



Rappahannock Westminister-Canterbury
132 Lancaster Drive
Irvington, VA 22480

Gazebo Gazette

YOU MAY SIGN UP FOR ANY PROGRAMS OR EVENT BEGINNING APRIL 29 AT THE LIFE ENRICHMENT CENTER LOBBY.

WELCOME NEW NEIGHBORS

Mr. and Mrs. John and Kathleen Pollard, Apartment 209. The Pollards have a long history with RWC; John's father, Garland, lived here in the 1980's. His brother Albert recently moved in with his wife Mary Louisa. John and Kathleen have lived in either Tidewater or the Northern Neck all their married lives. They met in Virginia Beach and have been married 37 years.

John was born in Washington, D.C., but raised in Tidewater. He graduated from Christchurch School and received his undergraduate degree from UVA (1959). He worked many jobs but especially mentioned his time with Southern Materials Concrete Company. He managed the trucks that delivered the concert to Cape Charles for building the Chesapeake Bay Bridge and Tunnels. He volunteers with the Irvington Village Improvement Association (VIA) and enjoys discussing politics and environmental issues.

Kathleen is Baltimore born and raised. She graduated from St. Gertrude's High School in Richmond and attended night school at VCU taking business courses in banking and secretarial skills. Kathleen worked for the Bank of Lancaster trust department retiring in 2007. She was a licensed real estate agent and long time volunteer with the Rappahannock Foundation for the Arts. She also volunteers with the VIA and served on the town council and as vice mayor for 20 years. Kathleen enjoys gar-

dening and watching college sports – UVA football and basketball.

RESIDENTS ASSOCIATION BOARD MEETING

Wednesday, May 4—10:00 AM—Auditorium
All are welcome to attend.

ACTIVITIES COMMITTEE KENTUCKY DERBY PARTY*

Saturday, May 7 from 5:30 pm to 7:30 pm
Auditorium

Sign-up Required by May 1

\$1 bets can be placed at the table in the Atrium in advance of the race on:

Wednesday, May 4 at 11:00 am—1:00 pm and 4:30 pm—6:30 PM

Thursday, May 5 at 11:00 am—1:00 pm and 4:30 pm—6:30 PM

Friday, May 6 at 11:00 am—1:00 pm ONLY
Exact change is appreciated!!

Race Post time is 6:57 p.m. ET.

No bets will be placed on the day of the race.

Men's & Women's Hats Contest!!

Light Fair includes:

Fruit and Vegetable Platter

Assorted Cheeses with medley of Gluten Free

Crackers

Chicken Strips

Smoked Salmon Dip

Beef Roll-ups

Ham & Cheese Bites

Mini Cannolis

Cash Bar

Mint Julips, Wine, Bottled Beer, Non-Alcoholic

Bottled Beer, Virgin Julip Punch and Bottled

Water

***The deadline to submit articles for
is the 20th of every month by noon.***

Contact us: 804-438-4000

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	Sun	Mon	Tue	Wed	Thu	Fri	Sat	
KEY APT Apartment Lobby AR1 Art Room #1 AR2 Art Room #2 ATR Atrium AUD Auditorium BLR Boiler Room CGR Chesapeake Game Room COR Corrotoman Room CPL Chapel DRB Dining Room Breezeway FCR1, 2 or 3 Fitness Classroom # FPL Front Parking Lot FRL Front Lobby GAL Gallery Hall HOB Hobby Room KCT King's Court LAN Lancaster Room LEC Life Enrichment Center LIB Library LVG Lakeview Grille MSP Main Street Pub OTR Outpatient Therapy Room RAP Rappahannock Room RCL Resident Clinic TGP Thomas Garden Patio WCN Westbury Center WCR Westbury Club Room	1:30-CGR-Campbell Memorial Presbyterian Church Communion 4:00-CH85-Sunday Worship LAST DAY TO SIGN UP FOR KENTUCKY DERBY PARTY	10:00-FRL-Shopping* 11:00-MSP-Parkinson's Caregiver Support Group 1:00-CGR-Catch Phrase 2:00-MSP-Spanish Conversation Group 2:30-AR2-Update with Stuart 4:00-CGR-Darts 4:30-Caregiver's Virtual Memory Support Group	10:00-AR2-Chat & Craft 11:00-AR1-Grocery Pick Up 11:00-COR-Bible Study 1:00-AR2-Watercolor Class	10:00-AUD-Residents Association Board Meeting 11:00-ATR-Kentucky Derby Betting 4:30-ATR-Kentucky Derby Betting 7:00-CGR-Gentlemen's Poker Group	CINCO De MAYO 11:00-ATR-Kentucky Derby Betting 3:00-RAP-Praying the Rosary 4:30-ATR-Kentucky Derby Betting	8:30-AUD-First Friday Forum with Dean Loudy: Radio in the Northern Neck* 11:00-ATR-Kentucky Derby Betting 11:00-AR2-Step by Step Painting with Acrylics* 2:30-FCR-Cornhole	5:30-AUD-Kentucky Derby Party* SIGN-UP REQUIRED BY MAY 1 TO ATTEND KENTUCKY DERBY PARTY	
	MOTHER'S DAY 11:00 to 1:30-LVG-Mother's Day Brunch* 4:00-CH85-Sunday Worship RESERVATION REQUIRED FOR BRUNCH. CALL EXT. 4016 GRILLE CLOSED FOR DINNER	10:00-FRL-Shopping* 11:00-AR2-Art with Amy: Strawberry Centerpieces* 1:00-CGR-Catch Phrase 2:00-MSP-Spanish Conversation Group 2:30-AR2-Update with Stuart 4:00-CGR-Darts	10:00-AR2-Chat & Craft 10:00-AR1-Amateur Radio Club Meeting 11:00-AR1-Grocery Pick Up 1:00-AR2-Watercolor Class 1:30-MSP-Technology Discussion Group BIBLE STUDY CANCELLED	10:00-AR2-Activities Committee Meeting 11:00-CGR-Grief Support Group 7:00-CGR-Gentlemen's Poker Group	10:00-FRL-Nature Walk to Enchanted Forest: Tom Rhodes Tree Carving Trail & Lunch* 10:00-LAN-Food Committee Meeting 2:00-AUD-Parkinson's Support Group 3:00-RAP-Praying the Rosary	11:00-AR2-Meet the Artist: Jacquie Colligan* 2:30-FCR-Cornhole	9:00-FRL-Heathsville Farmer's Market and Chesapeake Bay Garden Club Flower Show*	
	4:00-CH85-Sunday Worship	10:00-FRL-Shopping* 10:30-RAP-RWC Book Group 1:00-CGR-Catch Phrase 2:00-MSP-Spanish Conversation Group 2:30-AR2-Update with Stuart 4:00-CGR-Darts	10:00-AR2-Chat & Craft 11:00-AR1-Grocery Pick Up 11:00-COR-Bible Study 1:00-AR2-Watercolor Class	7:00-CGR-Gentlemen's Poker Group	3:00-RAP-Praying the Rosary 4:00-CGR-Friends & Fellowship of Grace Episcopal Church	12:00-Lakeside-Spring Strawberry JAMBoree* 2:30-FCR--Cornhole Deadline for Gazebo Gazette Articles		
	4:00-CH85-Sunday Worship	10:00-FRL-Shopping* 1:00-CGR-Catch Phrase 1:00-RAP-Communion for Rosary 2:00-MSP-Spanish Conversation Group 2:00-AR2-Update with Stuart 4:00-CGR-Darts	10:00-AR2-Chat & Craft 11:00-AR1-Grocery Pick Up 11:00-COR-Bible Study 1:00-AR2-Watercolor Class	11:00-LAB-Labyrinth Walk 11:00-AR2-Designing Clay Boards, Part 1* 1:00-AR2-Stitching Stars Quilting Group 7:00-CGR-Gentlemen's Poker Group	11:00-AR2-Designing Clay Boards, Part 2* 3:00-RAP-Praying the Rosary	11:00-AR2-Designing Clay Boards, Part 3* 2:30-FCR--Cornhole	10:00-2:00-FPL-Memory Lane Car Club Show (Rain Date is Sunday, May 29) 7:00-AUD-Saturday Night Movie: West Side Story	
	4:00-CH85-Sunday Worship	9:00-FPL-Memorial Day Service 1:00-CGR-Catch Phrase 4:00-CGR-Darts CANCELLED Bus for Shopping this week—will still take Country Store orders. Update with Stuart Spanish Conv. See Fitness schedule	9:00-FRL-Trader Joe's & Lunch* 10:00-AR2-Chat & Craft 11:00-AR1-Grocery Pick Up 11:00-COR-Bible Study 1:00-AR2-Watercolor Class	MAY 2022				

GREETING FROM THE PRESIDENT & CEO

...and on the bright side

A few days ago, I received a wonderfully encouraging email from a resident with a subject line reading, "...and on the bright side..." The email contained a list of 20 services, amenities, people, and all aspects of life at RWC for which this resident was grateful and inspired.

It is very easy to focus on what we do not have, cannot have, no longer can do, were never able to do, see others doing and so forth. It is especially easy to dwell on these thoughts in our present world because of the steady diet of discouraging and negative rumors, news and sensationalism we are fed and consume. Conversely it requires some extra effort to look on the proverbial **bright side**, and it takes a bit more effort to see and be grateful for our many blessings amidst the encroaching clouds and darkness. It is time and effort well invested to do so. Focusing on the bright side in the midst of the challenges of life and circumstances beyond our control can bring a sense of balance and peace and even renewed power and strength.

To the resident who sent me this inspiring email reminding me to regard the bright side, I am eternally thankful for your thoughtfulness and timeliness. I was pleased to be able to share the list at one of our staff huddles recently. I conclude with the closing wisdom from the bright side email – "...*may each be able to take time out and to find deep inside themselves ways to find peace and acceptance of situations.*"

Have a Wonderful May at RWC!



CINCO DE MAYO

Thursday, May 5th - 11:00 AM—1:30 PM

No reservation required. Grille open for Dinner hours as usual.

Empanadas w/ Fruit Pico de Gallo

Chicken Tamale

Loaded Beef/Queso Nachos w/ Tri-Colored Tortilla Chips-

Pork Carnitas w/ Mexican Slaw and Pickled Red Onions on a 5"inch Flour Tortilla

Drunken Beans

Roasted Mexican Cauliflower

Mexican Street Corn Bake

Mexican Brownie

Beer

MOTHER'S DAY BRUNCH MENU

Sunday, May 8—11:00 AM—1:30 PM

Reservations are required and can be made by calling Betty Polk #4016.

(no waited service; must go thru Grille line) Grille will be closed for dinner. Boxed meals will be available.

Mother's Day 2022

Mom's Waldorf Salad w/ Bibb Lettuce

French Spring Soup

Deviled Crab Imperial

Challah Bread French Toast Casserole w/ Marinated Fresh Berries and Applewood Bacon

Pan Seared Airline Chicken Breast w/ Natural Jus and Mango Salsa

Rice Pilaf

Sauteed Zucchini and Yellow Squash w/ Red Onions

Fresh Baked Rolls

Asst. Desserts

ART CLASSES IN APRIL

WATERCOLOR CLASS

Every Tuesday at 1:00 PM

Art Room 2

No need to sign up for this class.

It doesn't matter if you are a beginner or a master of watercolor. Everyone is welcome to come and learn from Pam Bowers and each other.

MEET THE ARTIST: JACQUIE COLLIGAN*

Friday, May 13—11:00 AM—Art Room 2

Sign-up Required

If you haven't had the chance to admire the artwork in Gallery Hall or the jewelry in the Atrium Curio Cabinet for the months of April and May, take time to have a look. Jacquie will be explaining her techniques in creating her wonderful pieces of art. Jacquie has won multiple awards throughout the years.

ART WITH AMY CLASSES FOR MAY*

All classes are limited to 8 participants and will be held in Art Room 2.

Sign-up Required

Step by Step Painting with Acrylics*

Friday, May 6—11:00 AM

Strawberry Centerpieces*

Monday, May 9—11:00 AM

I need your help to get ready for the Strawberry JAMBoree!!

Art Design with Clay, Part 1, 2, & 3*

Wednesday, May 25, Thursday, May 26 and Friday, May 27

11:00 AM

LOOKING AHEAD TO JUNE

NOTE: Dates and times are subject to change or be cancelled

ENJOY A PRIVATE 2 HOUR CHARTER CANAL CRUISE ALONG THE KANAWHA CANAL IN DOWNTOWN RICHMOND JUST FOR RWC!!* ONLY 2 SPOTS OPEN!!!!

When: Wednesday, June 1

Time: Leave Front Lobby at 8:30 AM sharp (Our cruise leaves dock at 11:00 AM)

Cost: \$15.00 per person, non-refundable at time of reservation. Will be charged to your account. Lunch will be an additional charge.

LIMIT: 14 passengers

Please make your reservations no later than May 15 by calling Amy at Ext. 4024!!!

COFFEE VI: OLGA KERN AND THE VAF CHAMBER PLAYERS—HENNAGE AUDITORIUM, WILLIAMSBURG*

When: Friday, June 10

Time: Leave Front Lobby at 8:45 AM (10:30 am Curtain. There is no assigned seating for this event)

Cost: \$20.00 per person, non-refundable at time of reservation and will be charged to account. Lunch on way home.

Program:

Francis Poulenc (French; 1899-1963)—Sextet (1932/1939)

Ludwig van Beethoven (German; 1770-1827)—Violin Sonata No. 5, Op. 24, "Spring" (1801)

Please make your reservations no later than May 31 by calling Amy at Ext. 4024!!!

FIT BITS: MIND AND MUSCLE

MEMORIAL DAY SCHEDULE-MAY 30, 2022

Staff will be available 8:00am to 12 Noon

9:00-9:40 FC 1, 2&3-S&BC

9:50-10:30 FC 1,2&3- S&B & Core D

10:40-11:20 FC 1,2&3-Fit to Move

1:30 -2:00 FC 1,2&3-S&B B **Canceled**

2:10-2:40 Pool Water Walking **Canceled**

3:00-3:30 Moving &Grooving **Canceled**

JOIN IN ON THE FUN OF WELLNESS

I would like to welcome anyone that is new to join the wellness programs. We are here to help you meet your goals or to set goals you have not yet realized. You may not be a person that exercises, but we have what you need to get started. We will lead you to a proper exercise program for you. This will increase your frequency, which will continue your success with the activities of daily living. Orientation must be done before starting in our programs.

ORIENTATION

Our orientation process is to help you understand how the Wellness Department works and for us to learn how we can help create the best exercise prescription for you.

Orientation Process Includes:

Taking a tour of the facility if you have not already done so.

Medical clearance form filled out by your doctor.

Health history appraisal.

Interests and goals appraisal.

Sign a waiver form.

Fitness Assessment (usually done in a separate appointment)

Exercise Prescription (usually done in a separate appointment)

If you are a current participant that needs to tweak your program or fitness assessment, update your health history, or interests and goals, we welcome you to make an appointment to do so. This would help us better help you succeed in your program.

If you have any questions, please contact Jonathan at 4290

GROUP EXERCISE SCHEDULE

Monday, Wednesday, and Friday

9:00-9:40 FC 1, 2&3-S&BC

9:50-10:30 FC 1,2&3- S&B & Core D

10:40-11:20 FC 1,2&3-Fit to Move

1:30 -2:00 FC 1,2&3-S&B B

2:10-2:40 Pool Water Walking

3:00-3:30 Moving &Grooving

Tuesday and Thursday

9:00-9:30 FC 1,2&3 Dance Aerobics

9:50-10:20 Pool Aqua Aerobic Fitness

10:45-11:15 FC1,2&3 Chair Yoga B

2:00-2:30 Moving &Grooving

3:10-3:40 Pool Aqua Fitness Aerobics

MAY IS NATIONAL HIGH BLOOD PRESSURE MONTH

High blood pressure is a "silent killer." It doesn't usually cause symptoms, but it can damage your body over time. If your blood pressure stays higher than 130/80 mm Hg for a period of time, it can cause serious health problems such as: – Heart disease – Stroke – Kidney disease – Dementia. The only way to know whether you have high blood pressure is to have your blood pressure measured—a process that is simple and painless. If you find out you have high blood pressure, a health care professional can tell you how to prevent serious complications, including disability and premature death.

FIRST FRIDAY FORUM: DEAN LOUDY -RADIO IN THE NORTHERN NECK*

Friday, May 6—8:30 AM—Auditorium

Sign up Required-Limited to 50

Special Dietary Needs, please call Ext. 4017

Step back to days gone by as Dean Loudy shares his experience of the early days at WKWI in Kilmarnock.

TECHNOLOGY DISCUSSION GROUP

Tuesday, May 10—1:30 PM

Main Street Pub

Anyone interested in having a discussion about technology is welcome to come.

MEMORY LANE CAR CLUB SHOW

Saturday, May 28

(Rain date-Sunday, May 29)

10:00 AM—2:00PM—Front Parking Lot

The Memory Lane Car Club was formed for the express purpose of owners of antique, classic and exotic vehicles to get together, cruise, sharing ideas, exhibiting and driving our machines. "It's all about ENJOYMENT!" Come out and enjoy yourself .

SATURDAY NIGHT MOVIE:

WEST SIDE STORY

(2021) PG-13, 2hours, 36 minutes

May 28—7:00 PM—Auditorium

In the mid-1950s, the young Maria yearns to make a life for herself amidst the hustle and bustle of New York City's Upper West Side. She quickly catches the eye of Tony, a charming young man of Irish heritage. Despite the warnings from the duo's traditionalist families, Maria and Tony fall irrevocably in love, pushing the rivalry between their respective gangs to the brink of violence.

Look for your invitation
to the

Spring Strawberry

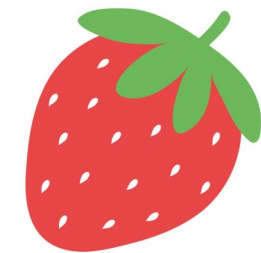
JAMboree

Friday, May 20

12:00 pm—3:00 pm

Along Wood Duck Lake

Music by Mercy Creek



SPIRITUAL DEVOTION: DEDICATED, FAITHFUL AND HOLY

FROM THE CHAPLAIN

Did You Know?? We have our very own labyrinth! RWC is one of only a few labyrinth locations in the area, and this is a real blessing to our community. A bit of background: a labyrinth is an ancient contemplative tool, used for centuries for prayer, ritual, personal and spiritual growth. Labyrinths are not specifically or exclusively tied to any one particular religious tradition, but rather have been utilized by people from a wide range of denominations, faiths and/or non-faith traditions. There is no right or wrong "formula" for a labyrinth walk; instead, its purpose is individual and therefore a matter of what one brings to it and seeks from it. For example: some approach the labyrinth walk as a time of spiritual meditation, others seek personal reflection. Other common goals include seeking some kind of resolution, inspiration, personal peace and/or a preferred practice of prayer. Clearly these as well as other possible purposes/elements could be combined. Yes, it is true: when we do a labyrinth walk we "walk around in circles," sort of. And yes, this might sound a little strange. But in practice one quickly finds it really is not all that odd at all. I can personally testify it's worth a try! So come join us for a group labyrinth walk. There's a good chance you'll be glad you did. In the meantime, please feel free to contact me for further details.

Chaplain Greg Houck

UPCOMING OPPORTUNITY:

Group Labyrinth Walk

May 25, 11:00AM – Meeting at the labyrinth (located behind the apartments)

ONGOING OPPORTUNITIES:

Tuesday Bible Study Group: continues to meet on Tuesdays at 11:00AM in the **Corrotoman Room**. (Note this recent change of venue). Topic: the New Testament Epistle to the Philippians, famously known as the "Book of Joy." Chaplain Houck is leading the study. We hope to see you there!

Sunday Worship: meets in the Westbury Clubroom on Sundays at 2:00PM. Please note: due to continuing Covid regulations in Health Services, for the time being this service is limited to residents of the Health Center and Assisted Living. We all look forward to the time when we can all once again join together for worship, in-person! Until that time, we continue to provide our virtual Service of Worship on Sundays at 4:00PM on RWC TV Channel 85.

Grief Support Group: A Grief Support Group has formed here at RW-C and will be meeting on **the second Wednesday of each month at 11:00AM** in the Chesapeake Game Room. Grief comes to us in different ways and grieving can be a difficult and painful process. And so it is our hope that this new group here at RWC will be a help to us all as we navigate the troubled waters of personal loss. Together with the Chaplain, the group will be guided by residents Nancy Ellett and Sherry Mann. The next meeting will be on **May 11th**.

IN MEMORIAM:

MRS. NANCY GALLOWAY
MARCH 28, 2022

MR. THOMAS WILHELMSSEN
APRIL 12, 2022

NEIGHBORHOOD KNOWING: CARE, COMMITTEES & COMMENTARY

PHOTO SUBMISSION WANTED

Family and love are precious commodities. They live in our hearts forever. Bring a photo of your mother, father, or complete family to be displayed May 30 through June 10 to commemorate the three holidays of Mother's Day, Memorial Day, and Father's Day at one time. You may also remember family members by supporting one of the missions of the RWC Foundation. You may donate any amount, or you may purchase Labyrinth Brick as a lasting memorial to your loved one for \$100 each. The deadline for photos submission will May 23rd. Contact Denise Kenner at 4877 for details.

MAY ACTIVITIES

Check your mailbox for an invitation to a festive Kentucky Derby Party, Saturday, May 7th in the Auditorium from 5:30-7:30 p.m. Light fare and a cash bar will be available. Prizes will be awarded for the best decorated hat for both men and women. The race will be broadcast live on the big screen. Place your bets prior to Derby Day on Wednesday May 4th from 11-1:00 p.m. and from 4:30-6:30 p.m., on Thursday May 5th 11-1 p.m. and from 4:30-6:30 p.m. Final day to bet is Friday May 6th from 11:00-noon. All bets are \$1.00.

This is the first party sponsored by the Activities Committee in a while. Please honor the RSVP date on your invitation and plan to celebrate!

BUTTERFLY WEED SALE COMING SOON!!

We anticipate having butterfly weed (*Asclepias tuberosa*, the milkweed frequently seen growing wild on the Northern Neck) for sale to residents during the first week in May. These "plugs" will be 3 for \$5. We will have the flats available in the RWC front entrance parking area. Please be alert for this event. Exact date TBD.

PARKINSON'S CARE PARTNERS

Monday, May 2—11:00—Auditorium

PARKINSON'S SUPPORT GROUP

Thursday, May 12—2:00 PM—Auditorium

A nurse from the Health Center will instruct us in the use of the Heimlich Maneuver.

Please call Rita DePew at Ext. 4838 so she can plan seating arrangements.

These monthly meetings will be held on the first Monday of the month or the second Thursday of the month.

MEAL PLAN CHANGES

Meal Plan Change must be made by the 25th of each month. You can make these changes by filling out a form at the Front Desk. If you are changing meal plans for you and your spouse, be sure to include both names on one form.

If you and your spouse's meal plan are different, you'll need to fill out 1 separate form for each of you.

**SCHEDULED TRIPS FOR MAY
NATURE WALK TO ENCHANTED FOREST:
TOM RHODES TREE CARVING TRAIL & LUNCH***

Thursday, May 12—10:00 AM

Front Lobby

Sign-up Required—LIMIT: 14

Recommend/Requirements:

- Flat heeled, sturdy shoes
- Walking-staff or cane if needed.
- Must be able to walk for 45 minutes-1hour
- Money for lunch

Located in Warsaw. Octogenarian Tom Rhodes has carved pop culture figures into trees on his 12-acre property since 2004. The public is welcome to try to find them all; there are a lot.

A dirt road will take you to the main path leading to nearly 70 tree carvings scattered through the woods. Each carving is on a well-worn path. If the path has a 2x4 piece of wood across it, that means that there are no more carvings past the wood.

We will eat at Anna's Italian Restaurant & Pizza.

**HEATHSVILLE FARMER'S MARKET AND
CHESAPEAKE BAY GARDEN CLUB
FLOWER SHOW***

Saturday, May 14—9:00 AM—Front Lobby

Sign-up Required—LIMIT: 14

Recommend/Requirements:

- Flat heeled, sturdy shoes
- Walking-staff or cane if needed.

The Chesapeake Bay Garden Club, Inc. (CBGC), is a 501(C)3 not-for-profit volunteer community organization that promotes the love of gardening, floral design, civic and environmental responsibility.

TRADER JOE'S AND LUNCH*

Tuesday, May 31—9:00 AM—Front Lobby

Sign-up Required. LIMIT: 14

THEN AND NOW

By Kerley LeBoeuf

Then: What's for dinner?

Now: The Spring Menu

Then: Call Noblett

Now: Hello Tom!

Then: Prune the bushes

Now: Snip a twig

Then: Chef Boyardee

Now: Chef TV

Then: Crank the mower

Now: Hear the mowers

Then: Superbowl party over at the end

Now: Superbowl party over at half-time

Then: Osprey and Bald Eagles

Now: Bluebirds and Monarch Caterpillars

Then: When would you like to?

Now: When don't you have a doctor's appointment?

Then: Damn computer!

Now: Call John

Then: Collectables

Now: Stuff

Then: Take the Grandchildren to Willaby's for pink lemonade

Now: Take the Grandchildren to Willaby's for a draft

Then: Physical training

Now: Physical therapy

Then: Pizza Hut

Now: Pizza Bingo

Then: Book a flight

Now: Sign up for Trader Joe's

HOOKED ON BOOKS: EXPLORE, DISCOVER AND LEARN

The Reading List by Sara Niska Adams is the RWC Book Group's May selection. It's a 2021 book about a London immigrant from India who has lost his beloved and book-loving wife. Join us on May's third Monday, May 16, at 10:30 a.m.

New Large Print Books—*Run, Rose, Run* by Dolly Parton and James Patterson (2022) and *Snowfall at Willow Lake* by Susan Wiggs are both from Bob Barlowe. *Fear No Evil* by James Patterson, *The Butler* by Daniele Steel, and *The Judge's List* by John Grisham are all 2021 and all from Elaine Lowrey. Also new in Large Print: *The Personal Librarian* by Benedict and Murray, *Swallows In Darkness* by Laurell K. Hamilton, and *The Greatest Generation* by Tom Brokaw.

Two More 2022 Books—*Robert Parker's Bye Bye Baby* by Ace Atkins, donated by Jay White, and *The Paris Apartment* by Lucy Foley, donated by Virginia Pailles.

Some 2021 Books—*Lightning Strike* by William Kent Krueger, donated by Jay White, *The President's Daughter* by James Patterson and Bill Clinton, donated by Judi Caples, and, in Virginia, *A History Not Passed* by Nan Harvey. Also, *The Mystery of Mrs. Christie* by Marie Benedict, *Never* by Ken Follett, *Who Is Maud Dixon?* by Alexandra Andrews, *The Pilot's Daughter* by Meredith Jaeger, *Enemy at the Gates* by Vince Flynn.

Three Biographies—*A Checkered Past*, about Al Unser, Jr., is from Fred Luxton. *A Pirate Looks at Fifty*, about Jimmy Buffet, and *From Crack Addict to CEO* by Michael Lindell, are from Mildred Loudy.

Paperback—A whole shelf of Phillipa Gregory paperbacks was donated by Bob Haley. Three by Fiona Davis are from Virginia Pailles. Three from Suzanne Thomas include *Two Gardeners* by Katherine White and Elizabeth Lawrence.

Some Oldies—*The Battle of the Crater*, a novel from Newt Gingrich and William M. Forstchen, is from Marie Carstensen. *Chasing the Dime* by Michael Connelly is from Tanya Bohlke. *A Broken Place* by Ace Atkins, *Bridget Jones: The Edge of Reason* by Helen Fielding, *Booked to Die* by John Dunning, *The Tale of the Body Thief* by Anne Rice, *Private Berlin* by James Patterson and Mark Sullivan, *The Fever Dream* by Douglas Preston and Lincoln Child, and five Patricia Cornwall mysteries, are all from Mildred Loudy.

And a Real Oldie—*Each New Day* by Corrie ten Boon, is a 1971 book donated by Dean Loudy, and now in the Library's Religion section.

It's been Inventory time at the library and 372 books have been discarded—close to the 349 books we added to the library in 2021! The Inventory Team of Pat Kirby, Katherine Lantz and Lois Williams checked each of the nearly 3,000 books on our shelves, and discarded those that are not being read. The Computer Team of Kerley LeBoeuf, Kent McCraney and Michele Blank remove each "Discard" from the computer data base, and Bill Estelle is removing many from the premises! The 372 books made up 12 percent of our collection.

The Elevator has been in an off-again on-again mode. It's hard to "Come On Up And Check Us Out" when the elevator isn't working!

Stuart Bunting has become the RWC Publicity Director! He's "Braggin' on us" and telling everyone that we're "Better than the usual small town library!"