



Rappahannock Westminister-Canterbury  
132 Lancaster Drive  
Irvington, VA 22480

# Gazebo Gazette

**YOU MAY SIGN UP FOR ANY PROGRAMS OR EVENT BEGINNING MAY 1 AT THE FRONT DESK.**

**2021 KENTUCKY DERBY**

Saturday, May 1-Post time is 6:50 PM on NBC  
Winners will be posted on Channel 85 on Sunday, May 2 at 10:00 AM.

**THE WESTMINSTER-CANTERBURY DOG SHOW & COMPETITION\***

Wednesday, May 26—1:00 PM  
Front Parking Lot  
SIGN UP AT THE FRONT DESK

Start training your pooch now for the 2nd Annual Westminister-Canterbury Dog Show & Competition.

- Categories will be:
- Best treat catcher
  - Best paw shaker
  - Best lap dog
  - Best kisser
  - Best wiggle butt (tail-wager)
  - Owner/Dog look alike
  - Best Veteran (senior dog— 7+ years)
  - Musical sit competition (like musical chairs)
- Dogs must be on a leash at all times and owners are responsible for keeping their dogs under control.



Resident, Milena Vansant with Leo, a 130lbs. Berdoodle (St. Bernard/Standard Poodle mix.)

**SAVE THE MEMORIES**

It's almost summer and Father's Day is quickly approaching. RWC would like to honor fathers June 14 through June 18 with a display of A Father's Love- a

tribute on the Longest Day. The Alzheimer's Association celebrates the Longest Day on the Summer Solstice, the day with the most hours of daylight during the year. This year that falls on Father's day, June 20<sup>th</sup>. If you have a picture of your father and/or a pleasant memory of your father, we will post the pictures in the Administration Hall and a video to honor these men. Please turn in a picture and/or a brief synopsis of that pleasant memory to Denise Kenner no later than June 7<sup>th</sup>. Your submissions will be posted and returned to you. Thank you for supporting the fight to cure Alzheimer's Disease.

**THE SMALL HOUSE**

With the rapidly progressing construction of the Small House, perhaps it is time to reflect on the purpose of the Project. The Small House brings an innovative environment and approach to supportive living and care to residents who are experiencing mild to moderate cognitive impairment or memory challenges. The potential for improved resident quality of life far exceeds what is possible in traditional or institutional care settings because great care is provided in a home-like, supportive environment. The Small House is a residentially styled, specially equipped home with eight private suites each featuring a sleeping area, living space and a full private bathroom with shower. Residents will likely spend more time enjoying the large, bright activity space, full kitchen and home-like dining area, safe outdoor space, and engaging programming developed by the residents and their specially trained and dedicated team of enablers. The Small House features a service garage for the delivery of supplies, food, and supportive services and full generator power enabling the House to function independently. Based on the current construction schedule, the Small House should be opening this fall.

*The deadline to submit articles for the June 2021 issue is **Friday, May 21 by noon.** Contact us: 804-438-4000*

Like us on **FACEBOOK**



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- KEY
- APT
- Apartment Lobby
- AR1
- Art Room #1
- AR2
- Art Room #2
- ATR
- Atrium
- AUD
- Auditorium
- BLR
- Boiler Room
- CGR
- Chesapeake Game Room
- COR
- Corrotoman Room
- CPL
- Chapel
- DRB
- Dining Room Breezeway
- FCR1, 2 or 3
- Fitness Classroom #
- FPL
- Front Parking Lot
- FRL
- Front Lobby
- GAL
- Gallery Hall
- HOB
- Hobby Room
- KCT
- King's Court
- LAN
- Lancaster Room
- LEC
- Life Enrichment Center
- LIB
- Library
- LVG
- Lakeview Grille
- MSP
- Main Street Pub
- OTR
- Outpatient Therapy Room
- RAP
- Rappahannock Room
- RCL
- Resident Clinic
- TGP
- Thomas Garden Patio
- WCN
- Westbury Center
- WCR
- Westbury Club Room

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>MAY 2021</b>	<b>Detach the cover of <i>The Gazebo Gazette</i> and place it on your fridge or desk to view the activity schedule for the entire month. Activities are subject to change. Please watch RWC -TV, Channel 85 daily for the latest updates. REMINDER: WE WILL HAVE A MAX OF 6 PEOPLE SIGN UP FOR TRANSPORTATION FOR OFF CAMPUS TRIPS INCLUDING WEEKLY SHOPPING. An asterisk (*) means a RSVP or sign up is required.</b>					6:50-NBC-Kentucky Derby 1 Post Time
4:00-CH85-Sunday Worship <b>2</b>	10:00-FRL-Shopping* 10:00-AUD-Gloucester Encounters in History* <b>3</b> 11:00-MSP-Parkinson's Caregiver Support Group 12:00-FRL-Trip to The Poddery* 1:00-AR2-Art with Pam 1:00-CGR-Catch Phrase 2:30-CH85-Update with Stuart 4:00-CGR-Darts 4:30-AUD-Caregiver's Memory Support Group	10:00-AR2-Chat & Craft 11:00-AR1-Grocery Pick Up <b>4</b> 11:00-AUD-Bible Study 11:00-AR2-Art with Amy: Step by Step Painting* 1:00-AR2-AR2-Art with Amy: Step by Step Painting* 4:00-AUD-Spark Program: Trivia & Word Games	<b>CINCO DE MAYO</b> <b>5</b> 10:00-AUD-Residents Association Board Meeting 1:00-AR2-Stitching Stars Quilting Group 7:00-CGR-Men's Poker Group	10:00-AUD-Great Courses* <b>6</b> 12:30-FRL-Trip to Brent & Becky's Bulbs* 3:00-LAN-Praying the Rosary	11:00-AR2-Jewelry Making* <b>7</b> 12:00-AUD-Dance Extravaganza from 2015* 1:30-AR2-Cornhole	<b>8</b>
<b>MOTHER'S DAY</b> 11:00-1:30-LVG-Mother's Day Brunch* <b>9</b> 4:00-CH85-Sunday Worship	10:00-FRL-Shopping* 1:00-AR2-Art with Pam <b>10</b> 1:00-CGR-Catch Phrase 2:30-CH85-Update with 2 Stuart 4:00-CGR-Darts	10:00-AR2-Chat & Craft <b>11</b> 11:00-AR1-Grocery Pick Up 11:00-AUD-Bible Study 11:00-AR2-Art with Amy: Faux Stained Glass, Part 1*	10:00-AR2-Activities Committee Meeting <b>12</b> 11:00-AR2-Art with Amy: Faux Stained Glass, Part 2* 11:00-LAB-Labyrinth Walk 7:00-CGR-Men's Poker	10:00-AUD-Great Courses* <b>13</b> 10:00-AR2-Food Committee Meeting 11:30-AUD-Presentation: Dr. Peirce's Babies and Home Birth Records Margaret Forrester and Page Henley 3:00-LAN-Praying the Rosary	12:00-AUD-Dance Extravaganza from 2018* <b>14</b> 1:30-AR2-Cornhole	<b>15</b>
4:00-CH85-Sunday Worship <b>16</b>	<b>TAX DAY</b> <b>17</b> 10:00-FRL-Shopping* 1:00-AR2-Art with Pam 1:00-CGR-Catch Phrase 2:30-CH85-Update with Stuart 4:00-CGR-Darts	10:00-AR2-Chat & Craft <b>18</b> 10:00-FRL-Trip to Historic Menokin and Lunch* 11:00-AR1-Grocery Pick Up 11:00-AUD-Bible Study	10:30-AR2-Making <b>19</b> Paper Flowers with Maria* 1:00-AR2-Stitching Stars Quilting Group 7:00-CGR-Men's Poker Group	10:00-AUD-Great Courses* <b>20</b> 11:30-FRL-Lunch Bunch to The Table in Deltaville* 2:00-AUD-Parkinson's Support Group Meeting* 3:00-LAN-Praying the Rosary	12:00-AUD-Dance Extravaganza from 2019* <b>21</b> 1:30-AR2-Cornhole  <b>DEADLINE FOR GAZEBO GAZETTE ARTICLES</b>	10:00-FPL-Memory Lane Car Club Show <b>22</b> 7:00-CH85-Saturday Night Movie: Hoosiers
4:00-CH85-Sunday Worship <b>23</b> 6:30-AUD-Richmond Ballet Virtual Performance*	10:00-FRL-Shopping* <b>24</b> 10:30-RAP-RWC Book Group 1:00-AR2-Art with Pam 1:00-CGR-Catch Phrase 2:30-CH85-Update with Stuart 4:00-CGR-Darts	10:00-AR2-Chat & Craft <b>25</b> 11:00-AR1-Grocery Pick Up 11:00-AUD-Bible Study 1:00-AUD-Perspectives: America's Most Underrated Artists	1:00-FRP-Westminster <b>26</b> Canterbury Dog Show* 7:00-CGR-Men's Poker Group	10:00-AUD-Great Courses* <b>27</b> 11:00-MSP-Macular Degeneration Support Group* 1:00-AUD-Harvard Live: Pandemic Ethics with Michael Sandel* 3:00-LAN-Praying the Rosary	1:00-FRL-Trip to Steamboat Era Museum* <b>28</b> 1:30-AR2-Cornhole	<b>29</b>
1:00-FLP-Memorial Day Service <b>30</b> 4:00-CH85-Sunday Worship	<b>MEMORIAL DAY</b> <b>31</b> 1:00-CGR-Catch Phrase 4:00-CGR-Darts  <b>SHOPPING SCHEDULE FOR TUESDAY THIS WEEK.</b>					

## GREETINGS FROM THE PRESIDENT/CEO

Earlier today as the Gazette submittal deadline loomed, I lamented to Greg about the challenge of coming up with a topic for Gazette articles. There are always topics – topics I’ve already covered, topics of interest to only a few, topics I’m not qualified to address, topics that are too broad – Alas – too many topics. So I bring it back to our community – the Goldilocks “just write” topic – and the Spring ReLeaf that was just what we all needed.

A new and unique concept for RWC, the Spring ReLeaf arrived at the perfect time as Spring does, to lift our spirits and souls from the down low of the seemingly endless winter of the pandemic. We certainly were long overdue for a bit of relief, and how appropriate and timely it was just as the trees, shrubs, and flowers were starting to re-leaf and bloom. I think we all gained our leaves and blooms that afternoon as we gathered safely for food, drink, music, and most importantly fellowship. Perhaps some form of Re-Leaf for the other seasons may be in our future.

One of my college professors, Dr. Donald Keyser, who interestingly enough had ties to this area, often remarked the fellowship over food is one of the most intimate experiences of humankind. He is right. Fellowship has been hard to achieve in the sense we most enjoy it since the pandemic brought its precautions, but in a slightly modified fashion outside under the tents on an absolutely perfect late afternoon it returned to our neighborhood.

The Spring ReLeaf was “just what we all needed” to borrow the wise and resounding words of a resident. It was like a glass of fine wine, soft crabs, the first corn, or azaleas blooming – reasonably short-lived, but remarkably memorable. Hearts warmed, souls refreshed, spirits connected, - “just what we all needed” to strengthen and enable us for the next day of the journey. May God Bless and Keep Us All.



## PLANS UNDERWAY FOR MONARCH SANCTUARY AT RWC

Nick Ferriter and Jane Henley are developing a plan to make our campus and meadows at RWC a Monarch Butterfly Sanctuary. Step one has been to identify all common milkweed plants currently growing in our meadows behind the new resident homes on Denegre Drive and to flag them so they won’t be cut down during the two major meadow cuttings on Memorial Day and Labor Day. This has been accomplished for por-

tions of the meadows. Secondly we would like residents who enjoy gardening to choose to plant any type of milkweed they choose. Plants can be secured at some nurseries, or at special sales by the Northern Neck Native Plant Society or other nature organizations. Nick has identified a wholesale grower in Mathews County and has ordered several plats of Marsh Butterfly Weed which will be ready for sale to you early in June. Amy Lewis will alert you to the date of sale when the plants arrive. You must know by now that Monarch Butterflies are disappearing all over the country. They lay their eggs exclusively on butterfly weed, of which you see along highways, etc. Any residents who have ideas how to best help residents plant their own specimens, please contact Nick Ferriter. We are just beginning this challenge.

## NEW RWC NATURE CENTER IS COMING ALIVE

Attention all members of the RWC community. While our trees and flowers at RWC were sleeping this winter, Damon Chowning, our grounds and landscaping guru, was putting together a handsome kiosk where the Beaver Dam and Wood Duck Trails begin near the dam for our beautiful lake. It will serve as the Nature Information Center for all who wish to know what is in bloom now on the trails and the rest of the campus. Brochures featuring names of trees, bushes, birds, and flowers will be available, as well as what is blooming now. The Grounds and Landscaping committee will add information when appropriate. During the month of May all walkers are encouraged to visit the trails to see the blooming Mountain Laurel which is abundant on the Beaver Dam Trail in the latter part of the month. Also look for the “Sweet Pepperbush” (*Clethra alnifolia*) on the Wood Duck Trail. If you get weary while walking, you can take a rest and maybe a picnic lunch on the Water’s Edge trail where there is a picnic table. In case you missed the walk this past month, be sure you take a short walk on the Old Tree Trail and see our three elderly giants that continue to put out growth. Resident Tom Teeples has supervised the presentation and care of these trees and in May the grass will be a beautiful green and set them off magnificently. Happy hiking, or meandering. The protruding roots have been painted orange so you won’t trip. No trails are better maintained anywhere!

By Jane Henley, Chair Grounds and Landscaping Committee

## GLOUCESTER ENCOUNTERS IN HISTORY

**Monday, May 3—10:00 AM—Auditorium**

What is today Gloucester County was the site of historic encounters in both 1607 and 1781. Between these two encounters, Gloucester County enjoyed a golden age of growth and prosperity that put it at the very center of the Virginia colony. This is the story of those events. Run time: 20 minutes.

## 2015 DANCE EXTRAVAGANZA

**Friday, May 7—12:00 PM—Auditorium**

Dick Saxer was the M.C. for the 18<sup>th</sup> annual Dance Extravaganza; a show billed as a one-of-a-kind event, presented by The Kilmarnock Museum and sponsored in part by the Rappahannock Foundation for the Arts. The line-up featuring dancers from Linda’s School of Dance and Spotlight Studio of Dance; the winner of “Williamsburg Got Talent,” Christian Grech; “The Singing Plumber,” Reedville’s own Tommy Thompson; The Northumberland High School Indian Spirit Dance Team; The Peanut City Cloggers of Suffolk; and the People’s Choice Award winners from “Dancing with the Northern Neck Stars,” Ed and Isabelle Bunch.

## LANCASTER VIRGINIA HISTORICAL SOCIETY: DR. PEIRCE’S BABIES AND HOME BIRTH RECORDS MARGARET FORRESTER AND PAGE HENLEY

**Thursday, May 13—11:30 AM—Auditorium**

Genealogy and history researcher Margaret Lumpkin Forrester recently published, Home Birth Records of Dr. Chichester Tapscott Peirce 1919-1954: Lancaster, Richmond and Northumberland Counties in Virginia, featuring information on 1,400 babies, from both African-American and Caucasian families, delivered by Dr. Peirce of Nuttsville. The program also will include remarks by Dr. Peirce’s grandson and biographer, R. Page Henley Jr.

## 2018 DANCE EXTRAVAGANZA

**Friday, May 14—12:00 PM—Auditorium**

The theme is “Broadway Comes to Kilmarnock.” The Peanut City Cloggers of Suffolk will headline the show with the Spotlight Studio Dancers of Midlothian.

Local talent will feature Etude Studio of Ballet of Kilmarnock, Linda’s School of Dance of West Point and Kilmarnock, the Indian Spirit Dance Team of Northumberland High School and Kristen and Charlotte Blackwell of Reedville.

## 2019 DANCE EXTRAVAGANZA

**Friday, May 21—12:00 PM—Auditorium**

Etudes Ballet School on Main Street in Kilmarnock will be one of the primary sources of performers with four different songs including “Rockin’ Robin.” Northumberland High School’s Indian Sprits Dance Team also will be featured.

## SATURDAY NIGHT MOVIE

**May 22 —7:00 PM—Channel 85**

**Feature: Hoosiers**

*Hoosiers* (released in some countries as *Best Shot*<sup>[3]</sup>) is a 1986 American sports film written by Angelo Pizzo and directed by David Anspaugh in his feature directorial debut. It tells the story of a small-town Indiana high school basketball team that enters the state championship. It is loosely based on the story of the Milan High School team that participated in the 1954 state championship. Gene Hackman stars as Norman Dale, a new coach with a spotty past. The film co-stars Barbara Hershey and Dennis Hopper, whose role as the basketball-loving town drunk earned him an Oscar nomination.

## RICHMOND BALLET VIRTUAL PERFORMANCE\*

**Sunday, May 23—6:30 PM—Auditorium**

**Limit: 40—SIGN UP AT FRONT DESK**

Extraordinary dancing for extraordinary times. These Studio Series performances will feature Richmond Ballet favorites presented in new ways, paired with new works that reflect current times – all designed to awaken and uplift the human spirit.

## FIT BITS: MIND AND MUSCLE

### ORIENTATION FOR THE WELLNESS DEPARTMENT

Our orientation process is to help you understand how the Wellness Department works and for us to learn how we can help create the best exercise prescription for you.

Orientation Process Includes:

- Taking a tour of the facility if you have not already done so.
- Medical clearance form filled out by your doctor.
- Health history appraisal.
- Interests and goals appraisal.
- Sign a waiver form.
- Fitness Assessment (usually done in a separate appointment)
- Exercise Prescription (usually done in a separate appointment)

As you get involved in our program, if you have any changes in the appraisal or need a change in your exercise prescription, please let us know.

We will update and take care of your exercise needs.

Please contact Jonathan at 4290 or Alex/Demetrick at 4852.

### WALKING CHALLENGE

Come join us in participating in our Walking Challenge. For the Walking Challenge this year we are going to have popsicle sticks to pick-up instead of passports with hole punches. There will be 5 different walking "trails". Each trail will have 3 to 4 popsicle stick pick-up locations with each trail having different colored and numbered popsicle sticks. There will be hand sanitizer at each pick-up location. We have maps available that will show you each of the pick-up locations. The walker will collect a popsicle stick from each location and return them back to the Life Enrichment desk. You will then put your name on a piece of paper and wrap a rubber band around the bundle of popsicle sticks. We look forward to seeing you out walking!

### CROQUET

We have started the croquet season. We have a sign-up link for King's Court which you can get from Jonathan or call him to sign-up for a slot. In the slot, you will put the names of the 4 participants that will be playing at that time. King's Court will be available Monday through Sunday. You will need to check out a mallet and ball each time you want to play which will be available at the LEC front desk. If you are playing after 3:30 pm during the week, please check out your mallet and ball before then. If you are planning on playing on the weekend, please check out a mallet and ball before 4:00pm on Friday. You can either return the mallet and ball back to the LEC front desk or leave it down in the deck boxes at King's Court. We will clean the equipment so it's ready for the next person to use. Below are the schedule times for the king's court.

#### Monday-Sunday

8:30am-9:30am  
9:30am-10:30am  
10:30am-11:30am  
11:30am-12:30pm  
12:30am-1:30pm  
1:30pm-2:30pm  
2:30pm-3:30pm  
3:30pm-4:30pm  
4:30pm-5:30pm

### PARKINSON'S SUPPORT GROUP

Wednesday, May 20—2:00 PM—Auditorium

Our featured speaker will be Jennifer Hinton, Occupational Therapist here at RWC. She will have adaptive equipment on hand and demonstrate their uses for people with Parkinson's. This meeting is for RWC residents only.

### MACULAR DEGENERATION SUPPORT GROUP\*

Thursday, May 27—11:00 AM—Main Street Pub  
Limit: 8—SIGN UP AT FRONT DESK

This is a resident run support group to share ideas and discoveries on how to live better with Macular Degeneration.

### ART WITH AMY CLASSES IN MAY

Please be sure you can attend both classes that are a 2 part class. Please sign up at the Front Desk to attend any of these classes.

#### STEP BY STEP PAINTING: FIELD OF LAVENDER\*

Tuesday, May 4—11:00 AM and 1:00 PM

Art Room—Limit: 8—SIGN UP AT FRONT DESK

Two classes will be offered the same day to give everyone a chance to come and enjoy painting. The same painting will be done in both classes, so please just sign up for one.

#### JEWELRY MAKING

Friday, May 7—11:00 PM—Art Room 2

Limit: 8—SIGN UP AT FRONT DESK

Create your own piece of art making necklaces, earrings, bracelets and rings.

#### FAUX STAINED GLASS, PART 1 & 2

Tuesday, May 11 (Part One)

Wednesday, May 12 (Part Two)

Art Room 2—Limit: 8—SIGN UP AT FRONT DESK

Back by popular demand. You will fall in love with this craft!! It is so easy and so fun. You will want to do more....and we will.

#### SPARK PROGRAM

Tuesday, May 4—4:00 pm—Auditorium

Spark program- the first Tuesday of every month at 4:00pm in the Auditorium. Learn new ways to challenge the brain and keep the brain sharp. Word games, trivia, sensory stimulation and more.

#### MAKING PAPER FLOWERS WITH MARIA\*

Wednesday, May 19-10:30 AM-Art Room 2

LIMIT: 8—SIGN UP AT FRONT DESK

It's so easy to learn how to make spiral paper roses! It's quick and easy. You can make them to use in paper flower bouquets or other projects.

#### PERSPECTIVES: AMERICA'S MOST UNDERRATED ARTISTS

Tuesday, May 25—1:00 PM—Auditorium

Waldemar travels to small town America, and after exploring overlooked and undervalued artists, he

examines the leading sculptor of Abstract Expressionism: David Smith. Run time: 58 minutes.

#### HARVARD LIVE: PANDEMIC ETHICS WITH MICHAEL SANDEL

Thursday, May 27—1:00 PM—Auditorium

Limit: 40—SIGN UP AT FRONT DESK

Michael Sandel leads Harvard students, faculty, and staff in a lively discussion about the big social, ethical, and political questions raised by the COVID pandemic. View this University-wide discussion on Pandemic Ethics: Should we use surveillance technologies to monitor compliance with social distancing? If hospitals have too few ventilators for those in need, how should they be allocated? Should we be willing to risk some loss of life to restart the economy? Run time: 50 minutes

#### GREAT COURSES PLUS\* "MUSIC AS A MIRROR OF HISTORY"

Thursdays, May 6 – July 15—10:00 am

Auditorium—Limit: 25—SIGN UP AT FRONT DESK

24 Lectures in a Twelve (12) weeks course.

In *Self-Reliance and Other Essays*, the always quotable Ralph Waldo Emerson wrote: "The true poem is the poet's mind; the true ship is the ship-builder. In the man we should see the reason for the last flourish and tendril of his work." To this, we might add: The true musical composition is the composer. The creator and his or her creation are not divisible. A creation, whatever it might be, is to some unique degree, a reflection of its creator, who in turn is shaped by the time and place in which he or she lives. The individual composer, an individual composition, a particular time and place: Together, they constitute a symbiotic, indivisible trifacta. At the most general level, a composer's environment shapes his musical style, meaning the generalized musical vocabulary and expressive parameters of his work. But sometimes, specific historical events shape the creation and content of a piece of music, and that's what this survey is about: music written in direct response to contemporary historical events. As such, this will be a course about connections: the connections between composers and historical events—events that shaped the composers' lives and inspired the creation of the works under study.

## SPIRITUAL DEVOTION: DEDICATED, FAITHFUL AND HOLY

"When you like someone, you like them in spite of their faults. When you love someone, you love them with their faults." *Elizabeth Cameron*

"If you wish to be loved, show more of your faults than your virtues." *Edward Bulwer*

"Love is like quicksilver in the hand. Leave the fingers open and it stays. Clutch it, and it darts away." *Dorothy Parker*

"Love rarely overtakes; it mostly comes to meet us." *Wilhelm Stekel*

I like those quotes: they're interesting and maybe even motivational. But honestly, I'm not so sure what some of it actually means! Love can be that way sometimes: fuzzy, fleeting, a feeling, ebbing and flowing, fading and growing. If anything's hard to pin down it's love. But then there's this: "Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails." *I Corinthians 13:4-8* This is not vague but clear; not merely inspirational but eminently practical. And of course anything practical takes practice! Love takes practice. Don't be discouraged by it but instead keep at it. Years ago (but not as long ago as the Apostle Paul) the philosopher Erich Fromm wrote about love, including what kinds of things might keep us from mastering it. A key insight: love is an art, like so many other things such as music or painting or even medicine or engineering. Learning the theory is critically important, yes, but that's only the beginning. Then comes mastery of the practice,

and that takes focused caring over time, even a lifetime. We've surely had our share of practice this past year and we've not come up lacking. The challenges we've faced as a community have not diminished but rather nurtured our love, giving it greater opportunities to blossom and grow. Adversity can do that. We've had a lot of practice in patience, have we not?! We've practiced perseverance, and kindness, and selflessness, and trusting others and hoping for a better future, and indeed we are the better for it. Good things never come easily. But in the end how true we've found this to be: "Love never fails." Chaplain Greg Houck

### UPCOMING...

#### GROUP LABYRINTH WALK

Wednesday, May 12th - 11:00AM

**Tuesday Bible Study Group** continues to meet on Tuesdays at 11:00AM. in the auditorium. Our topic is the *Book of Psalms*. Chaplain Houck is leading the study until our current outside visitation policy is revised. We hope to see you there!

#### IN MEMORIAM

**MRS. MARY ALICE EUBANK**  
**MARCH 25, 2021**

### TRIP TO THE PODDERY IN MATHEWS\*

**Monday, May 3—12:30 pm—Front Lobby**  
**LIMIT: 8—SIGN UP AT THE FRONT DESK**

Pottery Studio and Showroom in beautiful Mathews County on Virginia's Middle Peninsula for over thirty years.

Owners Robert and Karen Podd welcome visitors to their showroom, which features the area's largest selection of handmade pottery. Each piece of pottery is handcrafted at The Podderly.

The Podderly's showroom is filled with functional pottery, decorative tiles, sculptural wall pieces, drawer pulls, bird houses and Chesapeake Bay Wildlife themed pottery. All of our functional pottery is **Microwave, Dishwasher and Oven Safe**. Weekly kiln firings constantly produce new work for the Podd's extensive showroom.

### TRIP TO BRENT & BECKY'S BULBS\*

**Thursday, May 6—10:00 AM—Front Lobby**  
**LIMIT: 8—SIGN UP AT THE FRONT DESK**

Since 1900, Brent & Becky's family has been growing beautiful bulbs in Gloucester, Virginia. Their journey started with Brent's grandfather, a devoted lover of the Daffodil, moved to the area to start his farm. Since then, they have evolved to offer high-quality bulbs of all kinds, tropicals, perennials, annuals, supplements, books, and gifts. Their team, led by Brent and Becky Heath, works on our 28-acre farm here in Gloucester, Virginia. They are proud flower bulb suppliers, garden writers, photographers, lecturers, consultants, and educators. Over 8 acres of our property is devoted to educational gardens where we invite visitors to learn more about sustainable gardening.

### TRIP TO HISTORIC MENOKIN AND LUNCH AT NORTHERN NECK BURGER IN TAPPAHANNOCK\*

**Tuesday, May 18—10:00 AM—Front Lobby**  
**LIMIT: 14—SIGN UP AT THE FRONT DESK**

Menokin, also known as Francis Lightfoot Lee House, was the plantation of Francis Lightfoot Lee near Warsaw, Virginia. Lee was a signer of the United States Declaration of Independence. Menokin

was declared a National Historic Landmark in 1971. Although Menokin is now in ruin, a remarkable collection of Colonial architectural elements remains. Sign up at the Front Desk to see Georgian style architecture and take a tour of much more.

### LUNCH BUNCH TO THE TABLE IN DELTAVILLE\*

**Thursday, May 20—11:30 AM—Front Lobby**  
**LIMIT: 8—SIGN UP AT THE FRONT DESK**

Simply delicious food.

### MEMORY LANE CAR CLUB SHOW

**Saturday, May 22—10:00 AM to 2:00 PM**  
**Front Parking Lot**

The "Memory Lane Car Club" was formed on 23 JAN 2011 for the express purpose of owners of antique, classic and even exotic motor vehicles to get together, enjoy operating, working on, exhibiting and driving our machines. "It's all about ENJOYMENT!" We are not bound by any rigid rules, organizations or structure. Just a group of fun-loving "motor heads" interested in preserving automotive history. We do have an elected advisory board that serves rotating terms and helps to coordinate things.

### TRIP TO THE STEAMBOAT ERA MUSEUM IN IRVINGTON\*

**Friday, May 28—1:00 PM—Front Lobby**  
**LIMIT: 8—SIGN UP AT THE FRONT DESK**

The Steamboat Era Museum opened its doors in 2004. It tells the story of the steamboats and how they altered the lives of everyone along the Chesapeake Bay.

The steamboats provided an economic lifeline. The cities of Norfolk and, more predominantly, Baltimore acted as gateways to the world beyond. The cities provided the markets, the towns provided the goods, and the steamboats provided a means to both.

The era is brought to life with models, artifacts, photos. Here you can step back into time; a romantic time full of adventure, splendor and prosperity.

## NEIGHBORHOOD KNOWING: CARE, COMMITTEES & COMMENTARY

Dining Comments can be sent to:

foodcomments@rw-c.org

Dining Reservations call Ext. 4516

Dining Immediate Assistance call Ext. 4017

Chef Flynn can be reached at Ext. 4019

### CINCO DE MAYO LUNCH MENU

Wednesday, May 5, - 11:00 AM—1:30 PM

Lakeview Grille

(Carry-out or Dine-in Reservation)

Mexican Chicken & Corn Chowder

Fiesta Salad with Corn, Black Beans,

Grape Tomatoes & Crisp Tortilla Chips

Cilantro Lime Roast Mahi Mahi

Slow Cooked Pork Carnitas in a Soft Flour

Tortillas with

Lettuce, Diced Tomatoes, Shredded Cheddar  
Cheese,

Salsa & Sour Cream

Southwest Rice Pilaf

Steamed Zucchini

Key Lime Pie

### RECYCLE COMMITTEE NEEDS YOUR HELP

The Recycle Committee needs one additional participant and one or two subs. There are four two-person teams that are assigned one weekend a month. It takes about one hour on Sunday to prepare the trash sites and one hour Monday morning to load and unload the RWC truck. We recycle newspapers, junk mail, magazines and cardboard. If you can help with this valuable activity or want more information, contact Don Gilmore.

The fairer gender is welcome.

Don Gilmore, #706

Ext. 4232

gilmoreDL15@gmail.com

### MOTHER'S DAY SUNDAY BRUNCH

Sunday, May 9, 2021

There will be No Waited Service. Wine will be served going through the Grille line and you may seat yourself.

2 per small table

4 per larger table

Will be taking reservations at Ext . 4016

(limited seating) starting Monday, April 19<sup>th</sup>.

The Grille Will be closed for Dinner, we will be providing Box Dinners.

Please place you order for a Box Dinner which can be picked up by 5pm.

Cream of Spinach Soup

Smoked Salmon on a Bed of Mixed Greens  
with Cucumbers, Black Olives & Grape Tomatoes

Challah Bread French Toast with Sausage Links  
& Fresh Blueberries

Petit Filet Mignon Steak with

Boursin Cream Sauce

Grilled Chicken Breast with Wine Sauce

Asparagus

Fried Cauliflower

Tri-Colored Fingerling Potatoes

Assorted Desserts

## HOOKED ON BOOKS: EXPLORE, DISCOVER AND LEARN

The RWC Book Group's May selection is *We Begin At the End*—about a sister and brother coping with the loss of their only parent. The story is compelling , so try to press on through the harsh language. Jay White, who donated the book, will join us for the discussion on Monday, May 24, at 10:30. We welcome new Book Group participants. The Library provides two copies of the month's selection, and each of us makes an effort to read the book in four or five days and return it for the next reader.

The new RWC Library Book List is hot off the press! We have 2,783 books, about the same number as last year at this time, despite acquiring 384 books in the last 365 days! That's because Pat Kirby and Katherine Lantz are fierce about discarding books that aren't being read! And Kent McCraney, Kerley LeBoeuf and Michelle Blank are equally fierce about getting the computer listing right!

Others at work in the library: Mary Kay Davies, Nina Walls and Katherine Lantz do "book processing," Sally LeBoeuf and Ann Wiggins take care of our readers in Assisted Living, and Mary Anne Campbell brings coffee table books to public spaces. Our faithful book shelvees are Tanya Bohlke, Kerley LeBoeuf, Rosemarie Forcum, Susan McKenna and Katherine Lantz (a once-a-week job). Recent retirees after years and years of service as shelvees are Tish King, Mary Alice Eubank, Page Henley and Alice Hellen Wohlleben. Pat Beard stepped down five years ago as Director, and we're still doing things the way Pat taught us!

2021 books are rolling in. Three were donated by Tanya Bohlke, *This Close to OK*, *People Like Her and Girl A*. Three were donated by Jay White, *Transient Desires* (Donna Leon's 30<sup>th</sup> Commissario Guido Brunetti mystery), *Not Dark Yet* by Peter Robinson, and *Dr. Disaster's Guide to Surviving Anything*. And a 2021 book came from the RWC bus trip to Gloucester County – *Lawyer Walker*, a biography of Thomas Calhoun Walker, shelved in Virginia. A 2020 book from Linda Stemple, *The Yellow Bird Sings*, comes highly recommended.

New in Large Print: *Twenty* by James Grippando, a 2021 Mystery, *Deadly Cross* by James Patterson, a 2020 Mystery, and *All That Glitters* by Danielle Steel, a 2020 Fiction, all from Elaine Lowery. *The Great Influencer: The Story of the Deadliest Pandemic* is a Large Print Non-Fiction from Jean Gilmore.

Also New: *Free Food For Millionaires* by Min Jin Lee, *How Not To Die Alone* by Richard Roper, *Alamo in the Ardennes* by John C. McManus (History), *Too Much and Not Enough*, about Donald Trump's youth (Biography), and, honoring his writing life, five novels by Larry McMurtry. New-to-us Paperbacks include *Olive Again* by Elizabeth Stout and *The Nickel Boys* by Colson Whitehead, both from Jane Henley, and *The Age of Innocence* by Edith Wharton, from Jean Gilmore. Look for two extraordinary books: *Q&A: A Morattico Murder Mystery* by Jeremy Crossland Peill and *Narrow Waters* by Dee Carstarphen, an illustrated account of an Intra-coastal Waterway voyage.

Most exciting of all—lots of stunning new coffee table books from Jim and Jewel Ray, coming soon to a public space near you, including the Clinic!

Lois Williams – RWC Residents Association Library Chair