



Rappahannock
Westminster-Canterbury

FOR IMMEDIATE RELEASE

Sept. 14, 2017

CONTACT

LuAnne Davis

804-438-4175

ldavis@rw-c.org

RWC Readies for Alzheimer's Walk

"We're in this fight together"

IRVINGTON, Va. – The Northern Neck's Walk to End Alzheimer's isn't until Oct. 7, but employees and residents of Rappahannock Westminster-Canterbury are getting ready early. They'll kick off activities on Sept. 22, hoping to generate interest, enthusiasm – and dollars – to support the Walk, which will be held at Bethpage Campground in Urbanna.

RWC's residents include some with dementia and Alzheimer's disease, said Mary Arthur, RWC's dementia care coordinator. "We see a lot of families struggling. But there is hope, and there is support." The RWC community has made Alzheimer's care and research a priority, raising thousands of dollars each year. In 2016, RWC won third place for fundraising for the walk.

While the flurry of fundraising activities in September are only open to RWC residents, the Northern Neck and surrounding community is invited to join Rappahannock Westminster Canterbury's Walk Group "RWC Yes2Years" or make a donation by going to <http://bit.ly/2w0qfzb>. Support is welcome. This year's team goal is to raise \$3,000.

"We're in this fight together," said Arthur, whose interest in dementia care came from serving as primary caregiver to her grandmother.

According to the Alzheimer's Association, more than five million Americans are living with Alzheimer's Disease, and by 2050, that number could reach 16 million. It's the sixth leading cause of death in the country, and each year, more than 15 million people provide unpaid care for patients with Alzheimer's or other forms of dementia.

For more information, contact Mary Arthur at 804-577-0565.

About Rappahannock Westminster-Canterbury

Established in 1985, Rappahannock Westminster-Canterbury is a church-related, continuing care community that provides the highest quality living experience for discerning, active senior adults. Situated on 165 beautiful acres outside the village of Irvington in Virginia's Northern Neck, RWC is home to those who want the independence and worry-free lifestyle afforded them in a tranquil, rural setting. RWC strives to provide residents everything they require for daily living right in the RWC neighborhood. Rappahannock Westminster-Canterbury Inc. is a Virginia nonprofit corporation affiliated with the Episcopal and Presbyterian churches. All religions are welcome. Learn more about RWC at www.rw-c.org.

###