



Rappahannock Westminister-Canterbury
132 Lancaster Drive
Irvington, VA 22480

Volume 36, Issue 2

FEBRUARY 2022

YOU MAY SIGN UP FOR ANY PROGRAMS OR EVENT BEGINNING FEBRUARY 1 AT THE LIFE ENRICHMENT CENTER LOBBY.

Gazebo Gazette

STOP! READ!

ANSWER: WHAT WOULD YOU LIKE TO DO?

1. Indoor/Outdoor games and competitions?
2. Visit museums and historical sites?
3. Attend educational lectures and programs?
4. Try your hand at a variety of crafts?
5. Workout, exercise, and swim?
6. Celebrate holidays with food and appropriate games?
7. Nature walks?
8. Shopping trips?
9. Share a grouping or collection in the Curio Cabinets or Showcases?
10. Join one of the many special interest groups?

There is much to do on campus as well as off. Many of you are new and as the weather improves and hopefully COVID restrictions are lifted we can be more active in larger groups, so let us know what your interests are.

The Activity Committee meets the SECOND WEDNESDAY of EVERY MONTH at 10:00 AM in the Art Room 2. Check Touchtown to confirm our meeting date as we sometime must re-schedule. EVERYONE IS WELCOME!!

If you have the answers to the questions above or have other thoughts and interests, please write them down and put them in Box 414 or 828.

Mary Bennett and Helene Braatz,
Activities Co-Committee Chairs

GORILLA PLAYS MOONLIGHT SONATA?

The Gentlemen's Poker Club, a group that meets in the Chesapeake Game Room every Wednesday at 7:00 PM, the club is pleased to announce that Gerald Hoskins, a member in

comparatively good standing, was dealt his second Royal Flush in a matter of only a few years. A Royal Flush consists of the Ace, King, Queen Jack and Ten in one of the four suits. Generally speaking, the odds against receiving one are 960,000 to 1, give or take a few thousand. You are more likely to see a gorilla sit down at a grand piano and play three bars of the Moonlight Sonata than witness a player receive TWO such flushes in a lifetime.

MONTHLY MEAL PLAN DEADLINE

If you are making any changes to your monthly meal plan it is very important that those changes are made prior to the 25th day of the month. This assures that you are billed correctly and our books are accurate. If you wish to change your meal plan, please go to the Front Desk to fill out a form.

Thank you, the Accounting Team

VALENTINE ROSES AND CHOCOLATE ORDERS

Support the Small House by purchasing a rose or assorted chocolates for your loved one this Valentine's Day.

Single Red or High & Magic Rose—\$5.00 each
10 oz. Russell Stover Asst. Chocolates—\$10.00

Combos

Single Red Rose & Chocolates—\$20.00
Dozen Red Roses & Chocolates—\$65.00

Please place orders by February 4 while supplies last.

Contact Denise Kenner at 438-4877 or email dkenner@rw-c.org for more details.

The deadline to submit articles for is the 20th of every month by noon.

Contact us: 804-438-4000

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FACEBOOK



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YOUTUBE



	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	FEBRUARY 2022		10:00-AR2-Chat & Craft 1 11:00-AR1-Grocery Pick Up 11:00-AUD-Bible Study 1:00-AR2-Watercolor Class	7:00-CGR-Gentlemen's 2 Poker Group	10:00-AR2-Guys Making 3 Valentine Flowers* 1:00-CGR-Great Decisions Discussion Group* 3:00-RAP-Praying the Rosary	Last Day to Order Roses 4 & Chocolates (See Pg. 1) 8:30-AUD-First Friday Forum: Page Henley, Leedstown* 11:00-ARR2-Needle & Thread Valentine Cards* 2:30-FCR-Cornhole	5
1:30-CGR-Campbell 6 Memorial Presbyterian Church Communion (residents only) 4:00-CH85-Sunday Worship	10:00-FRL-Shopping* 7 11:00-AR2-Homemade Valentine Chocolates* 11:00-MSP-Parkinson's Caregiver Support Group 1:00-CGR-Catch Phrase 2:30-AUD-Update with Stuart 4:00-CGR-Darts 4:30-AUD-Caregiver's Memory Support Group	10:00-AR2-Chat & Craft 8 10:00-AR1-Amatuer Radio Club Meeting 11:00-AR2-Homemade Valentine Chocolates* 11:00-AR1-Grocery Pick Up 11:00-AUD-Bible Study 1:00-AUD-Hatfields & McCoys Mini Series, Part 1 1:00-AR2-Watercolor Class 1:30-MSP-Technology Discussion Group	10:00-AR2-Activities 9 Committee Meeting 10:30-FRL-Virginia Rep Theatre (subsc. holders) 11:00-CGR-Grief Support Group 11:00-AR2-Needle & Thread Valentine Cards* 7:00-CGR-Gentlemen's Poker Group	10:00-AR2-Gals Making 10 Valentine Flowers* 10:00-LAN-Food Committee Meeting 1:00-CGR-Great Decisions Discussion Group* 1:00-MSP-Military Service Club 3:00-RAP-Praying the Rosary	10:00-CGR-Great 11 Courses* 11:00-AR2-Wrapping Up Homemade Chocolates 2:30-FCR-Cornhole	6:45-FRL-RFA "On 12 Stage" (subsc. holders)	
4:00-CH85-Sunday 13 Worship	10:00-FRL-Shopping* 14 10:00-BLR-Resident Health Care Committee Meeting 1:00-CGR-Catch Phrase 2:00-APT-Tunnel of Love Valentine Photo Shoot 2:30-AUD-Update with Stuart 4:00-CGR-Darts	10:00-AR2-Chat & Craft 15 11:00-AR1-Grocery Pick Up 11:00-AUD-Bible Study 1:00-AUD-Hatfields & McCoys Mini Series, Part 2 1:00-AR2-Watercolor Class	11:00-AR2-Neurographic 16 Art, Part 1* 1:00-MSP-Diabetic Support Group 1:00-AR2-Stitching Stars Quilting Group 7:00-CGR-Gentlemen's Poker Group	10:00-FRL-Trip to Virginia 17 Museum of Fine Arts* 1:00-CGR-Great Decisions Discussion Group* 2:00-MSP-Parkinson's Support Group 3:00-RAP-Praying the Rosary	10:00-CGR-Great 18 Courses* 11:00-AR2-Neurographic Art, Part 2* 2:30-FCR--Cornhole	19	
4:00-CH85-Sunday 20 Worship	Deadline for Gazebo 21 Gazette Articles 10:00-FRL-Shopping* 1:00-CGR-Catch Phrase 2:00-MSP-Spanish Conversation Group 2:30-AUD-Update with Stuart 4:00-CGR-Darts	10:00-AR2-Chat & Craft 22 11:00-AR1-Grocery Pick Up 11:00-AUD-Bible Study 1:00-AUD-Hatfields & McCoys Mini Series, Part 3 1:00-AR2-Watercolor Class	11:00-AR2-Step by Step 23 Painting with Acrylics* 7:00-CGR-Gentlemen's Poker Group	9:00-FRL-Ripley's Believe 24 It or Not Museum & Lunch* 1:00-CGR-Great Decisions Discussion Group* 3:00-RAP-Praying the Rosary	Last Day to 25 Change Meal Plan 10:00-CGR-Great Courses* 2:30-FCR--Cornhole	6:45-FRL-RFA "On 26 Stage" (subsc. holders) 7:00-CH85-Saturday Night Movie: The Beautiful Fantastic	
4:00-CH85-Sunday 27 Worship	10:00-FRL-Shopping* 28 10:30-RAP-RWC Book Group 1:00-RAP-Communion for Rosary 1:00-CGR-Catch Phrase 2:00-MSP-Spanish Conversation Group 4:00-CGR-Darts	Run to the rescue with love and peace will follow.					

- KEY**
APT
Apartment Lobby
AR1
Art Room #1
AR2
Art Room #2
ATR
Atrium
AUD
Auditorium
BLR
Boiler Room
CGR
Chesapeake Game Room
COR
Corrotoman Room
CPL
Chapel
DRB
Dining Room Breezeway
FCR1, 2 or 3
Fitness Classroom #
FPL
Front Parking Lot
FRL
Front Lobby
GAL
Gallery Hall
HOB
Hobby Room
KCT
King's Court
LAN
Lancaster Room
LEC
Life Enrichment Center
LIB
Library
LVG
Lakeview Grille
MSP
Main Street Pub
OTR
Outpatient Therapy Room
RAP
Rappahannock Room
RCL
Resident Clinic
TGP
Thomas Garden Patio
WCN
Westbury Center
WCR
Westbury Club Room

GREETING FROM THE PRESIDENT & CEO

What Are You Doing for Others? Dr. Martin Luther King, Jr., said, "Life's most persistent and urgent question is, 'What are you doing for others?'" The universal answer at RWC to the title question is: A Lot! But there is always room for more. Reflecting on Dr. King's challenge, I am drawn to the words "persistent" and "urgent". Dr. King puts the emphasis on doing for others persistently and urgently. Though these words were spoken some 60 years ago, they are very appropriate for the present time.

Doing for others is widespread at RWC. By the nature of our work, RWC staff members are doing for residents, clients, families, our colleagues, and the community. Likewise, RWC residents are constantly doing for other residents, staff, your families, and your community.

What is "doing for others"? Doing for others is far-reaching and well beyond the tangible gifts. Support and encouragement are two most powerful examples. Empathy and understanding, often in short supply these days, are equally impactful. How about offering forgiveness? Doing an unrequested favor, or better yet a favor done anonymously. Walking with someone to ensure they arrive safely at their destination. A kind touch. All of these are examples of doing for others, and none of these examples requires much physical effort. A note, a kind word, a telephone call, or a thoughtful suggestion. All of these are positive examples of what we can do for others. When we all do those things persistently and urgently, the results resound amazingly.

One of our residents who is not able to be out and as active as he or she once was will

periodically call me on the phone to share a brief, encouraging word. In their voice, I can hear how tired and weary the person is; however, he or she is persistent and urgent to call me with a good word – answering the call to do for others, and I am the grateful beneficiary. It is I who should be calling. If we persistently and urgently ask ourselves each day what are we doing for others, we just might be able to shine enough light to overcome the darkness trying to overshadow our days. Thank you for doing for others - persistently and urgently.

PRAYERS AT RWC

Prayers take root.
Prayers will roost.
Prayers can take wing if encouraged.

In years to come will we remember with grateful clarity first and foremost the hands that helped - before we think with sadness of the breath that inadvertently infected?

Our hearts may be half-full and waiting to be topped off with a sometimes resisting acceptance anticipating the culminating courage.

Will mourning a life lost mingle with gratitude for a life sustained?
Is life at its most volatile more memorable for its random goodness than the life lived in peace?

But prayers in adversity will take wing if encouraged.

~Milena VanSant, Resident

TUNNEL OF LOVE VALENTINE PHOTO SHOOT

Monday, February 14 from 2:00 PM until 4:00 PM—Apartment Breezeway
Grab your spouse, significant other, friend or pet and take advantage of a Valentine photo opportunity. No need to sign up. Questions? Call Regina at ext. 4350.

WATERCOLOR CLASS

Every Tuesday at 1:00 PM
No need to sign up for this class.
It doesn't matter if you are a beginner or a master of watercolor. Everyone is welcome to come and learn from Pam Bowers and each other.

GUYS MAKING VALENTINE FLOWERS*

Thursday, February 3—10:00 AM
LIMIT: 8—Sign up Required
Brighten someone's dreary winter day with this colorful collection of Valentine paper flowers.

GALS MAKING VALENTINE FLOWERS*

Thursday, February 10—10:00 AM
LIMIT: 8—Sign up Required
Brighten someone's dreary winter day with this colorful collection of Valentine paper flowers.



ART WITH AMY CLASSES FOR FEBRUARY*

All classes are limited to 8 participants and will be held in Art Room 2. Please sign up at the LEC Lobby to attend.

NEEDLE & THREAD VALENTINE'S DAY CARDS*

(2 Class Offerings. Sign up for 1 Class)
Friday, February 4
Wednesday, February 9
Sign up Required
This Valentine's Day, show someone special how much you care with a charming card you made by hand with your friends .

MAKING HOMEMADE VALENTINE CHOCOLATES*

(2 Class Offerings. Sign up for 1 Class)
Monday, February 7
Tuesday, February 8
Wrap-Up-Friday, February 11
Sign up Required
Skip the store-bought candy this year and make homemade Valentine's Day candy straight from the heart! Those who have signed up can come back Friday, February 11 at 11:00 AM to wrap up their chocolates to give as gifts if they wish.

NEUROGRAPHIC ART, PART 1 & 2

Part 1—Wednesday, February 16
Part 2—Friday, February 18
11:00AM—Sign up Required
Neurographic Art looks like neurons or nerve cells in your brain. We will draw a series of lines that cross each other at nexuses and then we go back and round the corners where ever a sharp corner meets. You can add features like circles, triangles or even squares. Once done with nexuses then color it in with whatever material you have. Enjoy this fun, time-disappearing, enjoyable project.

STEP BY STEP PAINTING WITH ACRYLICS*

Wednesday, February 23—11:00 AM
Sign up Required

FIT BITS: MIND AND MUSCLE

NEW WELLNESS STAFF MEMBER

Let's give Emma Hudgins a warm welcome as our new full time fitness professional. Her degree from Virginia Tech is in human nutrition. She is a certified Group Fitness Instructor and she has a weight management specialty.



If you have any questions, please contact Jonathan at 4290

GROUP EXERCISE SCHEDULE

Monday, Wednesday, and Friday

9:00-9:40 FC 1, 2&3-S&BC

9:50-10:30 FC 1,2&3- S&B & Core D

10:40-11:20 FC 1,2&3-Fit to Move (Parkinson's residents only)

1:30 -2:00 FC 1,2&3-S&B B

2:10-2:40 Pool Water Walking

Tuesday and Thursday

9:00-9:30 FC 1,2&3 Dance Aerobics (Only on Tuesday)

9:50-10:20 Pool Aqua Aerobic Fitness

10:45-11:15 FC1,2&3 Chair Yoga B

2:00-2:30 Moving &Grooving

3:10-3:40 Pool Aqua Fitness Aerobics

JOIN IN ON THE FUN OF WELLNESS

I would like to welcome anyone that is new to join the wellness programs. We are here to help you meet your goals or to set goals you have not yet realized. You may not be a person that exercises, but we have what you need to get started. We will lead you to a proper exercise program for you. This will increase your frequency, which will continue your success with the activities of daily living. Orientation must be done before starting in our programs.

ORIENTATION

Our orientation process is to help you understand how the Wellness Department works and for us to learn how we can help create the best exercise prescription for you.

Orientation Process Includes:

Taking a tour of the facility if you have not already done so.

Medical clearance form filled out by your doctor.

Health history appraisal.

Interests and goals appraisal.

Sign a waiver form.

Fitness Assessment (usually done in a separate appointment)

Exercise Prescription (usually done in a separate appointment)

If you are a current participant that needs to tweak your program or fitness assessment, update your health history, or interests and goals, we welcome you to make an appointment to do so. This will help us better help you succeed in your program.

Sources: ¹National Heart, Lung, and Blood Institute. (2005). Your guide to a healthy heart. ²Diabetes Prevention Program Research Group (2002). Reduction in the incidence of type 2 diabetes with lifestyle intervention or metformin. *New England Journal of Medicine*, 346(6), 393-403.

FIRST FRIDAY FORUM: PAGE HENLEY, LEEDSTOWN*

Friday, February 4—8:30 AM—Auditorium

Sign up at LEC Lobby-Limited to 50

The best way to describe Page's talk on the events that led to the Resolutions and their importance in 1766 is to say it is a stirring tale of a great hero, only slightly tarnished, an evil villain supporting an absent leader, over a hundred men willing to risk loss of life and property to defeat the villain, an invasion of the villain's citadel and a complete victory over him. Our hero goes on to greater things and ten years later plays a major role in founding one of the great countries of the world. And all of this happened in and around the good old Northern Neck!

AMATEUR HAM RADIO CLUB (N4RWC) MEETING

Tuesday, February 8 - 10:00 AM

Art Room 1

TECHNOLOGY DISCUSSION GROUP

Wednesday, February 8—1:30 PM

Main Street Pub

MILITARY SERVICES CLUB

Thursday, February 10—1:00 PM

Main Street Pub

All military service persons are welcome to come and share, if they wish, experience and stories while in the military.

GREAT DECISIONS DISCUSSION GROUP

Occurs every Thursday effective 1/27/2022 until

3/24/2022 from 1:00 PM to 3:00 PM

Chesapeake Game Room

NOTE: THIS CLASS IS AT CAPACITY

GREAT COURSES PLUS* "A VISUAL GUIDE TO THE UNIVERSE"

Fridays, February 11, 2022 – April 8, 2022

10:00 am - 11:00 am

Chesapeake Game Room

LIMIT: 25—Sign up required

18 Lectures in a Nine (9) weeks course.

The spectacular sights of the cosmos are now as easy to see as the stars above, with the 18 lavishly illustrated lectures of A Visual Guide to the Universe, produced in partnership with the Smithsonian. Orbit Saturn, search for water and life on Mars, and witness an armada of space telescopes uncovering the secrets of the cosmos. Embark on great voyages of discovery—you'll find the view is truly out of this world!

Dr. David M. Meyer is Professor of Physics and Astronomy at Northwestern University, where he is also Director of the Dearborn Observatory and Co-Director of the Center for Interdisciplinary Exploration and Research in Astrophysics. He earned his B.S. in Astrophysics from the University of Wisconsin, and his M.A. and Ph.D. in Astronomy from the University of California.

Each session will include two (2) lectures, approx. 30 minutes each. Please sign up in the Activities Book located in the LEC by the Resident Life offices.

LES CASHWELL: ARTIST OF THE MONTH

Les Cashwell's interest in photography dates back to 1958 in Ansbach, Germany. At the time he was a Radar Instructor at a NATO school with lots of free time. Les had full access to a photo lab with guidance from a professional German photographer. He learned to develop my camera film and how to create prints of my photos in the lab. It took him months to convert old film photos to digital. He now uses Deep Learning AI editing technology to improve the quality and to colorize some of my old photos. Les also geotags some of his old photos to specific locations of his photo shoots. At the age of 87 (attached photo) he still an active, non-professional photographer and loves going on solo photo shoots. Les also likes to post photos of places of interest on Google Maps (over 15 million public views to date). "I'm also creating QR code print versions of Virtual Tour Guides of places of interest. My camera is always close by my side, ready for any photo shoot opportunity that I might happen upon," says Les.

SPIRITUAL DEVOTION: DEDICATED, FAITHFUL AND HOLY

FROM THE CHAPLAIN:

"Every heart has its secret sorrows which the world knows not, and oftentimes we call a man cold, when he is only sad." *Henry Wadsworth Longfellow*

"They say time heals all wounds, but that presumes the source of the grief is finite."

Cassandra Clare

"There is a sacredness in tears. They are not the mark of weakness, but of power. They speak more eloquently than ten thousand tongues. They are the messengers of overwhelming grief, of deep contrition, and of unspeakable love." *Washington Irving*

"No one ever told me that grief felt so like fear." *C.S. Lewis*

There's one thing that's certain about grief, it is uncertain, unpredictable. Here's another: it is uniquely personal; and another: it is unavoidable. And yet one more: it is universal. We all have suffered loss along with the pain of grief that comes with it: many different kinds of losses really, when you think about it, and that means many different feelings and forms of pain. Here's one more thing that is certain: we should never need to go it alone. And so with that in mind, a new Grief Support Group has begun here at RWC. The group will be a safe place, a place of healing, of hope, of peace. A place where we can listen to one another, to seek to truly hear and understand one another. And to the extent we do not or cannot fully understand, nevertheless we'll be able to say this: "We care." All are welcome to come and hear, to share, and above all to care. We hope to see you there.

"If your heart be broken, may it be broken open, never to be closed again."

ONGOING OPPORTUNITIES:

TUESDAY BIBLE STUDY GROUP: continues to meet on Tuesdays at 11:00AM. in the Auditorium. We've just recently begun a new study of the Book of Philippians, famously known as the "Book of Joy"! Chaplain Houck is leading the study until our current outside visitation policy is revised. We hope to see you there!

SUNDAY WORSHIP: meets in the Westbury Clubroom on Sundays at 2:00PM. Please note: due to continuing Covid regulations in Health Services, for the time being this service is limited to residents of the Health Center and Assisted Living. I do so very much look forward to the time when we can all once again join together for worship, in-person! Until that time, we continue to provide our virtual Service of Worship on Sundays at 4:00PM on RWC TV Channel 85.

GRIEF SUPPORT GROUP

Wednesday, February 9—11:00AM
Chesapeake Game Room

The Grief Support Group got off to a great start at its first meeting in January. Please come join us on February 9th as we continue our journey to navigate the troubled waters of personal loss.

Together with Chaplain Greg, the group will be guided by residents Nancy Ellett and Sherry Mann. We hope to see you there.

IN MEMORIAM:

MR. ERNEST CARTER
DECEMBER 28, 2021

MRS. MARY ALICE MARKS
JANUARY 8, 2022

NEIGHBORHOOD KNOWING: CARE, COMMITTEES & COMMENTARY

VALENTINE'S DAY MENU 2022

She Crab Soup
Chicken Caesar Milanese (Pan fried chicken breast served w/ a Caesar salad on top with a lemon wedge garnish)
Lobster Ravioli w/ Lobster Cream Sauce
Minted Peas
Tri-colored Baby Carrots
Red Wine Risotto
Chocolate Ganache Tart
Red Velvet Bistro Cupcake
Tee's Herb Butter Yeast Rolls

HATFIELD'S AND MCCOY'S THREE PART MINI SERIES

EVERY Friday beginning
February 11 through February 25
1:00 PM—Auditorium

The rivalry between the Hatfields and the McCoy's is one of the oldest and best-known family feuds in American history. This miniseries, featuring a cast led by Kevin Costner and Bill Paxton as the family patriarchs, tells the story of the feud that nearly launched a war between Kentucky and West Virginia. Devil Anse Hatfield and Randall McCoy were close friends until near the end of the Civil War, when they return to their homes -- Hatfield in Kentucky and McCoy in West Virginia -- to increasing tensions and misunderstandings that quickly lead to all-out warfare between the clans (partially caused by a stolen pig). As hostilities grow and outside forces join the fight, the states where the families live are brought to the brink of another war as the feud makes international headlines, the states' governors clash and the U.S. Supreme Court eventually intervenes.

SATURDAY NIGHT MOVIE::
THE BEAUTIFUL FANTASTIC
February 26—7:00 PM—Channel 85

Set against the backdrop of a beautiful London garden, this contemporary fairy tale centers on the unlikely friendship between a reclusive young woman who dreams of writing children's books and a cranky widower. Facing eviction over her neglected garden, Bella (Jessica Brown Findlay) meets her grumpy, loveless, next-door neighbor (Tom Wilkinson), who happens to be an

amazing horticulturalist. Rating PG-13, Release date 2017, Running time 1:32:03.

FEBRUARY TRIPS

VIRGINIA MUSEUM OF FINE ARTS
MAN RAY: THE PARIS YEARS*

Thursday, February 17—10:00 AM

We will eat at the museum.

\$12.00 each/FREE for VMFA Members

Sign up Required

Organized by the Virginia Museum of Fine Arts and curated by Michael Taylor, VMFA's Chief Curator and Deputy Director for Art and Education, *Man Ray: The Paris Years* is timed to celebrate the 100th anniversary of Man Ray's arrival in the French capital. The exhibition includes more than 100 portraits of such cultural luminaries as Kay Boyle, André Breton, Jean Cocteau, Marcel Duchamp, Ernest Hemingway, Miriam Hopkins, Aldous Huxley, James Joyce, Méret Oppenheim, Pablo Picasso, Alice Prin (Kiki de Montparnasse), Elsa Schiaparelli, Erik Satie, and Gertrude Stein. Man Ray's portraits went beyond merely recording outward appearances and instead captured the essence of his sitters as creative individuals and documented the collective nature and character of Les Années folles (the crazy years) of Paris between the two world wars.

RIPLEY'S BELIEVE IT OR NOT MUSEUM & LUNCH*

Thursday, February 24—9:00 AM

Front Lobby

\$19.00 + Lunch—Sign up is Required

Museum with kitschy oddities on display, including shrunken human heads & rare animal skeletons.

Dining Comments can be sent to:
foodcomments@rw-c.org

Dining Reservations call Ext. 4516

Dining Immediate Assistance call Ext. 4017

Chef Flynn can be reached at Ext. 4019

TOUCHTOWN...DID YOU KNOW...?

Did you know that you don't have to sit, watch and wait to get the day's activities and announcements on Touchtown, Channel 85? You sure don't!!

Go to www.communityapps.com on your desktop computer or your mobile phone.

Sign in with your username and password (if

you don't know it or can't remember it, call Amy at 4024 or Regina at 4350). Instructions are also printed near the front of your new Resident Directory.

Once you are in go to "Our Channel". Here you can control which slide you want to see. Fast, easy and quick.

Give it a try.



Open your Alexa App on your mobile phone.

Go to lower right hand corner and press "MORE"

Go to "Skills & Games"

At top of screen, press search icon and type "my community touchtown"



Launch "My Community" next to icon.

If it asks you for a PIN# it is **4404**.

Phrase: Alexa, ask My Community

- what's for dinner today?
- What are today's activities?
- What's happening on Friday?

Give it a try. Need help? Call Amy at Ext. 4024 or Regina at Ext. 4350

HOOKED ON BOOKS: EXPLORE, DISCOVER AND LEARN

The RWC Book Group's February selection is *The Woman In The Window* by A. J. Finn, a story in which things are not as they seem. The book has been made into a movie starring Amy Adams—this is not the 1944 movie of the same name that starred Edward G. Robinson. Join us for the discussion on Monday, February 28th at 10:30 a.m.

New Non-Fiction: In *Miscellaneous*, *They Never Threw Anything Away: Memories of the Great Depression by Those Who Lived It* by Ed Linz, donated by John Hess, and *The Barbi-zon: The Hotel That Set Women Free* by Paula Bren, donated by Nina Walls. A 2021 *History: In The Neighborhood of Zero: A World War II Memoir* by William V. Spanos, donated by John Hess. In *Biography*, there is one titled *Martha Washington* and one about by musician Stevie Van Zandt, titled *Unrequited Infatuation*.

And New Fiction: We have two copies of Michael Connelly's 2021 Mystery, *The Darkest Hour*, one in Large Print from Elaine Lowrey and one in regular print from Jay White. And we have eight John Sanford Mysteries, with one, *Holy Ghost*, in Large Print, and the rest in the Mass Media Books section, all donated by Rosemarie Forcum. We also have two 2020 Large Print books, David Baldacci's *Daylight*, and Nora Robert's *The Awakening*. In Fiction Paperback, we have a book about an old people's home, *Golden Roamers*. The boaters among us will like *The Song and the Stream* by Steve Kincheloe. Two other 2021 Fiction: *Cloud Cuckoo Land* by Anthony Doerr and *Oh William!* by Elizabeth Strout. From Tanya Bohlke we have *The Mammoth Cheese* by Shari Holman:

"The original Mammoth Cheese was a gift presented to President Thomas Jefferson in 1802; in this story, a dairy farmer in Virginia is talked into creating another giant cheese as a gift to the president."

Special Virginia News: We've just received *The Sun Is But A Morning Star*, the third of the Connie Lapallo trilogy spanning 1592 to 1652, and based on the story of Joan Peirce and the women and children of Jamestown, Virginia. Also just in, *The Jamestown Brides: The Bartered Wives of the New World*. The 2021 *Washington at the Plow* by Bruce A. Ragsdale is specifically about George Washington's agricultural land use decisions.

January Is Inventory Time, led by Pat Kirby and Katherine Lantz. Each year, we make the rounds of the Library, pulling out each book and looking at the Library card to check for the last time anyone checked out the book. We grow by 350 books a year, and we need to make space for the new books. Thus books that haven't been read in the last five years are discarded. Amazingly, we have a dozen large print books that date back to 2005, when the library inventory was "computerized." The books are by David Baldacci, Maeve Binchy, Mary Clark Higgins, Tony Hillerman, Jan Karon, Belva Plain, Anne Perry, Elizabeth Peters, Nora Roberts and Nicholas Sparks, all old friends!

Hip, Hip, Hooray! A photograph of the Stitching Stars' Library wall hanging is the cover of the 2022 RWC Resident Telephone Directory.

Lois Williams – RW-C Residents Association Library Chair