



Subject: Announcing a new benefit - Diabetes Reversal Program

To: RWC employees enrolled in one of our Anthem group medical plans

We are excited to offer a new benefit: the **Twin Diabetes Reversal Program**. It is a safe and effective way to reverse Type 2 Diabetes (T2D). The program can help participants achieve normal blood sugar levels without medication. It is even possible for those taking insulin for a long time to achieve T2D reversal.

Although Type 2 Diabetes has long been considered a permanent condition, it doesn't have to be!

The Twin Diabetes Reversal Program addresses the root cause of T2D, damaged metabolism, so diabetes can be safely reversed. Each participant creates a Digital Twin using wearable technology, which generates a highly personalized treatment plan to repair damaged metabolism. Even those who have been insulin dependent for several years are successful in reversing T2D, allowing them to achieve normal glucose levels without medication.

Interested in reversing your Type 2 Diabetes, reducing your medications, and becoming healthier & happier? Enroll today! Visit <https://partner.twinhealth.com/yourcommunity>. Select the orange "Connect with us" button to register.

Want to learn more about Twin before getting started? Attend the Twin Diabetes Reversal Webinar on Tuesday, April 4, 2021 at 2pm EST. Details below

During the webinar, Lisa Shah, MD, Twin's Chief Medical Officer, will introduce you to the Twin program and explain how it can help you reverse diabetes. And you will meet a Twin clinical coach and hear testimonials from current Twin participants. In order to respect webinar participants' privacy, attendance will be anonymous and confidential.

RSVP [HERE](#) for the Twin Diabetes Reversal Webinar, or simply [attend the webinar!](#)

You may submit questions before or during the webinar. A recording will also be available so you can play it on demand if unable to attend. Participation in the Twin Program is voluntary and offered at **no cost** to you. Twin is a fully covered benefit for employees and adult dependents (18+ years of age) enrolled in our medical plan with a type 2 diabetes diagnosis.