



Rappahannock Westminister-Canterbury
132 Lancaster Drive
Irvington, VA 22480



Rappahannock
Westminister-Canterbury


Gazebo Gazette

WANT TO CHANGE YOUR MEAL PLAN?

In order to change your meal plan please ask for a *Meal Plan Change Agreement* at the Front Desk, fill it out, sign and return it to the Front Desk by the 25th of the preceding month. We cannot change your plan without your signature. Thank you!

Marilyn Grinnen
RWC Business Office
804-438-4846

Like us on
FACEBOOK 

Follow us on
TWITTER 

Follow us on
YOUTUBE 

As a [RWC You Tube](#) channel subscriber, you will receive notifications as to when new RWC videos are added. It only takes a minute to sign up! You can watch the inspiring RWC videos and see why our residents love living at RWC!

PROPOSED SLATE OF OFFICERS 2020: UPDATED

PREISDENT Gerald Hoskins
VICE PRES. Jane Higgins
TREASURER Fred Luxton
SECRETARY Nancy Ellett
DIRECTORS
AT LARGE Phil Booth, Susan Carter-Hughes, John Hess, Helen Woolfolk
QUALITY OF LIFE Mickey Blandford (2nd of two-year term), Carl Blades (1st of two-year term)
FINANCE COMM. Ben Weimer
Walt Klein
Susan McKenna
Rhea Stone
Kent McCraney
NOMINATIONS/
BY LAWS COMM. Donna Hoskins
Alice Walker
Rosemarie Forcum
Page Henley

Respectfully submitted,
Nominations and By Laws Committee

**SPIRIT DAY
FRIDAY, DECEMBER
6
1:00 PM
AUDITORIUM**

ANNUAL MEETING OF THE RESIDENTS ASSOCIATION/ELECTION OF OFFICERS

Thursday, December 5—10:00 am Auditorium

The budget of the Association will be presented for approval at that time. The Nominations Committee will officially present its slate of officers for the upcoming year. For those who may be interested in additional nominees, your attention is called to Article IV of the By-Laws which states that any member of the Association may make a nomination from the floor, provided notice is given to Pat Kirby, Chairman of the Nominations Committee, in writing, a minimum of one week prior to the Annual Meeting.


Mark your calendars for the **Spirit Day Program and Christmas Social** which will be in the Auditorium on **Friday December 6th.**

And finally, if you have not contributed to the **Employee Christmas Fund**, PLEASE do so. This is our opportunity to show our appreciation to the dedicated Staff who take care of our many needs during the year. You can show your generosity by making your check payable to **Employee Christmas Fund** and depositing it in the box at the Front Desk no later than December 3rd.

Residents Association

*The deadline to submit articles for the January 2020 issue is
Tuesday, December 24, 2019 by noon.
Contact us: 804-438-4000*

- KEY
- APT
- Apartment Lobby
- AR1
- Art Room #1
- AR2
- Art Room #2
- ATR
- Atrium
- AUD
- Auditorium
- BLR
- Boiler Room
- CGR
- Chesapeake Game Room
- COR
- Corrotoman Room
- CPL
- Chapel
- DRB
- Dining Room Breezeway
- FCR1, 2 or 3
- Fitness Classroom #
- FPL
- Front Parking Lot
- FRL
- Front Lobby
- GAL
- Gallery Hall
- HOB
- Hobby Room
- KCT
- King's Court
- LAN
- Lancaster Room
- LEC
- Life Enrichment Center
- LIB
- Library
- LVG
- Lakeview Grille
- MSP
- Main Street Pub
- OTR
- Outpatient Therapy Room
- RAP
- Rappahannock Room
- RCL
- Resident Clinic
- TGP
- Thomas Garden Patio
- WCN
- Westbury Center
- WCR
- Westbury Club Room

	Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	10:00-MSP-Society of Friends Meeting 4:00-WCR-Worship Service	10:00-COR-Parkinson's Caregiver Support Group 1:30-FRL-Shopping & Errands* 2:30-AR2-Coffee with Stuart 4:00-CGR-Dart Sharks 4:30-AUD-Memory Support Group Christmas Party*	Employee Christmas Fund Deadline 10:00-AR2-Chat & Craft 10:30-COR-Bible Study 1:00-AR2-Art Class with Pam 1:00-CGR-Catch Phrase Game 2:00-ALC-Therapy Dog Visits 5:00-ATR-Meet the Artists: LMS Students	10:30-Virginia Rep. Theatre (subsc. holders) 11:30-Parkinson's Support Group Lunch at Los Patrones 7:00-CGR-Gentlemen's Poker Club	10:00-AUD-Annual Residents Association Meeting & Elections 11:00-FRP-CASA Wreath Pick-Up 1:00-LIB-Party Bridge 1:30-FCR2-Corn Hole Game 4:00-CPL-Rosary	10:30-WCN-Coffee & Conversation 1:00-AUD-Spirit Day 1:00-LIB-Party Bridge 5:00-MSP-Happy Hour	9:30-FRL-12 Days of Christmas Market* 2:00-WCN-Movie Matinee 4:00-WCR-Trivia & Coffee 5:00-MSP-Happy Hour	
	4:00-WCR-Worship Service	1:00-AR2-Video Interview with Amazon CEO, Jeff Bezos 1:30-FRL-Shopping & Errands* 2:30-AR2-Coffee with Stuart 4:00-CGR-Dart Sharks 4:00-WCR-Westbury Services Monthly Birthday Party 4:00-WCR-Tea Party	10:00 -AR1-Ham Radio Club Meeting 10:30-COR-Bible Study 1:00-AR2-Art Class with Pam 1:00-CGR-Catch Phrase Game 1:00-RAP-Duplicate Bridge 2:00-ALC-Therapy Dog Visits	10:00-AR2-Activities Committee Meeting 1:30 CGR Bunco Group 5:00-AUD-Resident & Board of Trustees Christmas Reception* 7:00-CGR-Gentlemen's Poker Club	10:00-COR-Food Committee Meeting 11:00-MSP-Resident Choir Practice 1:00-LIB-Party Bridge 1:30-FCR2-Cornhole Game 3:30-AR1-Beading Class* 4:00-CPL-Rosary	10:30-WCN-Coffee & Conversation 1:00-LIB-Party Bridge 2:00-AUD-Cookies & Cocoa, Holiday Social* 5:00-MSP-Happy Hour	10:30-CGR-Apple Seeds Computer Group 2:00-WCN-Movie Matinee 4:00-AUD-Brass 5 Concert* 5:00-MSP-Happy Hour	
	10:00-MSP-Society of Friends Meeting 4:00-WCR-Worship Service	10:00-FRL-Last Minute Christmas Shopping in Williamsburg* 11:30-FRL-Walmart Shopping* 2:30-AR2-Coffee with Stuart 4:00-CGR-Dart Sharks	10:00-AR2-Chat & Craft 11:00-AUD-Annual Christmas Service 1:00-AR2-Art Class with Pam 1:00-CGR-Catch Phrase Game 2:00-ALC-Therapy Dog Visits BIBLE STUDY IS CANCELED TODAY	10:30-AR2-Crafts for a Cause 11:00-AR2-Art Class with Amy* 7:00-CGR-Gentlemen's Poker Club	1:00-LIB-Party Bridge 1:30-FCR2-Corn Hole Game 4:00-CPL-Rosary	10:30-WCN-Coffee & Conversation 1:00-LIB-Party Bridge 2:30-WCR-Afternoon Bingo 5:00-AUD-Special Occasion Party NO HAPPY HOUR TONIGHT	2:00-WCN-Movie Matinee 5:00-MSP-Happy Hour	
	4:00-WCR-Worship Service	10:30-RAP-RWC Book Group 11:00-AR2-Art Class with Amy* 1:30-FRL-Shopping & Errands* 2:30-AR2-Coffee with Stuart 4:00-CGR-Dart Sharks	10:00-AR2-Chat & Craft 10:00-COR-Bible Study 1:00-AR2-Art Class with Pam 1:00-CGR-Catch Phrase Game 2:00-ALC-Therapy Dog Visits DEADLINE FOR GAZEBO GAZETTE ARTICLES DEADLINE TO CHANGE MEAL PLAN	CHRISTMAS DAY 7:00-CGR-Gentlemen's Poker Club CHRISTMAS DAY MEAL 11:00 am—2:00 pm GRILLE CLOSED FOR DINNER	1:00-LIB-Party Bridge 1:30-FCR2-Corn Hole Game 4:00-CPL-Rosary	10:30-WCN-Coffee & Conversation 1:00-LIB-Party Bridge 5:00-MSP-Happy Hour	2:00-WCN-Movie Matinee 5:00-MSP-Happy Hour 7:00-AUD-Saturday Night Movie: The Homecoming	
	4:00-WCR-Worship Service	1:30-FRL-Shopping & Errands* 2:30-AR2-Coffee with Stuart 4:00-CGR-Dart Sharks	10:00-AR2-Chat & Craft 10:30-COR-Bible Study 1:00-AR2-Art Class with Pam 1:00-CGR-Catch Phrase Game 1:00-RAP-Duplicate Bridge 2:00-ALC-Therapy Dog Visits 6:00-AUD-New Year's Eve Reception*	DECEMBER 2019 				

Detach the cover of *The Gazebo Gazette* and place it on your fridge or desk to view the activity schedule for the entire month. Activities are subject to change. Please watch RWC -TV, Channel 85 daily for the latest updates. **REMINDER: WE MUST HAVE A MINIMUM OF 6 PEOPLE SIGN UP FOR TRANSPORTATION FOR OFF CAMPUS TRIPS WITH THE EXCEPTION OF WEEKLY SHOPPING. WEEK THREE IS DESIGNATED FOR WALMART SHOPPING ONLY.**

An asterisk (*) means a RSVP or sign up is required.

GREETINGS FROM STUART BUNTING, RWC PRESIDENT AND CEO

In recent Notes, I have focused on some of the attributes our neighborhood and neighbors. As we close 2019, I want to highlight the ENTHUSIASM is seen every day in our community. I readily admit I will not begin to touch on the vast ENTHUSIASM our residents have for all aspects of life, but here are a few I have noted in recent days.

Recently residents and staff hosted what has come to be our regular Fall Talent Show. It was obvious that the ENTHUSIASM had been brewing for some time. Each of the talented individuals and groups shared their enthusiastic spirits and gifts with all blessed to be in attendance.

On a recent Friday, a group of residents and staff enthusiastically participated in a photo shoot. It was a busy day, with harsh winds and cool temperatures, but the hearts and ENTHUSIASM warmed the day as the many aspects of the active lifestyle of our wonderful community were captured.

With the Christmas season fast coming upon us, I casually inquired of a couple of residents to see if there would be interest in helping decorate RWC. Before I could turn around, a committee was formed, a chairperson enthusiastically volunteered, a plan was in place, and decorations came out of storage. It was lightning fast – now that is ENTHUSIASM! Thoughts then turned to a float for the Christmas parade. Again, before I knew it a float concept was developed, a staff/resident team came together, plans for the village were made, and supplies were ordered. It was lightning fast – there is that ENTHUSIASM again!

During our Veterans Day lunch, we learned that one of our young staff members in Culinary Services would be leaving us to join the Army. All of the veterans and friends in attendance gave Quist Morris an ENTHUSIASTIC send-off complete with a few words of wisdom from our ranking General. Lastly, one particular example of ENTHUSIASM really touched me over the last few days. I noticed a resident in the Art Room every day at the same time working intently on an art project. After a few days, I stopped to see what he was

working on more closely. What I found was a detailed drawing expertly under refinement. I had to ask him to explain the drawing and process he was using, as yours truly cannot draw straight lines with a ruler, and I was amazed! But what really moved me was what he found. The ENTHUSIASM with which he drew came from a **renewed purpose** – purpose so meaningful to him, that I have no words to explain with any degree of adequacy. But **purpose** it was!

Enthusiastically engage toward your purpose each day. Best wishes for a wonderful Christmas Season!




Every Monday, 2:30 PM, Art Room 2
Topics range from RWC life to other items of interest. Please join us for conversation and coffee.

ANGEL TREE DEDICATIONS



Dedicate an Angel for the Angel Tree in Honor of and/or in Memory of someone you cherish, December 9-13. A table will be set up in the Grille breezeway during lunch, 11:00 a.m.-1:00 p.m. and/or dinner 5:00 p.m.-7:00 p.m.

All donation amounts are welcome. Proceeds will benefit the RWC Fellowship Fund.

CAMERAS

RWC is in the process of installing cameras to monitor certain entrances/exits to the Chesapeake Center and Health Services buildings. The purpose of the camera monitoring is to provide an additional element of safety for residents and staff.

CULTURE CLUB: MUSIC, THEATRE AND SPEAKERS

BRASS 5 CHRISTMAS CONCERT*

Saturday, December 14—4:00 pm—Auditorium
BRASS 5, one of America’s most successful educational ensembles has been an active part of the MidAtlantic arts scene for 29 years. The “5” offer a vast repertoire from Renaissance, Classical, Dixieland, Swing, Jazz, Rock to Country and more. They easily have something for everyone, young and old alike. BRASS 5 performances have been featured on numerous television and Public Radio and TV programs and have been broadcast live on National Public Radio. Eager to create exciting music, Brass 5 has been featured in concerts throughout Europe and the Mid-Atlantic area. Please sign up at the Front Desk.

LANCASTER MIDDLE SCHOOL CELEBRATES 20 YEARS OF EXHIBITING IN RWC’S DECEMBER SHOW

Teacher Marilyn Sprouse has proudly curated students’ work since 1999 Lancaster Middle School (LMS) visual arts teacher Marilyn Sprouse hasn’t run out of steam yet. Celebrating her platinum anniversary of teaching at LMS this year, Sprouse has also made sure to showcase her students’ artwork at Rappahannock Westminster-Canterbury’s December Show for 20 years running. And what an interesting and eclectic exhibition it is! [Fourth-graders](#) will show experimental landscape paintings; fifth-graders used DayGlo paints to explore ideas that remind them of their own personalities; and sixth-graders will show off small Navajo rugs made of paint and yarn. “Our seventh-graders did Tiki head carvings and eighth-graders worked on coil baskets,” Sprouse said. “There will be lots of new things for RWC residents and guests to enjoy this year.” About 175 fourth- through eighth-grade art students will display their completed works in the show. “Peace posters remain a constant,” Sprouse said. “Our sixth-, seventh- and eighth-graders created their visions of what a trip to the world of peace

might look like.” Because of her long career teaching at LMS, Sprouse now enjoys teaching children of some of the parents she taught 19 and 20 years ago. Many of them still remember their peace posters. Before she “runs out of steam”, Sprouse thinks she has at least five good years left to devote to the profession she loves. Back by popular demand will be the “Resident’s Choice Award” ribbons that Sprouse created last year, so RWC residents can vote for their favorite art. “They were a huge hit last year,” she said. “The kids loved that. They collected their ribbons and were so proud.”

MEET THE ARTISTS: LANCASTER MIDDLE SCHOOL STUDENTS TUESDAY, DECEMBER 3 5:00 PM ATRIUM/GALLERY HALL

YOU CAN HELP SUPPORT THE RWC FOUNDATION WHILE YOU CHRISTMAS SHOP



You shop. Amazon gives.

- Amazon donates 0.5% of the price of your eligible AmazonSmile purchase to the charitable organization of your choice.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service.
- Support RWC Foundation

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- AmazonSmile is the same Amazon you know. Same products, same prices, same service.
- Support RWC Foundation

SPIRITUAL DEVOTION: DEDICATED, FAITHFUL AND HOLY

- **Sunday Worship:** Sundays at 4 PM in the Westbury Clubroom. **All are welcome.**

- **Holy Communion:** Observed as a part of Sunday worship the first Sunday of the month, with occasional exceptions.

- **Special Christmas Day Gathering:** December 25th, **10:30AM** in the Westbury Clubroom. While not a formal Service of Worship, the Chaplain will lead us in an informal time of readings and carols celebrating the birth of the Savior. **All are welcome!**

- **Praying the Rosary:** Thursdays at 4 PM in the chapel with the Legion of Mary.

- **Northern Neck Society of Friends:** First and third Sundays of each month, 10AM – Noon, in the Main Street Pub.

BIBLE STUDIES

Tuesdays at 10:30 AM in the Corrotoman Room. All residents are welcome to this Bible Study taught each month by different local church leaders invited by the group.

For December: Rev. Megan Limburg: Rector of St. Mary's Whitechapel and Trinity Churches. **Please Note:** The group will not be meeting on Tuesday, December 19th, the day of our Annual Christmas Service.

Wednesday, December 18 at 3 PM in the Westbury Clubroom. Leader: Chaplain Houck.

All residents are welcome to join together for a 30 minute lesson.

RECENT EVENTS

On November 12th we observed our Annual Memorial Service. I am so very humbled by and grateful for the way our RWC community comes together to honor those who have departed from among us and also to support those who have experienced profound loss.

And at our recent Thanksgiving Service on November 19th we reflected together on our many blessings, but more than that we shared some of those blessings with others in need. Monetary gifts totaling **\$1235.00** were given to the Healthy Harvest Food Bank. Many thanks to all for your generous spirit of caring and sharing!! Chaplain Greg

ANNUAL CHRISTMAS SERVICE OF LESSONS AND CAROLS

Tuesday, December 17—11:00 am—Auditorium
"Unto us a child is born, unto us a son is given, and the government will be upon his shoulders. And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace. Of the greatness of his government and peace there will be no end.

He will reign on David's throne and over his kingdom, establishing and upholding it with justice and righteousness from that time on and forever. The zeal of the LORD Almighty will accomplish this." Isaiah 9:6-7

Advent Devotional Guides, entitled *"Let the Heavens Be Glad,"* are available to all and can be found on tables in the atrium and by the chapel.

FROM THE CHAPLAIN

"We live in a world where conditions apply in almost every aspect of life. You can buy the car of your dreams, under certain conditions. The bank will loan you money provided you agree to pay it back. In most everything you do, it seems there are strings attached. But what would it be like to have the strings all be gone, at least where love is concerned? We've all heard it said, a friend is someone who knows all there is to know about you and loves you anyway. Do you have a friend like that? In the Gospel of John, we hear that friend is Jesus. God knows us inside and out and yet still loves us so much that he gave us Jesus to prove it. That is the message God gives to the world in his only Son Jesus. If that isn't love, I don't know what it is." ("Let the Heavens Be Glad") In this season of giving, we're reminded once again of all that we've also been given. A very Merry, Joyous, Grateful Christmas to all!

Chaplain Greg Houck

IN MEMORIAM

Mrs. Irene Wyatt

October 20, 2019

Mrs. Sandra Decker

October 25, 2019

TRIPS AND MORE

MEMORY SUPPORT GROUPS CHRISTMAS PARTY*

Monday, December 2—4:30 pm—Auditorium

Those who regularly attend the Memory Support Groups are invited to an evening of music, dinner and reminiscing. Please sign up at the Front Desk or call Mary Arthur at ext. 4856.

CASA WREATHS WILL BE DELIVERED TO THE FRONT PORCH OF THE CHESAPEAKE CENTER ON THURSDAY, DECEMBER 5 AT 11:00 AM IF YOU PURCHASED A WREATH, PLEASE COME AND GET IT AT THIS TIME.

12 DAYS OF CHRISTMAS MARKET*

Saturday, December 7—9:30 am—Front Lobby

Women's Club of Northumberland
 Celebrate your holiday cheer at this year's 12 Days of Christmas Market on Saturday, December 7 from 10am-4pm at the Women's Club of Northumberland County. The 12 Days of Christmas Market is free and open to the public and has fun for the whole family! Shop local this holiday season with our featured vendors and artisans, enjoy holiday activities, food and hot drinks. Vendors include Sewlovelee, Paparazzi Jewelry, Chesapeake Bay Pottery, Henna art and crystal jewelry, LuLuRoe, Crab Pot Creations, handmade Christmas ceramics, crochet accessories, baked goods, and more! Please sign up at the Front Desk.

LAST MINUTE CHRISTMAS SHOPPING*

Thursday, December 12, - 9:30 am—Front Lobby

Need last minute gifts or an excuse to enjoy the experience of Christmas shopping, if only for yourself?!? Take the RWC bus to Williamsburg where we'll stop at the Newtown Shops and perhaps the

Outlet Mall (if you still have a list and enough energy!) We'll pick a great place to eat and share in the Christmas festivities. **Please sign up at the Front Desk.**

WILLIAMSBURG FOR LAST MINUTE SHOPPING*

Monday, December 16—10:00 am—Front Lobby

Eat a hearty breakfast, wear comfy clothes and shoes, and join us for a shopping expedition to Williamsburg. Stops may include Newtown, Premium Outlets and other stores as needed! We'll stop along the way to eat and finish any last, last minute must haves before heading home in the afternoon. **Please sign up at the Front Desk.**

ART CLASS WITH AMY*

Wednesday, December 18 and Monday,

December 23—11:00 am—Art Room 2

Class Limit 8

Sign up at the Front Desk to attend one class or both classes. We will be pouring paint in both classes.

CHRISTMAS FOR ALL AGES

Poet: Julie Hebert © 2015

When we were kids ourselves,
 We thought of Christmas time,
 To be just for us,
 Parents were not the prime.

But now that we are older,
 We see that Christmas is great.
 Not just for young children,
 But for us adults who love to celebrate.

NEIGHBORHOOD KNOWING: CARE, COMMITTEES & COMMENTARY

DINING ROOM SCHEDULE FOR THE HOLIDAYS

The Christmas meal will be served from 11am-2:00pm. As in the past, reservations may be made for the Lancaster Room where you order from the menu and are served. Would you like to join others at a table? Start making plans with other residents soon and gather a group. Or, tell Culinary Services you would like to join a half-full table. The Grille is on a first come and first serve basis and we have a second seating. The Grille is waited service as well.

If you know the friends you wish to dine with, ONE person should be responsible for calling in the reservation and making any last minute changes. Dial 4016 with the number of people in the group and the time of dining. Since the dining room fills up quickly, reservations will be accepted on a first-come, first-served basis.

If your preference is the Grille, no reservation is necessary. The delicious dishes are the same in both venues. As always, carry out is available.

Want to invite non-residents? Dinner is \$28.50, children under 12, \$11.00 and children over 12 \$15.00. This includes wine and tax. It is the best bargain in town.

To-go deli-boxed dinners will be available for residents that want to have a meal that evening. These boxed meals **need to be ordered by 5:00 pm the day before the holiday**. Call the hostess extension 4516 to place the order, and pick up in the Grille between 3:00 pm and 5:00 pm the day of the holiday.

Normal meal service will be provided in the Health Center and Assisted Living.

RWC HAM AMATEUR RADIO CLUB N4RWC NEWS

The RWC Amateur Radio Club (N4RWC) meets monthly on the **second Tuesday, 10:00 am** in the **Art Room 1 in the Life Enrichment Center.** 73

LANCASTER BROADBAND AUTHORITY

The Lancaster Broadband Authority (LCBA) was established just over a year ago by the Board of Supervisors with the goal of bringing affordable and reliable broadband service to the entire county. The Authority was established with five volunteer members. One of our members recently resigned due to a possible conflict of interest. We are looking for a replacement **Director**. The successful candidate must be interested in seeking to expand internet throughout the county without favoring any particular area. This individual must be comfortable working in a collaborative team environment. Experience in telecommunications is a plus but not a requirement. Interested individuals must be willing to commit time to the Authority. There is no full time requirement but you will be required to attend our twice monthly meetings as much as possible, and the occasional special meeting and handle action items which will vary in how much time will be required.

We have issued an RFI and with the future identification of a private entity being selected to assist with the expansion of broadband, we will need a **Project Manager (PM)**. This is not an immediately available position but will be a needed fill. This will be a paid part-time position. The competitive individual will have experience in the management of projects and people. This person will be the primary point of contact for the company doing the work and will brief the Authority on the status of the broadband expansion project and any issues that arise with the project.

There is also interest in possibly having an individual with marketing/negotiating skills to assist the Authority.

If you are interested in any of the above, please contact me at cthompson@lancova.com and I will try and answer any questions you may have. You can find out more information about the Authority and the RFI on our website, www.lancova-broadband.org.

Thank you,
Cassie Thompson, Chair, LCBA

HOOKED ON BOOKS: EXPLORE, DISCOVER AND LEARN



Clive Cussler, Author

Any book by Clive Cussler" is the RW-C Book Group's December selection – each of us will read one of his books and then tell the group about it! We'll meet Monday, December 30, at 10:30 a.m. in the Rappahannock Room (note that this is a fifth Monday).

Come December 1, look for our display of Christmas books, including a new addition by David Baldacci, improbably titled **One Summer**, and a brand new special gift – a Large Print edition of the 2019 **The 19th Christmas** by James Patterson.

Announcing a "Light Reading" shelf – what else could one do with the four new Jasmine Guillory books (she's described as "queen of contemporary romance!"), the just-donated Aunt Dimity series (by Nancy Atherton), the Annie's Attic Mysteries series (by four different authors), and our assortment of Mysteries & Recipes books! The Light Reading shelf is at the end of the library's Fiction section.

Recent RW-C Library purchases include four new Large Print 2019 books by John Grisham, Lee Child, Daniel Silva and Danielle Steele, a new novel, **Dutch House** by Ann Pachett, and the 2019 Booker Prize book about today's England, **Girl, Woman, Other** by Bernardine Evaristo – all of which were soon in circulation!

Guy Talk – Walt Klein likes *The Boat*, the book on which the 1981 movie *Das Boot* was based; Dean Loudy likes **Blind Man's Bluff: The Untold Story of American Submarine Espionage**; and RW-C's Bill Williams likes **By the Waters of Babylon**, a Middle East "suspense thriller."

We cherish the words from an article in the November issue of the new *Chesapeake Style* (in racks everywhere) – Kerley LeBoeuf said of RW-C, "One of the quiet joys is the library."

Donations News: Marjory Willis donated an "eclectic bag of books" that included three Dorothy Sayers mysteries, Fiction Paperbacks by Henry James and E. M. Forster, and some books for the Non-Fiction Paperback shelf.

Donations News: And a similarly eclectic bag from Larry Hammond and Joan Parham included the 2018 **When Life Gives You Lululemons**. Also, the 1994 **Esau** by Meir Shalev ("several generations in a family of bakers"); the 1980 **The Name of the Rose** by Umberto Eco ("murder mystery in an Italian monastery"); and more books for the Non-Fiction Paperback shelf.

Donations News: **Zen and the Art of Knitting: Exploring the Links Between Knitting, Spirituality and Creativity** was an out-of-the-blue anonymous donation that will eventually be on the Religion Shelf.

Donations News: RW-C's Regina Ward has given us a HUGE box with 22 Clive Cussler books! Cussler has written 70 books in five different fiction series – Dirk Pitt, NUMA files, Oregon Files, Isaac Bell, and Fargo Adventures – plus a handful of non-fiction. Which gives the RW-C Library book group a lot from which to choose!

Lois Williams – RW-C Residents Association Library Chair

FIT BITS: MIND AND MUSCLE

CHRISTMAS DAY & NEW YEAR'S DAY SCHEDULE

All classes are canceled. The Fitness Center and Swimming Pool will be available to use, but un-staffed.

REMINDERS

You must always have at least one person with you to swim. If you have guests for the Holidays, please have them sign the waiver form located in the Fitness Center before using the Fitness Center or Swimming Pool.

ORIENTATION FOR NEW PARTICIPANTS OF THE WELLNESS PROGRAM

The Orientation process starts with following these steps:

- Take a tour of the facility if you have not already done so.
- Go through a health history appraisal.
- Sign a waiver.
- Have a doctor fill out an RWC medical clearance form.
- Complete a fitness assessment.

For more information or an appointment, call Jonathan at 438-4290 or Alex at 438-4852

PARKINSON'S SUPPORT GROUP

On Wednesday, December 4, 2019 at 11:30am the Group will be celebrating the Christmas season by having lunch at Los Patrones Mexican Restaurant. Please RSVP to Rita DePew at 804 435 9553 by December 2, 2019.

Los Patrones 652 North Main Street in Kilmarnock near Walmart

TAI CHI CLASS

Tuesday and Thursday 11:45 to 12:15

If you are interested in taking Tai Chi, please contact Jonathan at 438-4290

GENTLE YOGA

Tuesday and Thursday 8:45am to 9:45am

If you are interested in taking gentle yoga, please contact Alex at 438-4852

AWARDS BANQUET WINNERS

The following residents have participated in the Wellness Program since it's inception 15 years ago.

Irma Burke
Margaret Feil
Jan Hollberg
William Louisell
Charlie Miller
Patricia Morris
Nancy Reath
Sue Rogers
Walter Rogers
Anne Schumacher
Clark Schumacher
Edythe Simmons
Peter Weil

First Place attendance and sporting awards were earned by:

Strength & Balance A—Betsy Elliot
Strength & Balance B—Linda Small
Strength & Balance C—Edythe Simmons
Strength & Balance D—Rhea Stone
Swimming—Betty Dillingham (Community Member)
Fitness Center—Jeff Walker
Aqua Fitness—Berit McCarty
Water Walking—Tish King
Aqua Mobility—Nina Walls
Fit to Move—E.A. Stephens (Community Member)
Tai Chi—Rhea Stone
Wake-Up Yoga—Marty Stonequist
Seated Yoga—Nancy Reath
Dance Aerobics—Rhea Stone
Moving & Grooving—Betsy Elliot
Gentle Yoga—Nina Walls
Employee Walking Program—Lankford Lee
Resident Walking Program—Rhea Stone
Darts (Highest Average Score) - Dean Loudy
Darts (Most Bullseyes) - Clarke Schumacher
Darts (Most Wins) - Dean Loudy

Congratulations to everyone who participated. Keep up the great work!!

FLICK PICKS: VIDEO LECTURES, DOCUMENTARIES & MOVIES

VIDEO INTERVIEW WITH AMAZON CEO, JEFF BEZOS

Monday, December 9—1:00 pm—Art Room 2

Jeff Bezos, Amazon Founder, entrepreneur and owner of the Washington Post, talks to David Rubenstein about his background, how he came up with the idea for Amazon, building the company, some of the key businesses including Prime and Whole Foods, the space race and philanthropy. The world's richest man says his most important decisions are made not with quantitative analysis but "with instinct, intuition, taste, heart."

SATURDAY NIGHT MOVIE

Saturday, December 28, 7:00 pm, Auditorium

Featuring: **The Homecoming**

The Waltons' love and courage face a difficult test. Patricia Neal, Richard Thomas, Edgar Bergen and Cleve Little star in this award-winning drama that inspired the long-running, vastly popular TV series, "The Waltons."

Set on a Depression Christmas Eve in 1933, this heart-tugging story centers around the Waltons. They're a rural American family preparing to celebrate Christmas together. Though times are tough, love and sharing are abundant in this family. An inspiring tale of love, hope and spirit, this deeply moving story goes far beyond the boundaries of time and place to reach out and touch everyone, everywhere.



CHRISTMAS

Poet: Eldred Herbert

What does Christmas mean to me?
It's gold and glitter on a tree,
It's folks, all, working with a will,
The larder, where the goodies spill;
Turkey roasting in the pan;
It's "peace on earth, goodwill to man";
It's loved ones coming through the door,
Exchanging gifts, and so much more.

It's following, still, that Christmas star,
And knowing the where e'er you are,
The "manger scene" is just as dear
Today, as it was, that first year.
That Christ was born on Christmas day,
A Babe to lead us all the way;
Today He is that Christmas Star,
Our Guiding Light, that shines afar.

The angels heralded in His birth,
And mortal man knew not His worth;
They let Him in a manger lay,
And sheltered those with earthly pay;
But wisemen and the shepherds came,
To pay great homage to His name;
He gave His life that we might live,
So, let us, too, our homage give.

That is what Christmas means to me,
It's gold and glitter on the tree,
It's Christ suspended on the cross,
To save us from celestial loss.
Let's make a resolution dear,
To be a witness while we are here;
Let's put the Christ in Christmas now,
And in His presence humbly bow.