



Gazebo Gazette

R A P P A H A N N O C K W E S T M I N S T E R - C A N T E R B U R Y

SPECIAL POINTS OF INTEREST:

- Annual Thanksgiving Service and Blessing of the Food
- Suzanne & Jim Silver Jubilee Tour*
- Jack Williams in Concert
- Trip to Urbanna Museum*
- Wings of Praise*
- Fluid Art Class*
- Annual Memorial Service

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LETTER FROM THE RESIDENTS ASSOCIATION PRESIDENT

As 2017 winds down there are a number of important items you should put on your calendars. First is the **Pumpkin Judging Contest** which will be held in the Atrium beginning at 10:00 AM on **Monday October 30th**. Voting will go on all day. Enjoy the creations of our talented Staff Departments.

Then, on **Wednesday November 1st** the **Residents Association Board Meeting** will be held in the Auditorium. All residents are invited and encouraged to attend. At this meeting, among other things, changes to the By-Laws will be discussed and voted on by the Board. If the changes are approved by the Board, they will be discussed and voted on by all residents attending the December 7th Annual Residents' Association Meeting and Election.

The **Annual Meeting of the Residents Association** will be held at 10:00 AM on **Thursday, December 7th** in the Auditorium. The budget of the Association will be presented for approval at that time. The Nominations Committee will officially present its slate of officers for the upcoming year. For those who may be interested in additional nominees, your attention is called to Article IV of the By-Laws which states that any member of the Association may make a nomination from the floor, provided notice is given to Jay White, Chairman of the Nominations Committee, in writing, a minimum of one week prior to the Annual Meeting.

Mark your calendars for the

Spirit Day Program and Christmas Social which will be in the Auditorium on **Friday December 8th**.

And finally, if you have not contributed to the **Employee Christmas Fund**, PLEASE do so. This is our opportunity to show our appreciation to the dedicated Staff who take care of our many needs during the year. You can show your generosity by making your check payable to Employee Christmas Fund and depositing in the box at the Front Desk no later than Friday December 1st.

John Roberts, President,
Residents Association

The **Nominations/By-Laws Committee** of the **RW-C Residents Association** presents the names of the following individuals for the 2018 designated offices to be voted upon at the **Annual Meeting** of the membership of the association on **December 7, 2017**.

President: Charlie Johnson
Vice President: Gerald Hoskins
Secretary: Pat Morris
Treasurer: Fred Luxton
Directors at Large: Arden Durham, Ellen Bennett, John Hess, Bob Longshore
Quality of Life:

2 year term: Mary Lou Dorsey

1 year term: Edith Houghton


Finance: Mary Anne Campbell, Dean Loudy, Susan McKenna, Cloyde Wiley
Nominations/By-Laws: Cecelia Barton, Susan Jones, Pat Kirby, Fred Peters



WE'RE ON THE WEB!
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The deadline to submit articles for the
December 2017 issue is
Monday, November 27, 2017 by noon.
Contact us: 804-438-4000

- KEY
- APT
- Apartment Lobby
- AR1
- Art Room #1
- AR2
- Art Room #2
- ATR
- Atrium
- AUD
- Auditorium
- BLR
- Boiler Room
- CGR
- Chesapeake Game Room
- COR
- Corrotoman Room
- CPL
- Chapel
- DRB
- Dining Room Breezeway
- FIT
- Fitness Center
- FPL
- Front Parking Lot
- FRL
- Front Lobby
- GAL
- Gallery Hall
- HOB
- Hobby Room
- KCT
- King's Court
- LAN
- Lancaster Room
- LEC
- Life Enrichment Center
- LIB
- Library
- LVG
- Lakeview Grille
- MSP
- Main Street Pub
- RAP
- Rappahannock Room
- RCL
- Resident Clinic
- TGP
- Thomas Garden Patio
- WCN
- Westbury Center
- WCR
- Westbury Club Room

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<h1>NOVEMBER 2017</h1> 		ANNUAL FOOD DRIVE BEGINS (ATRIUM) 10:00-AUD-Residents' Association Board Meeting 3:00-WCR-Bible Study 4:00-RAP-Library Honors 6:30-AUD-Open Mic Night 7:00-CGR-Gentlemen's Poker Club		1 10:00-CGR-Great Courses* 1:00-LIB-Party Bridge 4:00-CPL-Rosary	2 8:30-LAN-ROMEOs & OWLETS* 3:00-MSP-Christmas Show Rehearsal 4:00-AUD-Suzanne & Jim Silver Jubilee Tour* 5:00-TGP-Happy Hour	3 4:00-AUD-Wings of Praise Concert and CD Celebration* 5:00-TGP-Happy Hour <u>Set clocks back one hour before retiring to bed</u>
DAYLIGHT SAVING TIME ENDS 10:00-COR-Society of Friends Meeting 4:00-WCR-Worship Service	5 10:00-COR-Parkinson's Caregiver Support Group 3:00-MSP-Christmas Show Rehearsal 4:00-CGR-Dart Sharks 4:30-AR1&2-Memory Support Groups	6 9:00-FRL-Bus to Voting Poll* 10:00-FRL-Bus to Voting Poll* 10:00-AR2-Chat & Crafts 10:30-COR-Bible Study 1:00-AR2-Art Class with Pam 1:00-CGR-Board Game Gang 4:00-ATR-Pre-Concert Wine & Cheese Reception 4:30-AUD-Special Concert: Jack Williams	7 10:00-AR2-Activities Committee Meeting 1:00-AUD-Parkinson's Support Group 1:30-CGR-Bunco Group 3:00-WCR-Bible Study 7:00-CGR-Gentlemen's Poker Club	8 10:00-COR-Food Committee Meeting 10:00-CGR-Great Courses* 11:30-AUD-Medicare and Insurance Presentation 1:00-AUD-Genealogy Class 1:00-LIB-Party Bridge 4:00-CPL-Rosary	9 10:00-FRL-Urbanna Museum and Lunch at Something Different* 3:00-MSP-Christmas Show Rehearsal 5:00-TGP-Happy Hour	10 8:30-AUD-Veteran's Breakfast (by invitation)* 10:30-CGR-Apple Seeds Computer Group 5:00-TGP-Happy Hour 7:00-FRL-BayTones Concert*
2:00-FRL-Lancaster Players 25th Annual Putnam County Spelling Bee* 3:00-AUD-Mt. Olive Baptist Church Men's Chorus in Concert* 4:00-WCR-Worship Service	12 10:00-BLR-Residents Health Care Committee Meeting 10:00-AR2-Fluid Art Class* 1:30-FRL-Shopping & Errands* 2:30-COR-Coffee with Stuart 3:00-MSP-Christmas Show Rehearsal 4:00-CGR-Dart Sharks 6:30-WCR-Trish & Friends Music	13 10:00-AUD-Living with Dementia: Late Stage* 10:00-AR2-Chat & Crafts 10:30-COR-Bible Study 1:00-AR2-Art Class with Pam 1:00-RAP-Duplicate Bridge 1:00-CGR-Board Game Gang 4:00-AUD-Annual Memorial Service	14 ANNUAL FOOD DRIVE ENDS 10:30-AR2-Crafts for a Cause 11:30-AUD-Annual Sports Banquet (by invitation)* 3:00-WCR-Bible Study 7:00-CGR-Gentlemen's Poker Club	15 10:00-CGR-Great Courses* 11:00-MSP-Resident Choir 1:00-LIB-Party Bridge 4:00-CPL-Rosary	16 10:00-MSP-Mermaid Tears Jewelry Sale 3:00-MSP-Christmas Show Rehearsal 5:00-AUD-Special Occasion Party NO HAPPY HOUR TONIGHT	17 5:00-TGP-Happy Hour 6:30-FRL-On Stage: Robin & Linda Williams*
4:00-WCR-Worship Service	19 10:00-BLR-Residents Grounds & Landscaping Committee Meeting 1:30-FRL-Shopping & Errands* 2:30-COR-Coffee with Stuart 3:00-MSP-Christmas Show Rehearsal 4:00-CGR-Dart Sharks 4:00-WCR-WS Monthly B-day Party	20 10:00-AR2-Chat & Crafts 1:00-AR2-Art Class with Pam 10:30-COR-Bible Study 11:00-AUD-Annual Thanksgiving Service and Blessing of the Food 1:00-CGR-Board Game Gang	21 10:30-FRL-Virginia Rep. Theatre: Mary Poppins (subsc. holders) 10:45-WCR-Memories in the Making 3:00-WCR-Bible Study 7:00-CGR-Gentlemen's Poker Club	22 THANKSGIVING Thanksgiving Day Feast 11:00am—2:00pm Lakeview Grille/Lancaster Room GRILLE WILL BE CLOSED FOR DINNER 1:00-LIB-Party Bridge 4:00-CPL-Rosary	23 3:00-MSP-Christmas Show Rehearsal 5:00-TGP-Happy Hour	24 5:00-TGP-Happy Hour 7:00-AUD-Saturday Night Movie: The Glass Castle
4:00-WCR-Worship Service	26 10:30-RAP-RWC Book Group 1:30-FRL-Shopping & Errands* 2:30-COR-Coffee with Stuart 3:00-MSP-Christmas Show Rehearsal 4:00-CGR-Dart Sharks ARTICLE FOR GAZEBO GAZETTE ARE DUE BY NOON	27 10:00-AR2-Chat & Crafts 10:30-COR-Bible Study 1:00-AR2-Art Class with Pam 1:00-CGR-Board Game Gang 1:00-RAP-Duplicate Bridge 4:45-AUD-Bingo-Pizza Party*	28 3:00-WCR-Bible Study 7:00-CGR-Gentlemen's Poker Club	29 10:00-MSP-Jacque Colligan Jewelry Sale 10:00-CGR-Great Courses* 1:00-LIB-Party Bridge 4:00-CPL-Rosary	30	30

Detach the cover of *The Gazebo Gazette* and place it on the refrigerator or desk to view the activity schedule for the entire month. Activities are subject to change. Please watch RWC-TV on Channel 85 on a daily basis for the latest updates. An asterisk (*) means a RSVP or sign up is required. REMINDER: WE MUST HAVE A MINIMUM OF 6 PEOPLE SIGN UP FOR TRANSPORTATION FOR OFF CAMPUS TRIPS WITH THE EXCEPTION OF WEEKLY SHOPPING.

GREETINGS FROM THE PRESIDENT & CEO

It is time to officially head into the busiest time of the year - the holiday season.

I find myself, and maybe you do as well, needing to pause just a bit to reflect on all we have to be thankful for before we get overwhelmed by the activities of the season. As I started to make a list of all the things and people I'm thankful for, I realized the list was too long for this space and that I might leave someone or something out by innocent mistake, so I am not going to try to capture everything. From my long list, I want to share three areas of thankfulness. I am thankful for you our residents and clients, for our wonderful staff, and for the excellent neighborhood in which we are all privileged to live and work. Our resident/client community is steeped in interesting life experiences and accomplishments and generous with time, gifts, and talents. Our staff cares genuinely and deeply for the care and quality of life of our residents and clients. We are truly blessed with abundance which manifests in a wonderful spirit in our neighborhood.

November provides several opportunities for us to acknowledge and appreciate the blessings of life. Veterans Day gives us the privilege of honoring, recognizing, and appreciating our armed forces veterans and their families and the sacrifices they have made and continue to make to protect our freedom and that of those unprotected around the world. Our annual Memorial Service on November 14th is time to gather together to reflect upon the lives of those who have departed physically but remain in our hearts and minds. The annual Food Drive offers us the opportunity to return some of our blessings to the service of those in need of food and nourishment in our community. Gifts of food and treasure will help stock the Holy Tabernacle Food Pantry which is one of the many pantries working hard to prevent hunger in the area. At our Thanksgiving Service, we will ask God's blessing on our gift and send it off to do its good work. So, opportunities abound for this gracious and thoughtful community to bless others and be blessed in return.

I invite you to pause as I did before you get too busy with seasonal activities and reflect on that and those for which and for whom you are grateful and thankful. May we enter this season of thankgiving

together continuing to build upon the abundance with which we have been blessed. Happy Thanksgiving and Thank You!



MEDICARE AND INSURANCE COVERAGE

Thursday, November 9—11:30 am—Auditorium

The 2018 Medicare Open Enrollment period runs from October 15 until December 7, 2017. During this time period you can make changes to all types of Medicare Coverage – traditional Medicare (Part A and B), Medicare Advantage plans (Part C) and prescription drug coverage (Part D). The options available with Medicare can be confusing. Please join us on Thursday, November 9 at 11:30 am in the Auditorium for a program regarding Medicare coverage presented by Lisa Walker, Vice President of Advocacy Resources with Bay Aging. Lisa will explain the different types of Medicare coverage, the benefits of each type of coverage and tips to help you determine what choice is best for you. She will also be available after the program for individual consultation if desired. If you have questions, please contact Penny Smith, CFO (extension 4009), April Davis, Accounting Associate (extension 4028), Alice Coates, Social Service Director (extension 4104) or Georgia Sprague, Social Service Worker (extension 4103).

KILMARNOCK CHRISTMAS PARADE: A STORYBOOK CHRISTMAS

This year's Christmas Parade is Friday, December 8. RWC is working on a parade float this year and is looking for residents who are interested in riding on the float. If you are interested, please contact either LuAnne Davis (ext. 4175) or Emily May (ext. 4350).

OPEN MIC NIGHT

Wednesday, November 1—6:30 pm —Auditorium

Join us for Open Mic Night as we reminisce about favorite thanksgiving traditions, funny memories or favorite dishes. Cleveland Winfield from Rappahannock High School will MC the evening and share his thoughts and music. No sign up necessary, just a willingness to share or to be part of the evening.

ROMEOS & OWLETS*

Friday, November 3— 8:30 am - Lancaster Room

Sandy Smith with Chesapeake Bank will be discussing "Why Scams Succeed". She will be addressing how the con artist uses emotions to throw logic and reason out the window. Sandy will briefly cover the top scams of 2017. "I have found, at least from a banking perspective, that the real issue revolves around how the fraudster uses our emotions to get us to take action rather than recognizing the latest scam. There are so many of them out there, and the stories are constantly changing."

Sandy will also bring a supply of booklets provided by the CFPB (Consumer Financial Protection Bureau) called "Money Smart for Older Adults". It's a good resource guide residents can take with them. **Please sign up at the Front Desk to attend.**

TRIP TO URBANNA MUSEUM AND LUNCH AT SOMETHING DIFFERENT*

Friday, November 10—10:00 am—Front Lobby

Join Amy for another adventure. Officially named the James Mill Scottish Factory Store, the museum was built in 1766 and is one of the oldest surviving mercantile structures in America associated with the sale of tobacco by the Urbanna Creek port.

View an original 1755 John Mitchell Map referred to as "The most important map in American history," as well as a wonderful exhibit celebrating our oyster history.

Then we will go to lunch at Something Different. Specializing in fine Neanderthal cuisine, guaranteed to serve just that. Fresh, quality foods all made from scratch all of which are prepared daily and made to order.

Offering a variety of pit smoked meats, specialty sandwiches, and sides there are hearty options for almost everyone. There are 11 craft beer selections on tap.

Be sure to save room for desserts, as there are

over 12 different freshly baked and homemade premium ice creams. There are even "adult" ice cream flavors that contain alcohol. **Please sign up at the Front Desk to attend.**

FLUID ART CLASS*

Monday, November 13—10:00 am—Arts Room 2

Class is limited to 8

Add color and flow to your life with addictive acrylic pouring and fluid acrylic painting. Learn how to create your own unique art masterpieces. Even beginners can create awesome art! Amy will take you through the step-by-step process. **Sign up at the Front Desk to attend.**

CRAFTS FOR A CAUSE (SOFT SPOTS)

Wednesday, November 15—10:30 am - Art Room 2

Please come and join us to make SOFT SPOTS for the little kittens at the Animal Welfare League. Life Enrichment Center, Art Room 2.

SATURDAY NIGHT MOVIE

Saturday, November 25—7:00 pm - Auditorium

Featuring: The Glass Castle

Adapted from the novel of the same name, this family drama follows future writer Jeannette Walls, who spends her hardscrabble childhood on the run with her negligent artist mother and storytelling alcoholic father. (2017) Rated PG-13 2hr 7m.

NOTE: Movies are subject to change without prior notice.

BINGO-PIZZA PARTY*

Tuesday, November 28—4:45 pm—Auditorium

Bingo is back with fabulous prizes for lucky winners! Cards are \$2.00 each. You may be the big cash jackpot winner!

JACQUIE COLLIGAN JEWELRY SALE

Thursday, November 30—10:00 am—Main Street Pub

Jacquie's collection of memories, exotic art & artifacts make up the tapestry of a provocative style emanated in her artwork & jewelry design. Unique handcraft jewelry incorporates semi-precious stone, metal & beads acquired by her husband's world travels.

Her unique collection series of Fine Silver are collector pieces. The molds of the Organic Collection are made from Driftwood, Lichen, Oyster Shells, stones; anything her artistic eye discovers.

REGULAR OPPORTUNITIES FOR SPIRITUAL GROWTH

- **Sunday Worship:** Sundays at 4 PM in the Westbury Clubroom. **All are welcome.**
- **Holy Communion:** observed as a part of Sunday worship the first Sunday of the month.
- **Praying the Rosary:** Thursdays at 4 PM in the chapel with the Legion of Mary.
- **Northern Neck Society of Friends:** First Sunday of each month at 10 AM for worship in the Corrotoman Room with discussion following from 11-12.
- **Bible Studies:**
Tuesdays at 10:30 AM in the Corrotoman Room. All residents are welcome to this Bible study taught each month by a different local minister invited by the group. Our teacher will be Paul Sciacchitano.
Wednesdays at 3 PM in the Westbury Center. All residents are welcome to join Rev. Winfield Talley for a 30 minute lesson.

OTHER ONGOING OPPORTUNITIES

RWC LABYRINTH

Last month we enjoyed a group walk together at our RWC Labyrinth. But in addition to our group walks, please know that the Labyrinth is always available for individual walks toward personal spiritual development. For more information contact Chaplain Houck.

RWC CHAPEL

Did you know that in addition to a Chaplain we also have a chapel? Located just down the hall from the Clinic and across the hall from the Chaplain's office, the beautiful RWC chapel is routinely available for individual as well as small group reflection and prayer. Feel free to take advantage of this resource for spiritual growth.

UPCOMING EVENTS

ANNUAL MEMORIAL SERVICE:

Tuesday, November 14—4:00 pm—Auditorium
All are welcome to this very special time in the life of our community as we remember, reflect and honor those from among us who have died as of September 30, 2016.

ANNUAL SERVICE OF THANKSGIVING AND BLESSING OF THE FOOD

OFFERING:

Tuesday, November 21—11:00 am—Auditorium
"Praise God from whom all blessings flow, praise Him all creatures here below!"
Please join us in this annual celebration and sharing of your abundant blessings.

IN MEMORIAM

MRS. MURIEL BROWN
OCTOBER 2, 2017

MRS. MARY HICKS
OCTOBER 16, 2017

WINGS OF PRAISE CONCERT AND CD CELEBRATION*

Saturday, November 4—4:00 pm—Auditorium
Come and enjoy the joyful sounds of Wings of Praise gospel music. The group includes singers: Sandy Gray, Thomasyne Acree, Ruby Lee and Mable Turner and musicians: Phillip Howard and Dj Turner. A group of firm believers of Praising God thru song! "We vow to praise you". **Sign up at the Front Desk to attend.**



MT. OLIVE BAPTIST CHURCH MEN'S CHORUS IN CONCERT*

Sunday, November 12—3:00 pm—Auditorium
Located in Wicomico Church, Mt. Olive's Men's Chorus is a treat for the ears. Come and enjoy uplifting songs of praise. **Sign up at the Front Desk to attend.**

MEMORY SUPPORT GROUPS

Monday, November 6

ALL GROUPS MEET AT 4:30 pm

ALL PARTICIPANTS ATTENDING THE PERSONS WITH DEMENTIA GROUP MUST BE SCREENED PRIOR TO ATTENDING. Please contact Ellie Galloway at 804-

695-9382 or Amy Lewis at ext. 4024.

Caregiver's Support Group
(Amy Lewis, facilitator)

Life Enrichment Center—Arts Room 1

*

Persons with Early-Mid Stage Dementia
(Ellie Galloway, facilitator)

Life Enrichment Center—Arts Room 2

LIVING WITH DEMENTIA: LATE STAGE*

Tuesday, November 14—10:00 am—Auditorium

During the later stages of dementia most people will become increasingly frail due to the progress of the illness. They will also gradually become totally dependent on others for all their care. Ellie Galloway from the Alzheimer's Association will discuss this topic in detail to better prepare caregivers or those living with the disease. Please sign up at the Front Desk to attend.



RWC HONORS ITS VETERANS IN NOVEMBER SHOW

Get to know RWC residents who served in the military

In November, RWC will salute residents who served our country with a Veterans Wall of Honor exhibit in the facility's Gallery Hall.

Fifty-one veterans, who served in World War II, Korea, Vietnam and/or the cold war, will be featured. Each display includes a photo of the resident in uniform, when available, along with a current photo and short biography.

One featured veteran is Lt. Col. Robert Longshore, who retired from the U.S. Army, then taught at George Washington University and later moved to RWC in 2016. "I'm proud to be a veteran," said Longshore, who completed two tours of duty in Vietnam and later worked at the Pentagon.

Another is Capt. John "Jack" Jennings, who flew a variety of fighter planes with the U.S. Navy, including doing a stint in the Reserves. "It was a great experience and I enjoyed every minute of it," he said.

Combined, current RWC residents boast 477 years of military service, said Maria Ferrand, coordinator of Resident Life Services. In addition to being featured in the exhibit, RWC's veterans will be honored at a breakfast event on Nov. 11, Veterans Day.

"Serving our residents every day is an honor and a privilege, but our military veteran residents have an extra special place in my heart." said Ferrand. "My father served in the U.S. Army for 25 years, and it is in his memory that I strive to serve each of our residents with my best every day."

The exhibition will open Nov. 1, and residents and community members are invited to view the Veterans Wall of Honor exhibition 9 a.m. – 5 p.m. daily throughout November in Rappahannock Westminister-Canterbury's Gallery Hall.

DINING ROOM SCHEDULE FOR THE HOLIDAYS

The Thanksgiving meal will be served from 11am-2:00pm. As in the past, reservations may be made for the Lancaster Room where you order from the menu and are served. If you know the friends you wish to dine with, ONE person should be responsible for calling in the reservation and making any last minute changes. Dial 4016 with the number of people in the group and the time of dining. Since the dining room fills up quickly, reservations will be accepted on a first-come, first-served basis.

If your preference is the Grille, no reservation is necessary. The delicious dishes are the same in both venues. As always, carry out is available.

Would you like to join others at a table? Start making plans with other residents soon and gather a group. Or, tell Dining Services you would like to join a half-full table. Want to invite non-residents? Dinner is \$28.50, children under 12, \$11.00 and children over 12 is \$15.00. This includes wine and tax. It is the best bargain in town.

To-go deli-boxed dinners will be available for residents that want to have a meal that evening. These boxed meals **need to be ordered by 5:00 pm the day before the holiday**. Call the hostess extension 4516 to place the order, and pick up in the Grille between 3:00 pm and 5:00 pm the day of the holiday.

Normal meal service will be provided in the Health Center and Assisted Living.

BUS OFFERED TO VOTING POOL AT IRVINGTON BAPTIST CHURCH*

Tuesday, November 7—Front Lobby
1st Bus—9:00 am and 2nd Bus—10:00 am

The following will be on the ballot:

Governor State of Virginia

Ralph S. Northam -Democratic
Edward W. /Ed/ Gillespie -Republican
Clifford D. Hyra -Libertarian

Lieutenant Governor State of Virginia

Justin E. Fairfax -Democratic
Jill H. Vogel -Republican

Attorney General State of Virginia

Mark R. Herring -Democratic
John D. Adams -Republican

Member House of Delegates 99th District

Francis Nicholas Edwards -Democratic
Margaret Bevans Ransone -Republican

Commissioner of Revenue LANCASTER COUNTY

Marlon S. Savoy -Independent

Member Board of Supervisors DISTRICT 5

Robert S. Westbrook -Independent

Member School Board DISTRICT 5

Carolyn W. Young -Independent
Margaret E. Socey -Independent

Penny Pinchers:

The column where money matters

TAXES

Setting Reform aside for the moment...

As 2017 starts to wind down, you may want to consider tax reduction and benefit maximization opportunities. The Schedule A, Itemized Deductions, is a great place to start. Consider end-of-year giving to reduce your tax liability and help others. Did you know that approximately 12% of all gifts occur in the last three days of the calendar year? Consider your medical deduction and take steps to maximize its benefit. Although the hurdle has increased from 7.5% of your AGI to 10% of your AGI, the medical portion of the monthly fee (and entrance fee) typically exceeds this limit. Are there opportunities to utilize this deduction as an offset to other income? A review with your tax professional and/or investment advisor may reveal opportunities for the gift of appreciated securities, conversion of a traditional IRA to a Roth IRA, and more.

SUZANNE & JIM SILVER JUBILEE TOUR*

Friday, November 3—4:00 pm—Auditorium

In 2017 Suzanne and Jim entered their 25th consecutive year as full-time touring musicians, Song-Chasers. Their mastery of Traditional Americana Roots Music has earned them international acclaim.

To celebrate their milestone they have created a musical travelogue, SILVER JUBILEE TOUR — 25 YEARS SINGIN' DOWN THE ROAD, recounting the stories of the people who shared the music with them and the places that have nurtured this vital part of our culture. With tale and song these people and places are brought to life in an evening of delightful entertainment. Be there for a rollicking good time with Suzanne's ballads to warm the heart, banjo to light the fire and Jim's wry, homespun humor to tickle the funny bone.

SPECIAL CONCERT: JACK WILLIAMS

Tuesday, November 7

Pre-Concert Wine & Cheese Reception—4:00 pm

Concert—4:30 pm

The music of **Jack Williams**, rooted in his native South Carolina, was shaped by a 59-year career of playing folk, rock, jazz, R&B, classical and the popular music of the 30s, 40s and 50s. He is counted among the most dynamic performers on today's "folk" circuit - "...one of the most enlightened and entertaining performers

Avoiding the compromises of the commercial music industry, Jack prefers touring under the radar, playing concerts, large and small, week in and week out, for the sheer love of music and performing. Playing for more than 50 house concerts each year, Jack enjoys the intimacy of that venue most of all, with a more personal connection to his listeners.

THE NORTHERN NECK BAY TONES PRESENT STORIES IN SONG*

Saturday, November 11—7:00 pm (Curtain at 7:30pm)

Front Lobby

The Bay Tones have a great concert in store joined by Aged to Perfection at Lancaster Middle School. Tickets can be purchased from Bill Croner (ext. 4252) or Peter Bennett (ext. 4181). We are providing bus transportation to the show. Please sign up at the Front Desk if you'd like transportation. Tickets are \$15.

ON STAGE:

ROBIN AND LINDA WILLIAMS*

Saturday, November 18—6:30 pm

(Curtain at 7:30 pm) - Front Lobby

Back by popular demand to Lancaster Middle School, this Virginia duo and *Prairie Home Companion* regulars offer a blend of folk, bluegrass and country music. Please sign up at the Front Desk for bus transportation. Tickets can be purchased online or at the box office.

EARLY DECEMBER HAPPENINGS

SPECIAL PERFORMANCE:

THE HISTORY BEHIND CAROLS

Friday, December 1 – 2:00 PM – Auditorium

Carols were first sung in Europe thousands of years ago, but these were not Christmas Carols. They were pagan songs, sung at the Winter Solstice celebrations as people danced round stone circles, (the word Carol actually means dance or a song of praise and joy!) Carols used to be written and sung during all four seasons, but only the tradition of singing them at Christmas has really survived.

Our talented staff and residents will perform some Christmas favorites for all to enjoy! Please join us after the performance in the Atrium for a wine and cheese reception.

JACKSON CREEK CHRISTMAS CRUISE*

Friday, December 8—5:30 pm—Front Lobby

Don't miss out on this amazing coastal event we in Deltaville wait for all year! The Jackson Creek Christmas Cruise is a wonderful way to relax and connect again during the busy Christmas season. Trip includes a roundtrip hayride from the Deltaville Community Center to the town dock, an approximately 45 minute boat ride (dress warm-it gets chilly) on either the M.V. Bethpager or M.V. Rob-Ann-Jay., and free homemade cookies and cider at the Deltaville Community Center. We will be taking the 6:30 pm cruise.

You must be a stable walker. Please dress warmly and wear sturdy shoes. The cost of the trip is \$10 and will be charged to your account. **Please sign up at the Front Desk by November 9.**



NOVEMBER 23, 2017

For Thanksgiving, the Life Enrichment group exercise classes will be canceled. The Fitness Center and Pool will be open but unstaffed.

FITNESS ASSESSMENTS

Would you like to have your fitness level assessed?

The assessment includes:

One Leg Balance Test

Functional Reach

Up & Go

Chair Sit and Reach

Back scratch

2-minute step test

Chair stands

Optional assessments

Blood pressure

Heart Rate

% O₂

Girth measurements

Body composition

Please contact Jonathan 438-4290 or William or Alex at 438-4852 for an appointment to do your assessment.

ATHLETIC AND PASSPORT AWARDS BANQUET*

The Awards Banquet will be on November 15, 2017 at 11:30 am in the auditorium. We will be sending out invitations to the awards banquet. Please RSVP at the Front Desk.

PARKINSON'S SUPPORT GROUP

On Wednesday, November 8, 2017, at 1:00 in the auditorium the Northern Neck Bay Tones Harmony group will be leading the group in a Sing-a-Long. Besides helping us to strengthen our voices, what fun we'll have being led down memory lane with such songs as "Keep the Whole World Singing," which is the barber-shop's theme song! Big thanks to our own Harry Stemple for helping to get this set-up.

BEGINNER CLASSES FOR THE FITNESS CENTER

If you have not already taken advantage of a beginners Fitness Center class, please come on by, we would love to help you. You will learn how to use the Fitness Center equipment and which piece of equipment is best for you. This will be a great start if you have never done a workout or are new to the RWC Wellness program. The classes are on Tuesday and Thursday 9:00 am and 2:30 pm. If you are interested in taking these classes, please contact Jonathan at 4290 or William/Alex at 4852.

THE RW-C LIBRARY

Library Honors.....We're celebrating our lovely cherry bookcases, now 25 years old and still looking like new! Join us Wednesday, November 1, at 4:00 p.m. in the Rappahannock Room. We're raising a glass of wine and dedicating a plaque to the late Rear Admiral Frank L. Pinney, Jr., a friend of the RW-C Library who built the shelves in 1992! Ellen Bennett will speak about Admiral Pinney, LuAnne Davis will say a few words about the Library, and we'll introduce the Library Team. Please join us for the festivities.

The Woman in Cabin 10 by Ruth Ware is the Library Book Group's November selection – fourth Monday, November 27, 10:30 a.m., Rappahannock Room. The book was published in 2016 and it's still on Best Seller lists. The Library has three copies of *The Woman in Cabin 10*. Or read the book on a Fire tablet; call Lois Williams (X4213) or Nina Walls (X4239) to check one out. From *Kirkus Reviews*:

"A classic 'paranoid woman' story with a modern twist in this tense, claustrophobic mystery . . . The cast of characters, their conversations, and the luxurious but confining setting all echo classic Agatha Christie; in fact, the structure of the mystery itself is an old one: a woman insists murder has occurred, everyone else says she's crazy."

Some extra-special new-to-us books –

The biography of Katherine Lantz' late husband, *Rev. Robert B. Lantz: A Transformative Life*, has already been enjoyed by a number of RW-C readers.

We are honored that Stuart Butler, who taught a RILL course at RW-C in October, presented his book to our library, *Defending the Old Dominion: Virginia and its Militia in the War of 1812*.

It's good to see another "Leaphorn & Chee" mystery, *Song of the Lion* – this one by Tony Hillerman's daughter, Anne.

Louise Penny fans are caught up in *Glass Houses*, her latest. Now we have a dozen of her books.

We have some additional **Large Print Books**, this time from the Used Book Store at the Lancaster Community Library. So few Large Print Books are being published that these used books are welcome.

As a follow-up to the Book Group's discussion of *Paris Wife*, the Library has acquired *The Sun Also Rises* and *A Moveable Feast* by **Ernest Hemingway** – two books related to his first marriage. Additionally, *The Sun Also Rises* is on the Library's Fire tablets (which have a Large Print option).

We're proud to have a complete set of the **Northern Neck of Virginia Historical Magazine**, but using the Indexes to find articles of interest has been frustrating. A year-by-year listing of the Table of Contents for all of the issues is helpful – and easy to find because of its white spine.

Note the new shelf labeled "**Popular New Books but Duplicates** – No Checkouts, Read and Return."

The other day we got curious about which History and Biography books have won a **Pulitzer Prize**. We found the answer on the Internet and labeled the books accordingly.

We've had some "over the transom" submissions of **Library Cartoons**. Library humor makes us chuckle!

Lois Williams – RW-C Residents' Association Library Chair