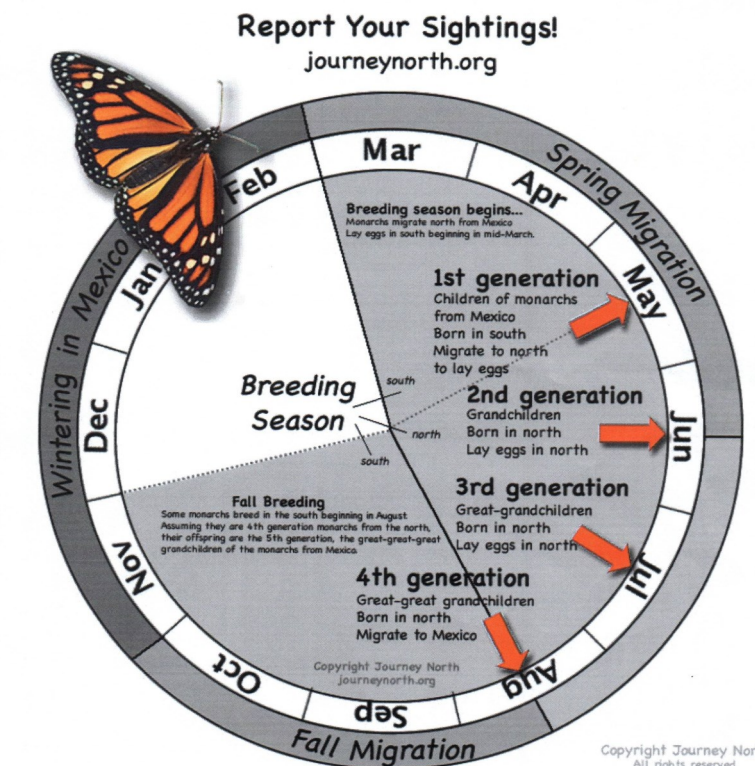
Three Days in June

By Anne Tyler

June 23 10:30 a.m.

Rappahannock Room

For info, call Maxine Luxton 4200



SPIRITUAL DEVOTION: DEDICATED, FAITHFUL AND HOLY

“Yesterday, all my troubles seemed so far away. Now it looks as though they’re here to stay. Oh, I believe in yesterday. Suddenly, I’m not half the man I used to be. There’s a shadow hanging over me. Oh, yesterday came suddenly...”

We are almost halfway through the year 2025. Where has the time gone? As I think of June, it is the time of year when children are finishing up school and looking forward to the long summer months of sleeping in, playing sports, and NOT having to worry about homework. Those days seemed so long ago and yet at other times, it seems they were just yesterday. I can recall playing ball in my friend’s backyard, and our back stop was the hood off some old chevy. Occasionally we would have to chase a foul ball into the woods, but what a great time that was. Or going to Clinch Park Zoo downtown and watching the Bison. Or going to the beach and playing in the waters of Grand Traverse Bay. We would go to the candle factory and watch them make candles and then go get an Ice Cream cone. We had the Annual Cherry Festival, the Midway Fair, fishing and biking. What memories do you have of those summer months of years gone by?

Those days were so carefree and so full of fun. Those were great days, but they are also days gone by. I do not wish to go back to them! I enjoy my life now and although I do not have summers off, my life is full and fulfilling. Life is really what we make of it. Those early years were foundational, and the present life was built on those early years.

Life can be a guidepost or a hitching post. Many people have allowed their life experiences to be a guide for them, and to use those past experiences as a learning tool. Others cannot get beyond the past and they are stuck there and refuse to move on. But the past can only energize us for so long, before it becomes a drain on us. And once it becomes a drain, we find that it makes life seem dull and boring and can never be like what it used

to be. Yesterday. Days gone by! Days that will never be again! Days that were but are no more! Today is where you and I are. **Live in today!** Make today a day that you can look back on tomorrow as a wonderful yesterday. Let your yesterday’s guide your today’s so your tomorrow’s are even better. Next time I see you, lets talk about our yesterday’s and how they are defining our tomorrow’s. Until then, have a great today.

ONGOING OPPORTUNITIES

Staff Bible Study at 12pm every other Wednesday of the month in the Chesapeake Game Room and every other Thursday at 2pm in Art Room 2.

Sunday Church Services 2pm Westbury Clubroom for Assisted Living & 3:00 in The Pub for Independent Residents.

Grief Support 2nd Wednesdays of the month at 11 in the Chesapeake Game Room.

Rosary Group meets 3 pm each Thursday in the Rappahannock room.

Communion to Rosary Group meets 1pm the 4th Monday of the month in the Rappahannock Room.

Chapel - The chapel is open to all as a place of prayer, meditation, solitude, and peace.

Chaplain – Chaplain Ted is available to all for comfort, counsel, and if nothing else, chocolate.

IN MEMORIAM

Peter Bennett
July 4, 1936—May 19, 2025

NEIGHBORHOOD KNOWING: CARE, COMMITTEES & COMMENTARY

HANGING BASKET PROJECT: VOLUNTEERS NEEDED!

We need volunteers to water the hanging baskets at the entrances of the Chesapeake Center, Health Care and Assisted Living. Eight of the twelve baskets were put up last week and so far we have only two volunteers. You can sign up to water a basket in the event sign-up book in the Enrichment Center or on the bulletin board by the post office boxes. These baskets really brighten up these entrances and having residents water them is a huge help to Damon and his crew. Please consider volunteering to water one of these baskets. Thank you!

GROUNDS & LANDSCAPING REPORT

June is bustin’ out all over, or says the song. Our early spring weather has been a mix of cool, windy, mixed rain showers, and sun shining days. These conditions set up the perfect matrix of flowering bushes, lush lawns, and fresh leaves on our magnificent oaks. Unfortunately, pollen counts were high. Maryland’s Chesapeake slogan “Land of Pleasant Living” applies equally to the Northern Neck. The Grounds and Landscaping Committee members are here to advise residents on planting schemes. We look to see that the right plant at the right place at the right time enhances our enjoyment of living here at RWC. The hanging baskets at our main entrance need volunteers to keep watered. Please consider adopting one or more of these lovely additions. It looks like the major road work is done, the drainage problems are addressed and our trails are well marked. Now is the time to enjoy our campus before the oppressive heat and humidity move in. Please remember to contact the Maintenance Office Coordinator to have a work order prepared for landscaping issues. Please enjoy our beautiful campus: Get out and walk about!

The former Resident Association Healthcare Committee has been renamed and repurposed. **THE RESIDENT ASSOCIATION COMMUNITY WELLBEING COMMITTEE** will meet the second Friday of each month at 10:00AM in the Corrotto-man Room. All Residents and Staff are welcome and encouraged to attend. The purpose of this Committee is to foster a kind, caring and inclusive Community for RW-C Residents and Staff. This is indeed a broad statement which has unlimited actions in response, from a one word greeting or a smile to a planned interaction and everything in between. Neighborly behavior at our RW-C and in the community is our goal.

The committee has met 3 times and the members are Mary Benett, Maxine Luxton, Pam Lilliquist, Howard Montgomery, Vikki Marek Young, & Linda Stemple.

We have already become aware of numerous things happening around campus that make us sure we all can make a difference in each other's lives. Chaplain Ted has been a superior contributor and we will seek his expertise frequently. If you identify a "need" please feel free to contact any of us by phone or email. We expect to have an article in each month's Gazette and we invite you to join us at a monthly meeting! Mary Bennett

APRIL IN THE ALCOVE TOTALS

You should all be proud of yourselves! You donated jewelry, scarves, and some fun extras to the April In The Alcove Sale to benefit the Healthcare Scholarship Fund. To date the income figure is \$1,695.81 and there is a small final deposit to be made. Thank you Residents and Staff and Family and Friends who donated, helped set up and break down, and who happily purchased items. Every dollar is available for those seeking further education in the Healthcare field which will come back to each of us with the excellent care here at RW-C. Thank you, Helene Braatz and Mary Bennett

RESIDENT ASSOCIATION COMMITTEE MEETINGS: OPEN TO ALL

Food Committee— June 9th at 2PM –Corrotto-man Room
Activities Committee— June 18th at 10AM—Art Room 2
Community Wellbeing Committee— June 13th at 10AM—Corrotto-man Room
Grounds and Landscaping Committee— June 25th at 10AM—Corrotto-man Room

FITNESS CENTER NEWS AND UPDATES:

Have you ever noticed the pendants located around the swimming pool, locker rooms, fitness classroom, and fitness center? If not, maybe it's because you haven't needed them, but that doesn't take away the importance of familiarizing yourself with where they are located. In case of an emergency, we have pendants located throughout the fitness facility that ANYONE can activate. Each pendant is specified for a certain location allowing the front desk to identify where assistance is needed.

Please do not remove the pendant from its specified location, if possible. If you forget to wear your pendant to the Fitness Center, but would like to wear one, there are three located next to the dumbbells for your usage. Please return the pendant once finished in the Fitness Center.

MATRIX STRENGTH EQUIPMENT:

Your Fitness Team is excited to announce the installation of our newest Matrix strength equipment! Please be patient with others in the Fitness Center during this period of adjustment and learning of our new system. During the next month, please be on the lookout for "how to" videos for a quick summary on how to adjust the machines. We encourage you to come check out the equipment and how your Fitness Team can help you achieve your goals!

LINE DANCING IS COMING!

We will begin our Line Dancing class in July! Please be on the lookout for updates throughout June!

MEET THE NEW FITNESS TEAM



Nia Jones, Fitness Specialist, has been passionate about health and fitness her whole life, working as a PE teacher, youth coach, and personal trainer. She recently moved back home from Los Angeles, where she pursued her love for music. Outside of work, Nia enjoys singing, writing music, working out, and spending time with friends and family. "I'm excited to bring energy, positivity, and wellness to RWC!"

Bill Rieck, Fitness Specialist, is a former DJ that likes all types of music. Among boating and fishing, Bill loves baseball (can't play anymore but still love watching the game). He also loves to watch travel-cooking shows. "I try to stay fit and healthy everyday, happily married with 6 adult children between us. Former Marine and excited to be a part of the RWC Life Enrichment team."

JAMESTOWN DISCOVERY BOAT TOUR & BOXED LUNCH*

Wednesday, June 4-11:00AM-Front Lobby

Sign up Required. Cost = \$31/pp

Boxed lunches will be provided by RWC.

During the guided tour you'll experience the picturesque Jamestown Settlement and the Historic Island where it all happened in 1607.

STRATFORD HALL AUDIO & SELF-GUIDED TOUR & LUNCH*

Thursday, June 12-10:00AM-Front Lobby

Sign up Required. Limit=13. Cost = \$13

Boxed lunches provided by RWC.

Nestled along the Potomac River, Stratford Hall's nearly 2,000 acres comes to life through the presentation and preservation of the 18th century Great House, vibrant gardens, nature's trails revealing breathtaking river views, and stories of all who lived there.

VMFA: FRIDA: BEYOND THE MYTH*

Friday, June 13- 10:00AM- Front Lobby

Sign up Required. Limit = 13. Cost = \$16 + lunch \$

This compelling exhibition, which will feature more than 60 works of art, including spellbinding works by Kahlo — many rarely seen outside of Mexico — along with photographs of the artist by internationally renowned photographers and members of her inner circle.

LANCASTER PLAYERS: WHAT IS "MURDER"?*

Sunday, June 15 -2:30PM—Front Lobby

Sign up Required COST: \$30.00

The cast features newcomer Phoebe Hollingsworth as one of four former Jeopardy! champions preparing for an upcoming Tournament of Champions. Frederick Johnson, Lisa Mallory and Rick Schurtz portray fellow champions who are equally determined to win the match. When one of them is murdered, it is up to Bill Casey, as Detective Clennard, to determine the guilty party.

LUNCH OUT: HANA SUSHI HIBACHI*

Tuesday, June 17-11:00AM-Front Lobby

Sign up Required. Limit = 13 Cost = Lunch \$

Hana Sushi offers exceptional hibachi food, friendly and attentive staff, and a unique atmosphere with a fish tank and plenty to see. The chefs are entertaining and engaging, cooking meals to perfection. With great service and a fun environment, it's no wonder customers highly recommend and return to this restaurant.

BELLE GROVE PLANTATION & LUNCH*

Wednesday, June 18-10:00AM-Front Lobby

Sign up Required. Limit = 13. Cost =\$10 + lunch \$

Take in the grounds where James Madison's mother, Eleanor Rose "Nelly" Conway Madison was born, grew up and returned to have James. Walk through the mansion that Union soldiers forced a family from to take it as a Union Headquarters. Stand in the bowling green where Union soldiers set up camp. View where John Wilkes Booth rode the ferry across the Rappahannock River on the way to Garrett's Farm. Learn about the Union detachment pursuing John Wilkes Booth stopping to rest, eat and sleep at the plantation.

PICKING & GRINNING: ANTIQUING IN MONTROSS & LUNCH*

Friday, June 20-9:00AM-Front Lobby

Sign up Required. Limit = 13. Cost = shop/lunch \$

Join us in exploring some of Montross's most unique shops: Picking and Grinning Antique Mall, Montross Vintage, Compulsive Cravings and enjoy lunch at the Art of Coffee.

MUSIC BY THE RIVER AT BELLE ISLE STATE PARK: CHRIS & JANE*

Saturday, June 21-5:15PM-Front Lobby

Sign up Required. LIMIT=14. BRING YOUR OWN CHAIR. Boxed dinners provided by RWC

Chris Stanley & Jane Cooper will perform classic rock, folk and country covers.

PEACOCK HILL DAIRY FARM*

Thursday, June 26th-10:00AM-Front Lobby

Sign up Required. Limit = 13. Cost = \$ for cheese, jams and produce. Amish run business.

TRADER JONES & LUNCH*

June 10 & 24—9:00 AM—Front Lobby

Sign up Required . Limit = 10